

Al Moore: Still Having Fun

By Paul Schultz

Alan Moore competed in the USATF SE Region Masters Indoor T&F Championships on Sunday, February 21 in Winston-Salem, NC in both the mile race walk and 3000m race walk. He broke the American record for men 70-74 in the indoor mile by 20 seconds, but, unfortunately, it won't qualify as a record because, just like two years ago, the race walk judges didn't have the necessary certification. The current record is 10:39.98, and two years ago, he bettered the indoor mile record of 10:08 with a 9:56.40 for men 65-69, and it did not count for the same reason. Last year on the same track, he finished the mile within one second of tying the record so the old adage of "Three Times a Charm" didn't hold. Al submitted the paperwork to USATF for a "Single-age Best" (not a record) as the judging requirement is not as stringent; however, in his own words, "There are many things in life much more important than a 'record', but I'll continue to compete as long as I can."

In the 3000m race walk, he won a \$100 cash award for the highest age grade performance with a 74.07%. A 51 year-old woman beat him by a minute and a half had an age grade of 71.33% so sometimes it literally PAYS to be older. He received first place gold medals in both races for his age group.



Al Moore (second from right) with race walking competitors

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The Legacy is published six times per year: January, March, May, July, September, and November. The deadline for submissions is generally the third Friday of the previous month. All are welcome to contribute.

Please send articles & photos to
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Next Deadline
May 28, 2016

New Member Profile

Libby Dillard: Couch to Marathon!

By Bob Dalton

Libby Dillard (47) is one of those fortunate people who has grown up and lived on the same street all her life in her case in Newnan. She and her husband, Andy, who is a Battalion Fire Chief for Union City, have three children, Kelsey (25), Joey (24), and Cade (15). "We also have a terribly mean cat named Ruby." Libby is a Homemaker and Weight Watcher Leader and a member of Mom's Run This Town (MRTT).

Libby will tell you that she is an unabashed fan of our sport. "I love everything about running! I love the ladies that I run with. I love pushing my body. I love how running makes me feel physically and mentally. In 2012, I weighed over 215 pounds. I had terribly high blood pressure and was seeing a cardiologist for medication. I was sick, sore, and sedentary. I joined Weight Watchers (WW) and lost 90 pounds. During a WW meeting I discovered Moms Run This Town and those ladies introduced me to PTCRC. I fell in love with running. Of course I started out walking. But running changed my life!! Running makes me feel strong. The friendships that I have made from running mean the world to me!!"

She loves running and racing long distances and says "My favorite race for 2015 was the PTC Classic 20k, and I'm not just saying that to be nice. I really enjoyed the Classic Challenge because it was a challenge for me. The whole 'run fast and long' is so different from how I train. I pushed myself out of my comfort zone and LOVED it!!"



**Tybee Island Marathon
Weekend**



**Libby (l) after the
Peachtree City Classic 20k**

Libby recounts one of her more unusual racing experiences "was the time when I was running the 'Donna' (her first marathon in Jacksonville in 2013). It was warm, rainy, and crowded. I dropped my travel Aquaphor on the course, and it was way too crowded to stop and pick it up. After running about a half mile, a man tapped me on my back and handed me my Aquaphor. I was so thankful!! I think he took one look at my thighs and knew it was important to my run."



Libby (l) and daughter Kelsey

“Another time I was running on Hip Pocket Road with Meredith Corrigan and we passed a lady who was out walking with her little girl. We had to circle back so we passed them again a little later. When we passed them the second time, the little girl was running and laughing. Her mom told us ‘She saw y’all running and said she wanted to be like y’all. She wanted to run!’ I still remember how good that made me feel. As someone who was until recently morbidly obese to be a strong role model for girls.....I’ll never forget that moment.”

Libby says “I enjoy all types of workouts (except Zumba). When I’m not running, working out, or spending time with my husband, I enjoy reading...if I can stay awake! My morning runs are at 5 AM!”

She joined the club because “I wanted that 1000 Mile Jacket!!! I love being a part of the running community! I love the ideas and the support from PTCRC! I

love Adam’s e-mails, the Road Race bus, and the meetings at Partners. I love Rachel Johnson. I was on her relay team and instead of treating me like the slowest member, she was so nice and supportive! She inspired me and told me to keep my head up and my eyes on her shoulder, a technique that I still use, especially when I’m tired and my posture lags!”

For future goals and races, Libby says “I’m training with a great group of ladies for the Little Rock Marathon and then the Publix Marathon. In 2015, Karen Thurber, Meredith, and I set a challenge of running back to back Half Marathons. We did Soldiers at Ft Benning the first Saturday in November and then drove to Pensacola for the Pensacola Half the next day. We rocked both races!! Meredith and I badly want to do a Dopey or Goofy type race, but without the crazy race fees! So if anyone is looking to sponsor two old ladies...”

Libby recently completed her third Hot Chocolate 15K and is focused on getting her 5,000 mile jacket in a couple more years. Given the distance she runs in training for all the races she competes in, she will have no problem meeting the annual mileage requirements and slipping on that well-earned jacket.



Libby at the Soldier Half Marathon and Pensacola Half Marathon

Member Profile

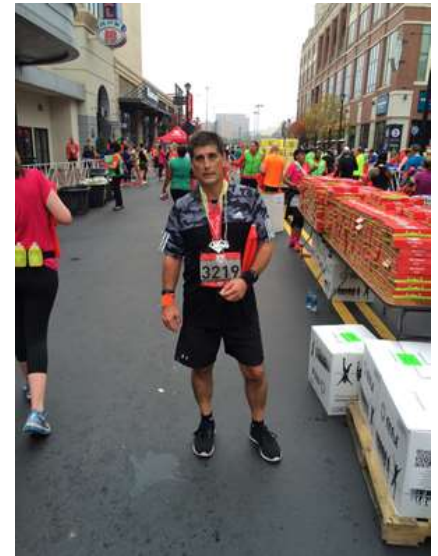
Randall Myers: Go Big or Go Home

By Bob Dalton

The 2015 PTCRC Rookie of the Year, Randall Myers (51), has only recently become involved with the sport but has already made an impressive debut. He is originally from Tennessee (“Heaven on Earth”) but has called Fayetteville home for the past 13 years. He is the Director of Finance and Quality for Final Mile Logistics. “My background includes 28 years in the automotive industry building and managing plants domestically, as well as in Canada, China, Germany, Honduras, Japan and Mexico.” Randall earned his Associates Degree in Pre-Engineering-Industrial and BS in Business Management from Tusculum College and the University of Tennessee.

His wife Lisa works at Piedmont Fayette Hospital and they have three children: Tyler (25), Zachary (22), and Parker (14), as well as two cats, a Golden Retriever and a West Highland Terrier.

Randall joined the club for “the opportunity to be part of an organized group that could mentor me into being a better runner and be more than just a participant. There are some wonderful people in the PTCRC!” His favorite racing distance is the Half Marathon but his favorite race is the Peachtree 10K because “It’s now a fun tradition for my youngest son and myself except for last year when it rained the entire race.”



**Randall at the Atlanta
10 Mile**

He says, “I enjoy being outside and having a sense of accomplishment after a run, and I’m more energetic afterward.” In fact, there was one particular time when running outside benefitted him in more ways than one as he tells in the following story. “While running during a family vacation a few years ago, I saw a \$20 dollar bill in the grass next to the sidewalk. As I started to move forward I saw another one and another for about 70 yards totaling \$1000 dollars. There was no wallet or pocketbook around that I could see. It was really strange. When I completed my run I took the money to the front desk security where we were staying. After 72 hours no one claimed the money, and they gave it back to me. To my knowledge and theirs no one ever did. The security guard told me, ‘I guess it pays to run!’” Randall ended up donating the money he found to Children’s Health Care of Atlanta and to his church for missions trips.



**Randall and son Cade at
the Peachtree City
Classic 20k**

One might never guess this about Randall, but he was inclined toward music in his younger days. “I had a commercial rock band in high school and college, traveled to San Francisco/Santa Rosa area during the summer of ‘85, met Kirk Hammett of Metallica, recorded six songs in a Christian Music studio and then built our own studio in our lead guitarist’s basement. We were just normal kids coming from good families having a great experience. It was a special part of my early life but very expensive back then.”

Welcome New Members!

Alli Earnest
Carleen McCarty
Jennifer Vetter
Catherine Sanderson
Linda Strickland
Priscilla Brandlehner
David Morrison
Demian Combs
Michelle Clemons
Jennifer Peterson
Timothy Etson
Sara Murphey

In his spare time, he still likes to strum the guitar occasionally but also enjoys “watching SEC football (“Go Vols”), golf, indoor and outdoor soccer, running, assisting non-profits and working outside.”

Although he has only started running seriously on a regular basis for the past three years, he already counts his most memorable running experience as his first PTC Classic 20K this past fall. Randall hopes to run his first full marathon this year. He currently has his sights set on New York City Marathon in November. Just like his debut year in the club, Randall wants to “go big, or go home” in his first marathon!



**Randall after the
Peachtree City Classic
20k**

Upcoming Events

May

- 14 Club Grand Prix: Consistency Run (8:00 a.m. Peachtree City Library)
- Keris Kares Royal Run (Newnan, GA)
- Darkside 8-hour Run (Darkside Running Club Event)
- 21 Soles for Cole 5k (Newnan, GA)
- Student-Vet Connect Veterans Relief Fund 5k (Newnan, GA)
- 28 All American 5k/10k (Peachtree City Running Club and American Legion Post 50 event)



June

- 1 Peachtree City Running Club Summer Track Series (Wednesdays June 1-29 and July 6 and 7)
- 4 Peachtree City Marathon Relay (Peachtree City Running Club FREE event)
- 11 Old Courthouse 5k (Fayetteville, GA)
- 18 Pride Run 5k (Atlanta, Piedmont Park)

July

- 4 Peachtree 10k Road Race (Atlanta)

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Road Runners Club of America Convention Review

By Bob Dalton

The 58th Annual Road Runners Club of America (RRCA) convention was held in Dallas, Texas this year on March 17 to 19. PTCRC had a good-sized contingent, probably the largest ever, to represent the club this year consisting of Club President Mark Ward, Activities Vice President Rachel Johnson, Treasurer Bunny Boggs, Secretary Paul Schultz, and Member Coordinator Bob Dalton.

PTCRC funded Rachel, Paul and Bunny's attendance, while the RRCA funded Mark Ward and Bob Dalton. Poor Mark was consumed with setting up and conducting the silent auction to raise funds for the RRCA and did a fantastic job raising almost \$17,000. There were dozens of education and training sessions offered over the course of two days for participants to choose from and our reps learned about such topics as Dealing with Municipalities, Insurance, Event Cancellation, Course Certification, and many others.

The event culminated with an awards banquet Saturday evening where numerous folks in the national running community were recognized including Bob Dalton for Excellence in Journalism. The Dallas Rock n Roll Half Marathon kicked off Sunday morning for those who wished to partake, and Bunny and Rachel represented the Club. All came away with new-found knowledge to help make our club even more successful!



PTCRC Club representatives at the RRCA Convention (l-r): Bob Dalton, Paul Schultz, Rachel Johnson, Bunny Boggs, and Mark Ward

Katy Trail: Past Meets Present

By Paul Schultz

The heart of Dallas, Texas holds a not-so-hidden gem of an urban retreat: the Katy Trail. The Katy as it's referred to is a 3.5-mile section of reclaimed rail bed converted to a multi-use recreational path for bikers, walker, skaters and, of course, runners. It runs through a section of Dallas that is undergoing gentrification at such a quick pace that there is little evidence of anything existing prior to the many new, trendy apartments, condominiums, offices, parks, restaurants and coffeehouses along the trail; construction equipment is ubiquitous.

The Katy was accessible from the RRCA Convention hotel, and a small section of it was used as part of one of the early morning group runs. Of course, the day I arrived in Dallas, it was a run day, and the host hotel had a map in the lobby of how to get there. Katy, here I come!

The Katy is actually two trails in some places. A main concrete trail wide enough to accommodate bicycles periodically splits off in sections for runners and walkers that is covered with a rubberized, all-weather track material that is very comfortable. While Rachel and Bunny were running the Dallas Half Sunday morning, I was running the Katy for the third time in four days, but I made it all the way from one end to another.

If you ever plan to go to downtown Dallas, make sure to take your running shoes. The Katy is worth your time!



The Katy caboose: evidence there was a rail line that split Dallas at one time



The Katy: main concrete section (r) and rubberized running/walking section (l)



An outdoor eating establishment serving a quintessential runner's beverage or two...



Wisteria in bloom along the Katy

Monthly Group Run: Abide Brewery Company in Newnan information

All distances and paces welcome!!

- Held on the second Tuesday of the month
- 6:30 p.m. start time: Jan 12, Feb 9, March 8, Oct 11 & Nov 8
- 7:00 p.m. start time: April 12, May 10, June 14, July 12, Aug 9 & Sept 13
- Address: 130 Werz Industrial Blvd, Newnan, GA 30265
- Parking: Follow the signs for Abide Tours; there is also parking available next door
- Routes: 3-ish and ~6.2 mile route available, both are loops on sidewalks, maps & directions available at the run. You can choose one of these routes or do your own route
- After the run, runners (or non-running folks who want to hang out) can purchase a brewery tour from Abide Brewery for \$10. Support your local brewery!!!
- There will be pizza after the run, sponsored by the Peachtree City Running Club
- This is only open to those 21+ years of age so please be sure to leave the kiddos at home
- If you plan on attending either the run or the post-run brewery tour, please be sure to accept the invite (if you are on Facebook) so we can get an accurate head count and plan accordingly (however an RSVP is not required!!)

Notes & News

Vince Obsitnik recently finished first in the male age 75-79 group after running a 10k at 13:16 mile pace for a total time of one hour and 12 minutes. He received two medals: finisher and gold!!! Vince sends his “best to the PTCRC!” Way to go, Vince!!!

Zazzle is now the preferred source for club running gear! There are a wide variety of items available at reasonable prices. Wearing club logo gear is worth extra points at the monthly club Grand Prix events. Plus they're good advertising for the club and make the wearer look super cool!!! http://www.zazzle.com/ptc_running_club/about

1000-Mile Club Reminder! The deadline for sign up for the 2016 was the May 2016 club meeting as it is every year, and members must complete a 1000 Mile Club Application every year. Requirements: run or walk at least 1000 miles between the 2015 & 2016 Christmas party, participate as a volunteer in at least three running-related events between the 2015 & 2016 Christmas party, attend at least 3 club meetings in 2016, and for the 5000/10,000/15,000/20,000/25,000 Mile Clubs, you must have qualified for the 1000 mile club for 5, 10, 15, 20 and 25 years respectively, but years need not be consecutive.



Vince Obsitnik

Ronnie Godwin Memorial Scholarship Recipients



Club members Teresa (r) and Tracy Moore (not pictured) presented the Ronnie Godwin Memorial Scholarship to Whitewater High School Seniors (l-r) Don Harp, Abigail Perkins, and Nic Watson. Recipient Alexis Smith is not pictured. Congratulations!

Support Ovarian Cancer Awareness with Shoe Bling!



Support Ovarian Cancer Awareness with a purchase of shoe bling at any club meeting from Pat (patricia.miles@northhighland.com), Jane (jfstemkoski@yahoo.com) or Jane (jmbhamilton@mindspring.com) or simply donate at <http://www.ovarian.org/donate.php>

Ovarian cancer is difficult to detect, especially, in the early stages. This is partly due to the fact that these two small, almond shaped organs are deep within the abdominal cavity, one on each side of the uterus. These are some of the potential signs and symptoms of ovarian cancer: bloating, pelvic or abdominal pain, trouble eating or feeling full quickly, feeling the need to urinate urgently or often. Other symptoms of ovarian cancer can include: fatigue, upset stomach or heartburn, back pain, pain during sex, constipation or menstrual changes. If symptoms persist for more than two weeks, see your physician.

1000-Mile Club Update

Name	Miles as of February Meeting	Club Meetings Attended	Volunteer Activities
Adams, Normer	103	3	1
Allis, Dick	280	3	3
Atkinson Katie		1	
Atkinson, Bob		1	
Atkinson, Jane	350	3	
Aviles, Pam	465	4	
Besch, Teri	439	5	
Blood, Leigh	255	4	
Boggs, Bunny	410	4	
Boggs, Jeff	495	3	
Bothe, Steven	1062	3	
Buck, Tammy		1	
Burkinstock, Kith	121	3	1
Butler, Bradley	884	5	1
Butler, Mitch	430	2	
Caldwell, Bryan	397	1	
Caldwell, Karen	113	1	
Camparella, Amy	109	2	
Chiong, Chris	481	2	
Christensen, Faith	156	3	
Christensen, Ken	265	3	
Christensen, Ruth	309	3	
Chrzanowski, Michael	596	1	
Clark, Sally	250	4	1
Corrigan, Meredith	402	3	
Cote-Miles, Pat	350	2	1
Daley, Cal	250	1	1
Dalton, Bob	628	4	2
Desgain, Jules	240	2	
Dillard, Libby	297	4	
Domaleski Mary Catherine	293	1	
Farrier, Brian	382	2	1
Farrier, Brian	275	1	
Feldman, Jamie	200	1	
Feldman, Logan	285	3	
Fratto, Fred	260	3	1
Fratto, Jan	489	3	1
Fuentes, Marino	410	3	3
Gulick, David	398	3	1
Hamilton, Mark	513	2	

Name	Miles as of February Meeting	Club Meetings Attended	Volunteer Activities
Hamilton, Rylie	100	1	
Hamilton, Jane	380	3	
Hancock, Jake	115		
Hancock, Steve	350	2	3
Ivaska, Lisa		1	
Iyengar, Laxmi	869	2	1
Johnson, Rachel	420	4	4
Jones, Cindy	656	5	
Jones, Heather	685	5	
Kearns Patrick	330	3	
Kenedy, Ryan	507	2	
Kennedy, David	356	4	
Killory, Kevin	244	4	
Knowles, Emiy	36	1	
Kono, Haruko	200	2	
Matthew, Lisa	994	3	1
Mills, Susan	302	3	
Moore, Alan	453	3	3
Moore, Gary	524	4	
Moore, Teresa	375	3	2
Moore, Tracey	400	2	2
Mossburg, Kris	232	1	
Mrosek, John	339	3	
Myers, Randall	50	1	
Olson, Cathy	439	3	2
Osse, Brandi	50	1	
Painter, Sara	150	2	
Painter, Vic	65	2	
Piet, Dave	370	3	
Port, Anne	298	1	
Powell, Mark	262	1	
Robison, Roy	445	2	
Rose, Betty	1621	3	
Ruple, Kim	358.5	3	1
Sambrone Connie	283	3	
Sanchez, Leo	803	4	4
Scarborough, Toni	300	1	
Schultz, Paul	504.5	5	1
Shanahan, Kyle	110	3	
Snodgrass, Brent	216.4		
Stemkoski, Jane	544	3	

Name	Miles as of February Meeting	Club Meetings Attended	Volunteer Activities
Stephens, Benita	405	1	
Stephens, Wini	240	1	
Thurber, Karen	500	3	
Walker, Anastasia	110	1	
Ward, Mark	435	3	3
Warren, Mike	420	1	
Wassell, Joe	310	2	
Waterhouse John	189	2	
Watkiss, Amy	156	1	
Werling, Bill	379	4	18
Weston, Rita	282	2	
Wolfe, Hal	385	1	
Woods, Sandra	373	2	
Woods, Von	375	3	2
Zuehke, Jill	315.8	2	

History of the 1,000 Mile Club

The idea for the 1,000 Mile Club was conceived in 1989 by then Peachtree City Running Club President Nora Weed. The first jackets were presented by Santa Claus at the 1989 Christmas Party at the Christ Our Shepherd Lutheran Church. Since then, the club has presented more than 170 jackets to members who have met the minimum qualifications. The 1,000 Mile Club also includes 5,000, 10,000, 15,000, and 20,000 Mile Awards.

The 1,000 Mile Club is one of the Peachtree City Running Club's most popular programs and helps promote fitness, volunteer activity, and club participation.

If you have any questions about the program, please contact the 1,000 Mile Club Coordinator, Teri Besch, at besch105@comcast.net.

Club Meeting Minutes: January 4, 2016

New Club President Mark Ward call the meeting to order at 7:32 p.m. He will arrange for a thank-you to be sent to the Boone's for the New Year's Day run.

Club members Steve Hancock and Bunny Boggs are running the upcoming Goofy and Dopey respectively. Congratulations!

Mark asked for guests or new members to introduce themselves and Kyle Shanahan, Vic and Sarah Painter did.

Bob Dalton handed out membership applications.

The minutes from the November Club meeting were approved.

Teri Besch explained the 1000-Mile Club rules: during the one-year period between annual Christmas parties, members must attend three club meetings, volunteer three times at running-related events, and run 1000 miles to qualify. Extra miles may not be rolled over to the next year. Mileage is on the honor system. Jackets are awarded after the first 1000 miles and at multiples of 5000 miles thereafter (5000, 10000, 15000, etc.). Years do not need to be consecutive to qualify. Jackets and certificates that were not handed out at the Christmas party were passed out. Members need to re-apply every year by the May meeting to be part of the 1000 Mile Club, and there is no automatic reapplication for prior year 1000 Mile Club members.

Guest speakers were Dee and Ted Glazier from the Dragonfly Running store in Newnan, Georgia.

Paul Schultz introduced Tonya Hussein who will be an intern with the club for the next few months.

Bunny Boggs is the new club treasurer, and she presented the 2016 budget. Budget questions/comments:

Heritage Christian Church Cross Country Course. There was a question about the Heritage Christian XC course, and George Martin explained that the income/expense is essentially pass through and doesn't take money from the Club. Normer Adams explained that there has been a lot of investment in the course and that it is an asset to the community. Dave Piet mentioned that there needs to be a clearer explanation on why we're doing this as a Club. Bob Dalton proposed asking Don Livingston to make a presentation. Mark agreed to come back with an explanation on why we're doing it. Heritage Church owns the course, but they don't want to manage the course so they leave that to the experts, which they expect to be the Peachtree City Running Club. The XC course is a program of the club.

Adding CD interest income as income. There is a question about why CD income isn't projected, and Bunny will add it.

Separating Classic corporate sponsorships from regular race entry revenue. Paul Schultz asked to split the Classic revenue between entry fees and corporate sponsorships so we can clearly show that all corporate sponsorships pass through to community contributions.

This ended the budget presentation and discussion. We will vote on the budget in February.

George explained the ATC will have one of their grand prix races on January 23. Start time is 8:30 a.m. The distances are 8k and 15k, up from 5k and 10k in previous years. Bill Werling requested that those who will help with parking should arrive at Shakerag at 6:30 a.m. Volunteers are still needed to have a quality event.

Manisha mentioned that the Kedron Elementary 5k is the same day as the new member breakfast and February Grand Prix. Rachel Johnson will make efforts so club members can participate in both.

Rachel Johnson thanked all who attended the New Year's Day run at the Boone's. The actual distance for the "guess the distance run was 3.52 miles. Rachel reported on results. The new members' breakfast will be at the Besch's home. New members are requested to attend and to just bring themselves. Current members are asked to bring a dish to share. Wednesday group runs will restart at 6:30 p.m. on Wednesdays from Partners Pizza in Peachtree City. As it will be dark, please bring lights and reflective gear. Rachel created a 12-month calendar for 2016 that includes as many events as possible that are relevant to club members including Club

Grand Prix, Rotary Elementary Grand Prix, and community events in which we participate (Dragon Boat Races, Macon Labor Day 10k/5k races).

The guest speakers were Dee and Ted Glazier who opened Dragonfly Running Company on October 10. Dee has been in Newnan for 23 years and has been running since she was a teenager. Her husband, Ted, grew up in Senoia and is also a runner. She wanted to open a running store on the south side of Atlanta, and as she contacted dealers and reps found out they were on board. They carry several major shoe and apparel brands. At one point, Dee and Ted had a weekly group run on Saturday mornings and are trying to re-invigorate it. They will participate in the Abide Brewery run on Tuesdays with the Club. Their address is 10 LaGrange St., Newnan. They want to be part of the running community so please come out! Store hours are Monday through Saturday from 10:00 a.m. to 6:00 p.m.

George Martin announced the St. Paul Lutheran School Frostbite 5k on 1/16. Club members can run or volunteer.

There is a free half marathon in Columbus, Georgia this weekend (January 9). It is the Red Nose Half Marathon and starts at 8:00 a.m. at 1104 Broadway, Columbus. The course is certified.

Mark would like to know if anyone is interested in being VP of Administration. The focus for this role is on the quarterly board meetings, arranging speakers, and arranging Peachtree buses. Kevin Killory expressed interest.

Meeting was adjourned at 8:28 p.m.

Club Meeting Minutes: February 1, 2016

Club Vice-President Rachel Johnson called the meeting to order at 7:32 p.m.

The minutes from the January Club meeting were approved.

Bob Dalton indicated there are two months left to do membership renewals as we are in the grace period, but to do as soon as possible.

New members were introduced.

Last fall the Club supported a special needs running group that paired typical runners with special needs runners. This group will have their second formal running event at the Cleveland Elementary 5k. Bob Dalton will send details. We are looking for runners to pair up for the run. As an indication of success, at the fall event there was a total group of 65 including 18 special needs runners.

Leigh Blood announced that the All American will be on May 28 and volunteers will be needed. This year the 10k will be added back to the 5k. Several sponsors have already signed up. Leigh will have more details next month.

Bonnie Hancock announced that the Oak Grove Elementary School Run for the Gold 5k will be on March 5. They are looking for volunteers, all of whom will get a shirt. There are great door prizes specifically for kids and also for adults.

Teri Besch explained the 1000-Mile Club rules: member must attend three club meetings, volunteer for three running-related activities, and run or walk 1,000 miles. Many volunteer opportunities exist: school running clubs, elementary 5ks, and youth running clubs. It is necessary to sign up every year for the 1000-Mile Club, and adding your name to the mileage clipboard isn't sufficient. If you haven't claimed your certificate from 2015, please do so.

Rachel Johnson had two items:

The next Club Grand Prix is the new member breakfast at Terri and Ray Besch's home on Saturday, February 6. Current members are asked to bring a dish to share. The run challenge is to stay out for a certain amount of time, and the target time will be announced at the event. The Besch's address is 105 Parsons Place, Peachtree City. The run will start at 8:00 a.m. The Kedron Elementary 5k run is also at 9:00 a.m. on Saturday, and accommodations will be made for those that want to do both.

Club weekly group runs: Wednesdays at 6:30 p.m. are 3.5m around Lake Peachtree. Saturdays at 8:00 a.m. are on the Club 10k loop from the library. Sunday runs are at 7:00 a.m. at both the Boat Dock and Huddleston Elementary for longer distances.

George Martin thanked those who supported the joint Atlanta Track Club-Peachtree City Running Club 8k/15k, which was unfortunately cancelled due to inclement weather.

George introduced Don Livingston and highlighted our past service projects in the community. A number of years ago, the PTC Recreation Commission took on the project to develop a cross county course in the city; unfortunately, it went nowhere. Don Livingston proposed an idea to use the Baseball and Soccer complex, which was declined by the Soccer and Baseball clubs that use the facility so the project came to a halt. Eventually, Heritage Christian agreed to support a course, and Don garnered support from Starr's Mill high School and the PTC Flash. PTCRC contributed \$3,000 and then later \$1,500. The total development cost for the course was \$50,000-\$60,000, and every year there is maintenance cost on top of this. The Peachtree City Running Club has used the course several years as a club for events. Other users pay fees that go to maintenance and support when they hold a running event such as a cross country race while PTCRC never pays to use the course. The challenge is there is not one organization that can financially support the course; it is on private property owned by Heritage Christian Church and is outside the limits of Peachtree City.

Don Livingston then gave an overview of the Heritage Christian Church Cross Country Course with updates: In 2015 results there were 13 races which generated \$24,575 in user fees (\$11465.) and sponsorships (\$13,120). All of this went into the Club bank account. The costs to maintain the course were \$24,256, which came out of the Club bank account. The club will only spend the revenue that comes in. The course supported over 5,000 runners in 2015. The projected 2016 income is \$20,525 matched the anticipated expenses of \$20,525. The total investment over the past four years has been \$84,943 with original construction expenses at \$70,443. The loan for the original construction will have a balance of \$4,000 at the end of 2016. The still pending items are for Heritage Christian Church and the PTCRC to conclude a contract and make sure the Club membership is aware of good things happening at the course among others. The Running Club is supporting this as part of our mission. It is necessary for income and expenses to flow through the Club. We are insured right now by a waiver the athletes sign; RRCA insurance will be a carrier when the contract is complete. The Club has no liability if someone is injured on the course when there is no scheduled event. To understand the efforts of managing the Course, Normer Adams will work Don this year

to understand the activity. A risk is the Church could end the agreement at any time, but there is no financial risk to the club. Club members are not necessarily present at event unless it is a new event. (Don's presentation's financial details are appended at the end of the minutes.)

After the presentation, there was a question about resurfacing Riley Field. The cost to resurface it will be about \$150-\$200k. There is a suggestion to invite the mayor of Peachtree City to the next Club meeting.

Members asked questions about the 2016 Club budget, and these are the answers. It is club policy to spend funds on non-budgeted items, but there are approval matrixes to do this. A budget is simply an estimate of how much will be spent and on what, but club officers and those with designated approval can spend certain amounts of money at their discretion. The Summer Track Series has a \$1,000 budget, but we were not billed last year for the track series so the money went to medals and prizes. We will spend less in 2016 on medals since we bought a three-year quantity.

Both items requested at the January meeting related to the budget were completed: adding CD interest income as income and separating Classic revenues into two categories, race entries and corporate sponsorships. Additionally, Treasurer Bunny Boggs will project CD interest income and add it to the budget.

The Club voted to accept the 2016 budget as proposed.

Rachel and several members gave shout-outs: Bob Dalton will be the recipient of a National Running Award from the RRCA, Excellence in Running Journalism for his long-term commitment to writing for running publications, the PTCRC LEGacy included. A PTC Flash youth running club runner went to Nationals. Mike Chrzanowski and Gina Bolen both qualified for the Boston Marathon. Steve Hancock completed his 11th straight Goofy. George and Kelly Martin expressed their thanks for Club support recently. Tom and Mary Ann Crofton's daughter qualified for Boston and will also run on a charity bib. She would appreciate donations to meet the target amount. Please contact the Croftons. The Club has 18 members who qualified for the 2016 Boston Marathon.

Meeting was adjourned at 8:41 p.m.