

LEGACY

Newsletter of the Peachtree City Running Club November/December 2014

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We Ran the Classic!

Kristi Threatt began running in 2003 in order to lose some weight and begin living a healthier lifestyle. "I wanted to be around to see my kids marry, have their own kids, and things like that, and I also wanted to set a good example for them while they were young. I love to sign up for things like the Classic to keep me challenged. Before the Classic I had been running 5k and 10k regularly, but having the goal of 15k helped me push myself just a bit more."

In the Spring she had signed up for the PTC Sprint Triathlon to be held in August, 2014, and when it was canceled, she wanted another event to sign up for to keep motivated in her training. "It's so easy to turn the alarm off and sleep a little longer. For



Kristi Threatt

me, signing up for events periodically is a form of accountability for myself. And, it makes running more fun!"

She encourages local businesses and organizations to participate in the Classic's Corporate Fitness Challenge, "It will benefit both the company AND the individuals that participate. Healthy individuals take fewer sick days and are more productive at work. Plus, doing something as a team builds camaraderie in a way that can't be accomplished in an office setting. And community involvement benefits everyone." Summing up, Kristi states, "I love running because it is a stress reliever and it brightens my whole outlook on life, and

taking advantage of the cart paths in Peachtree City allows me to enjoy the outdoors while exercising."

Tom Gleaton always liked running, but after getting out of shape, he didn't enjoy it. "After getting all the inherited medical issues of high BP, cholesterol and diabetes, I decided a year ago I wanted to be medicine free. Well, after losing 30 or so pounds, I am now medicine free. Doing these type races/events will keep me in shape and medicine free."



Grand-daughter Blake Gleaton and Tom Gleaton



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The Legacy is published six times per year: January, March, May, July, September, and November. The deadline for submissions is generally the third Friday of the previous month. All are welcome to contribute.

Please send articles & photos to

Paul Schultz paul@ptchome.net

stands in relation to others his age as he wants to be in the top percentile of his age group. This gives him a goal to work towards.

Tom's employer's participation in the Fitness Challenge helps. "Definitely being a part of the corporate team motivated me. Once running, I found many people telling me how I should do and how they wanted to make better on their last time." And he encouages employers to consider Classic particiaption. "The Classic will bring your corporation closer as a team, and they will be healthier because they will train for the event."

Tom partipated in the Classic to know where he



Eva Gleaton

Tom ran the race with his wife and grand-daughter and plans to be back next year!



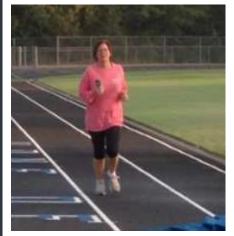
Jason Hingerton (I) with other Class Fitness **Challenge participants**

Classic participant Jason Hingerton started running in 2013 to train for a Tough Mudder. An active participant in similar events, he uses running to condition for Spartan and GORUCK Challenges also. He participated in the Fitness Challenge since "Timed races help in my training as they give me a good benchmark for performance. Running in a large group of people is different than running alone."

Jason encourages groups to enter as a team for their health benefits. "For companies to join the Corporate Fitness Challenge and encourage participation in events like the Classic is important for the well-being of their employees considering the epidemic of chronic disease related to poor diet and inactivity that is ever more common." His own personal reason was to simply "Fight 30."

Kathy Hughes started running because her husband signed her up for the Peachtree Classic. "I have always walked about 3 miles every day. The run helped me get out of my comfort zone. Every morning I would walk and run to get prepared for the race. It really helped me to get more discipline in everything."

The morning of the Classic she was nervous, but once she arrived she calmed down. "Seeing all the runners and the excitement everywhere was fun." She met up with



Advocare buddies, Rhonda and Randy Stamey and Tony Burson to run the race. It is a tradition for them to run it every year.

"I have to give a 'Shout Out' to Peachtree City Running Club member Teresa Moore. She came back after crossing the finish line, ran beside me and cheered me on the last part of the race. She kept saying,'You can do this Kathy; run across that finish line with a smile on your face.' Thank you Teresa what a fantastic memory for my first race."

The Peachtree City Running Club is very appreciative of Fitness 54 for sponsoring the Corporate Fitness Challenge!

Kathy Hughes

Thanks again to our 2014 Classic Sponsors!































New Member ProfileAngel Runs Like the Devil

By Bob Dalton

U.S. Army Lieutenant Colonel Angel Liberg (47) was commissioned as an Army Officer in 1990 through the ROTC Program at University of Houston where she also earned her BA in Marketing. She later earned a Masters in Computer Science from the University of Phoenix in 2005. She is currently the Chief of Human Resources at Army Reserve Careers Division at Ft Gillem. Her job is "to ensure that Soldiers are taken care of whether it's pay, promotion, family, or anything that requires a Soldier to be ready for deployment."



Angel with LaNae and Jaclyn

Her career has taken her to Little Rock (AR), Mesa (AZ), St Louis (MO), Ft Knox (KY) and a tour in Iraq in 2006-2007 where she also had the opportunity to run the Shadow Army Ten Miler. She has done the Army Ten Miler in D.C. for the past four years. Her first marathon was the Marine Corps in 2002, her second was in Little Rock in 2003, and her most recent was last year as part of the annual Bataan Death March in White Sands, New Mexico. She has also done 26 Half Marathons, 13 of which she did in 2011 alone!!

Angel lives in PTC with her husband Jason and daughters LeNae (17) and Jaclyn (15), dog Mo, and cats Vienna and Rocky. She has been running "seriously" for about eight years and led the way with her daughters in the Elementary School Grand Prix Series this past school year. They all won first place in their respective divisions with LeNae and Jaclyn nearly 500 points ahead of their closest competitors!! She says, "I love it when my girls run with me. I love it when people sincerely want to help one another."

Angel has also run the Ragnar Relay from Cumberland, MD to Washington, D.C. the past three years. The first two years she participated on 12-person teams running an average of 17 miles over three legs. This year she was on a 6-person team and ran 31 miles over three legs.

Angel joined the club "to be with people that enjoy running – also to push one another to go another mile." One of her most memorable experiences was running the Savannah Rock n' Roll Half Marathon with LeNae when she turned 15. She enjoys running because "it reduces stress and I like the feeling afterwards – the exertion that your body feels but recoups right away." She also does scrapbooking and sewing in her leisure time.

Angel's favorite distance and race is the Soldier's Half Marathon held at Ft. Benning every year in November. She gets especially motivated at the point in the race where Drill Instructors are yelling (encouraging?) at the runners to make it up a very long hill all the way to the top. She plans on running it again this year with her nephew, a newly commissioned Lieutenant in the Armor Corps. She also plans to run her first Tough Mudder Half Marathon this fall in New Jersey consisting of 25 obstacles over the 13.1 mile course.

Angel is a member of the Road Warriors, a national running club whose members wear the distinctive purple camouflage singlet with the POW/MIA symbol on the back. The wide variety of the distances she races and the varied locales she competes in may give one the impression she is a racing tourist. But make no mistake, once the gun goes off, she is definitely in Road Warrior mode. So don't let her name fool you – Angel is one tough cookie!!

Note from Classic Participant Patsy Burnette

Thank you for another GREAT race! I have to share with you-- this is my 10-year anniversary, of sorts. You see, it was 10 years ago today I ran my first race-- The Peachtree Classic, the LIFE-CHANGING Peachtree City Classic as I call it. My son, who was 15 at the time, signed up to run the 5K with a friend. He got sick and wasn't able to run. So since we paid I was determined that someone in the family was going to run and get that t-shirt. I ran in his place. I had never run a race before. I didn't own any proper running clothes or even a decent pair of tennis shoes. 48 minutes was my time-- like a turtle. It was a life-changing experience! Since then I've run many 5Ks, 10Ks, and even a few half-marathons and a couple marathons. I ALWAYS run the Classic! There's something special about this place, and this time of year. The cool, crisp October morning, the changing colors of the trees, the quiet run on the leaf-covered golf cart paths. It's a soul-healing kind of place, like standing on the seashore and listening to the ocean waves. Thank you again to everyone who makes this happen year after year after year. You are changing lives!

Dragon Boat & Classic Pictures





















Upcoming Events

December

6 Peachtree City Elementary Jingle Bell Trail 5k

Woolsey Baptist 5k For Missions (Woolsey, Georgia)

- 13 The Bedford School Bedford Dasher 5k (Fairburn, Georgia)
- 27 St. Vincent de Paul Society 5k Run/1 Mile Fun Run (Moreland, Georgia)

January

- 1 New Year's Day Marathon/25k/any distance (Darkside Running Club event)
- 10 St. Paul Lutheran School Frostbite 5k
- 24 ATC Peachtree City 5k/10k (Atlanta Track Club event)

February

7 Kedron Elementary Heart to Heart 5k

March

- 7 Oak Grove Elementary Run for the Gold 5k
- 13 Springhill Elementary Trash Dash 5k (Friday evening)
- 21 Burch Elementary 5k
- 28 Inman Elementary 5k

Reminder: 2014 Annual Christmas Party and Awards Banquet for PTC Running Club Members and Guests

Date: Friday, December 5, 2014

Time: 6:00 - 11:00 (bar closes at 10:30)

Where: Glendalough Manor, 200 Glendalough Court, Tyrone, Ga.

Cost: \$30.00 Members; \$60.00 Non-Members

Reservations and payment: Due December 1, 2014

RSVP Link:

https://docs.google.com/forms/d/1MHJxrfkqPsbfvWB0IDbodm1g1Vpk0QH0v1Vrbp_ilK8/viewform?usp=send form

Payment: https://squareup.com/market/peachtree-city-running-club/christmas-party



















*New Member Profile*New Member Smokin' Gary Moore

By Bob Dalton

Gary Moore (38) is a native of Nashville, TN who came to Peachtree City by way of New Orleans, Augusta, and Colorado. He's now been here two years along with his wife, Jenn, and their children Allison (6) and Ian (3). He earned his degree in Chemical Engineering from Tulane University and now works for Avid Solutions where he automates industrial processes.

Gary began running recreationally in college and has compiled some impressive statistics in the last 18 years. His mile PR is 4:49; 5K PR is 16:48 set in Aiken, SC; 10K PR is 34:46 set in Augusta; Half Marathon PR is 1:16:48 set at the Governor's Cup in Columbia, SC; 10 mile PR is 58:42 also set in Aiken, SC.; and his Marathon PR is 2:43:44 set in Chicago in 2003. That's quite an improvement from the first marathon he ran in college in New Orleans in 3:45!

Most of those times were achieved during the period

2003-2007. Then he started his family and raising his

children became the priority. They are older now and

since moving to PTC, he has upped his mileage in hopes of hitting or improving on many of those PRs.



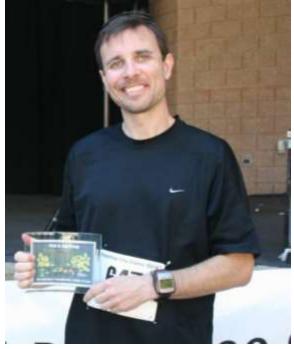
Gary and daughter Allison at the American Discovery Trail Marathon in Colorado Springs, 2011

The Crescent City Classic 10K in New Orleans is probably his favorite race because it was the first "big" race that he ran and also because "it is flat and fast!"

Among the running adventures Gary has had includes the time he almost stepped on an alligator at Hilton Head and the time he ran up Pike's Peak. Summiting one of Colorado's highest mountains at 14,115 feet is no small feat (no pun intended)!! He runs because he "likes the feeling of being 'in shape' and it provides an excellent stress relief as well!"

Gary recently smoked the PTC Classic 15K winning his age group in the speedy time of 1:01:34. He beat his time in the same race last year by about a minute, so his most recent effort earned him a new PR at the 15K distance.

When it comes to hobbies, Gary says, "Skiing is one of my favorite winter activities although it is much harder to do in Georgia than



Gary at the Classic

Colorado!"

He joined the PTCRC because he "wanted to connect with the running community." He's already befriended some of the faster runners in the club among others and hopes to be able to train and race with them to achieve his running goals. Best wishes Gary!!

Plan A - No Plan B and my Wonderful Husband

By Kim Ruple

We all know running causes you to think on your feet and be extremely adaptive. Our recent trip to Utah proved just that. We departed from Atlanta early the morning of September 25, scheduled to arrive in Salt Lake City around lunch time. As we sat in the gate in Atlanta for over an hour, my husband became nervous as we had a tight connection in Denver – oh well, nothing we can do.

Arriving in Denver, we sprinted to the gate, to find we and all the other passengers going to Salt Lake City were grounded with the next guaranteed flight in twenty-nine (yes 29!) hours. Yikes, I would hopefully be through running the Elk 50K at Mt. Timpanogos by then; this won't work. We quickly scrambled to determine our options. We discovered a disgruntled employee had set a fire in the Chicago airport which was causing havoc with flights all over the country. As we stood near the service counter we heard "flight to Milwaukee cancelled, flight to xyz cancelled...Double Yikes!) We also learned it was about and



Kim and husband Bill

eight and a half-hour drive from Denver to Salt Lake. Adapting, I pulled out my smart phone and booked a car, and Bill went to baggage claim to have them pull our bags. Forty-five minutes later we are on the road, stopping for road snacks, Bill's favorite Colorado Beer (Blue Paddle from Fat Tire) and lunch. My fabulous husband drove the entire way – ensuring I got to bed by midnight, well rested and well-hydrated. He also re-arranged his day and



cancelled his motorcycle ride so that he could turn in the one-way rental and get us ready for our next several days in Utah. Adaptation is key, and he is marvelous!



At 4 a.m. I am up and preparing, with a quick safety briefing and course review we are off and running. Well, maybe in my case a little more hiking than running. We covered a gorgeous section of the mountains including Little Baldy and Big Baldy. We went through open meadows, Aspen groves and even saw a moose. There were some very technical areas and over 7,000 feet of climbing, then descending – PHEW! Check out the pictures!

I had the pleasure of running with a local group who sponsors a program that helps drug and alcohol addicts deal with their addictions through running. They were an extremely upbeat and positive group. Only exceeded by the volunteers, as shown by my time (I spent 1 hour and 7 minutes in non-moving status according to my Garmin), but it was time well spent. The volunteers from the Pleasant Grove Fire department and Telos Residential were exceptionally friendly and accommodating. They gave me tips on things to see and do while in the area and couldn't believe I'd come all the way from Atlanta, GA (elevation 700 feet) to run their inaugural 50K.

While not stellar, my total time of 9:07 was ok by me. My objective was to finish and see some great views – both accomplished. They gave a very unique medal in the shape of an Elk.

And we had one more very special surprise in store, coincidentally Al Barker was in town. We were able to connect the next day for breakfast, conversation and advice on what do in the area. Al was very excited as Mount Timpanogos had gotten snow overnight – quiet stunning with the yellow aspen below. He'll have to show you his pictures which are beyond breathtaking.

If you haven't been to this part of Utah, it is incredible. The scenery is beyond compare and the people are exceptionally nice. Give it a try!

























Dinner with Two Legends

By Kim Ruple

During our recent trip to Duluth, MN, Mark & Jane Hamilton, Pat Miles and me had the opportunity to have dinner with Dick Beardsley and Marshall Ulrich – two legends in the running world. It was a special evening hosted by magazine, Marathon & Beyond.

First up was Marshall, who has done a quad-Badwater, multiple adventure races, and is the author of Running on Empty: An Ultramarathoner's Story of Love, Loss and a Record-Setting Run Across America. (New York: Avery, 2011.) The book is an inspirational story that talks about the life challenges Marshall faced and how he overcame them. As he says, it is truly a love story and ode to his wife and soul mate with some running thrown in.

Second up was Dick Beardsley, who until 2014 had the course record for Grandma's Marathon. He opened up with a very funny story involving super glue, his sun glasses, a beetle and his eyelid. Let's just say he got to meet some very nice nurses in the hospital and they got an unforgettable story. Then with the excitement of a kid at Christmas, Dick shared his morning with us. He gave us a recount of the race, calling out spits 4:50, 4:40, 4:45 accompanied by his inner dialogue. His excitement increasing as he realized his record which had stood since 1981 was going to be broken. He was overjoyed to be the first to congratulate the man who broke his record after thirty-three years. He joked about the prize money saying when he won he remembers getting a coupon for a free sandwich at Burger King. It was apparent Dick was glad to be part of this moment in history.

So what makes these two gentleman legends? The records they hold, the adventures they've had- yes, partially. For me what makes them truly memorable and legendary was despite their fame and honors they had a sense of humor about themselves and life. They were humble when praised and always managed to give others credit for the things they achieved. Both men stayed long after the dinner was over talking with attendees, swapping stories and even doling out hugs. For me it was a night I won't forget.

Editor's Note:

I apologize that I am so late getting this edition out!!! Over the years George Martin and many others have been involved with trying to attract corporate sponsors to the Classic, but it seemed to me that we should be able to use the Legacy as a way to promote real people and real stories about Classic participation. I got connected with four individuals who were willing to share their stories, and now all club members have something we can print or email to prospective sponsors that show the impact of the Classic and how the sponsor will benefit. This moved me from being an editor to a creator of content, and since I was essentially writing mini-profiles, I understand how challenging Bob Dalton's efforts to create member profiles are. (Maybe I can get some writing pointers from him!) Thanks, Bob!

Jamie Feldman again this month created the picture layouts so all the Dragon Boat and Classic pictures you see are her handiwork. Please thank her for pulling it all together! Thanks, Jamie!

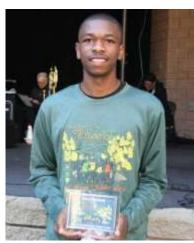
Kim Ruple overachieved on content again this edition by creating two trip reports- one was destined for a previous Legacy until I ran out of room. Thanks, Kim!

























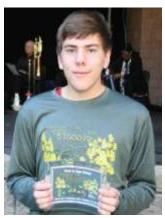






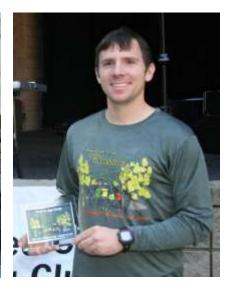


















Location Report: Jekyll Island, Georgia

By Paul Schultz

As a runner, I always want to know when I travel that I can still workout while enjoying time with my family. There are a lot of interesting things to see and do on Jekyll Island, which I won't go into because they are very well documented online, but from the standpoint of a runner, it is very easy to keep up with your workouts while visiting Jekyll Island.

I've been to Florida panhandle beaches in Destin, and running on those beaches is next to impossible as the sugar-white sand, while beautiful, is not supportive at all, but the sand on Jekyll is packed well enough that running is easy and enjoyable. By its nature of being at sea level, it is also the flattest course you'll even run. I did a late afternoon run to the natural music of waves crashing on the beach and some seabirds. The sun was low on the horizon and the air was warm and salty- very relaxing and enjoyable!

Nearly encompassing the entire island is a bicycle path system for tourists, and runners and walkers are naturally welcome to use them. The path system runs by many of the hotels and connects them to boardwalks that go to the beach so it is very easy to start at a hotel and get on the beach quickly.



Jekyll Island sand gives way very little

Along the path system are numerous washrooms and water fountains, ostensibly for beach-goers, but they come in handy for runners.

There are many relaxing, informative, and entertaining things to do on a Jekyll Island getaway, and as a runner, now you have more reasons to go!





1000-Mile Club Update

1000-Wille Club Opuate					
Name of the second	Miles as of	Volunteer	Club		
Name	June Meeting	Activities	Meetings Attended		
Allis, Richard	1200	6	5		
Amini, Mohammad	1200	2	3		
Anderson, Bill	502	1	2		
Aviles, Pam	815.69	2	3		
		+	5		
Barber, Karen	1043	1	2		
Bellucci, Tiffany	360	0	+		
Besch, Teri	1070	8	8 7		
Bothe, Steven	2241	5			
Burkingstock, Kith	1076	6	5		
Butler, Bradley	1312	3	4		
Butler, Mitch	1280	2	4		
Caldwell, Bryan	1703	3	5		
Caldwell, Karen	863		4		
Chiong, Chris	612	2	2		
Chikhliker, Manisha	385		3		
Chrzanowski, Anne	743		3		
Chrzanowski, Michael	1037	6	6		
Clark, Sally	700	15	2		
Cole, Steve	1092	5	6		
Cote-Miles, Pat	860	5	4		
Corrigan, Meredith	850	2	4		
Daley, Cal	865	3	5		
Dalton, Bob	1848	5	6		
Dennison, Reavis	975	3	1		
Desgain, Jules	750	4	6		
Dillard, Libby	1048.3	4	5		
Domaleski, Alex	41		1		
Domaleski, Victoria	268.2		1		
Domaleski, Mary Catherine	860	3	3		
Ellsworth, Daymon	622	2	4		
Ernst, Helen	701	3	4		
Farrier, Brian	893	2	5		
Feldman, Jamie	917	1	5		
Fratto, Fred	610	2	2		
Fratto, Jan	619	4	4		
Frizzell, Amy	906	6	2		
Fuentes, Marino	902	6	5		
Fuller, Billi	450		1		
Greer, Jeff	1012		3		
Gulick, David	905	5	3		

Name	Miles as of June Meeting	Volunteer Activities	Club Meetings Attended
Hamill, Todd	725	4	2
Hamilton, Jane	760	2	3
Hancock, Bonnie	849	3	3
Hancock, Jake	950	6	
Hancock, Steve	875	4	4
Henseler, Amy	892	6	3
Hinkle, Angie	1212	3	3
Hinkle, Eric	545	3	3
Howard, Valerie	1400		3
Johnson, Rachel	926	3	4
Johnston, Bill	857	?	5
Jones, Cindy	1506	1	2
Jones, Heather	1552	1	2
Kaiser, Steve	608	1	3
Kearns, Patrick	750	3	5
Kennedy, David	846	5	5
Kennedy, Ryan	1146	5	6
Krauth, Christine	915		4
Landgren, Jo	920	3	4
Landgren, Larry	1010	3	4
Lankford, Mike	442	6	3
Lawrence, Jennifer	420		1
Mascara, Mark	50		1
Matthews, Lisa	1420	3	4
Mills, Susan	785	3	4
Moore, Teresa	1010	5	8
Moore, Tracey	900	5	3
More, Eiken	507		1
Mowry, Warren	908	3	4
Mrosek, John	708	1	3
Olson, Cathy	924	4	6
Osse, Brandi	1000	2	4
Outland, Scott	673		5
Parker, Jennifer	95		1
Piet, Dave	860	2	5
Robison, Roy	1160	4	4
Rose, Betty	2300	4	5
Round, Tom	931	5	4
Rupel, Kim	1209.66	3	9
Sambrone, Connie	1006	6	9
Sanchez, Leo	865	8	4

Name	Miles as of June Meeting	Volunteer Activities	Club Meetings Attended
Schultz, Paul	1091	10	7
Sharpless, Chris	897	1	5
Sheffeld, Shane	141		1
Shoemaker, Jerry	1001	4	2
Tarleton, Page	95		1
Thurber, Bill	675		2
Thurber, Karen	710	3	3
Tuman, Sandy	936	2	5
Valentino, Vanessa	880	3	5
Vise, Ed	665	3	3
Walker, Anastasia	823	2	4
Warren, Mike	1250	6	3
Wassell, Joe	1356	4	3
Waterhouse, John	790	?	4
Werling, Bill	883	54	6
Weston, Rita	902	4	5
Whiteman, Scott	30		1
Woods, Sandra	611		1
Woods, Von	706	3	3
Zuehlke, Jill	619		2

History of the 1,000 Mile Club

The idea for the 1,000 Mile Club was conceived in 1989 by then Peachtree City Running Club President Nora Weed. The first jackets were presented by Santa Claus at the 1989 Christmas Party at the Christ Our Shepherd Lutheran Church. Since then, the club has presented more than 170 jackets to members who have met the minimum qualifications. The 1,000 Mile Club also includes 5,000, 10,000, 15,000, and 20,000 Mile Awards.

The 1,000 Mile Club is one of the Peachtree City Running Club's most popular programs and helps promote fitness, volunteer activity, and club participation.

If you have any questions about the program, please contact the 1,000 Mile Club Coordinator, Teri Besch, at besch105@comcast. net.

Club Meeting Minutes: September 3, 2014

President Kim Ruple called the meeting to order at 7:00PM.

Guests and new members were acknowledged.

Danielle Winters from East Coweta High offered an invitation to the Retro Run 5k September 13, 2014 to help support EHS Volley Ball.

Representatives from the American Lung Association invited runners to join the Lung Force Run Saturday, November 8 in Virginia Highlands.

August meeting minutes approved.

Kim Ruple gave a budget report for Normer Adams. Currently the club holds \$62,492 in checking and \$51,145 in CD's.

Teri Besch gave a reminder for members to make their 1,000 mile club updates. She will be ordering jackets next month. Please let her know if you will not be making your goal.

Teri Besch is collecting for the Alzheimer's walk. Please see her if you are interested in donating.

Rita Weston asked for the club to remember the holiday party on December 5. The menu will be available soon. Please cast your vote for your favorite menu choices.

Rita will be leaving this year as social chair. A new person will need to quickly step in for our events beginning in January. See Kim Ruple if you are interested.

Teresa Moore will be stepping down as secretary at the end of the year. If you are interested, please let a board member know.

Rachel Johnson gave an activities report.

- The club sent three teams to the Macon Labor Day Road Race. Thirteen out of fifteen team members medaled.
 - Our next grand prix is 8am on September 20 at the courthouse
- Dragon Boat races will be held September 27 at Lake McIntosh. See Rachel to sign up for this incredible event.
- Club members have an opportunity for a free self-defense class September 13 at 8:30 am in Newnan. Let Rachel know if you are interested in attending and for more details.

George Martin reminded members to sign up with him to volunteer at the 34th Annual Peachtree City Classic. Please take some applications to share around town and with friends.

The Diva is coming this weekend, September 6. Volunteer positions are still available. Course marshals need to be at the amphitheater by 0630 and are encouraged to bring a chair. Golf carts are needed, too. See George Martin if you are interested. The Diva group has made substantial contributions to Promise Place, the Children's Village, and as a Classic sponsor. Robert and Gaby Pozo with Continental Event and Sports Management (Diva Race promoters) were on hand to offer their thank you for the warm welcome they have received from the community.

Our next meeting will be October 6, 2014 at the Dolce and of course will be the "All Classic" meeting.

Paul Schultz asked for any Legacy submissions to be made by Saturday.

Meeting adjourned at 7:40PM.

Club Meeting Minutes: October 6, 2014

Kim Ruple called the meeting to order with a welcome to new members and guests.

Leigh Blood from our local American Legion Post was in attendance to let us know he will be taking over the All American 5k. The Legion hopes to partner with the running club again and put the date back to Memorial Day weekend.

Normer Adams gave the treasurer's report. We are currently solvent.

- Checking
- CD's
- The club recently awarded a \$1,000 grant to Starr's Mill Track team to attend a meet in North Carolina.
- Our audit has been completed by Tom Crofton. Tom graciously did our audit gratis. Please be sure to say thank you next time you see him.

The September minutes were approved.

Rachel Johnson is still calculating our Grand Prix totals. Great participation at the last prediction run with some shout outs to the oldest PTCRC attire. The next Grand Prix will be at the Amphitheatre at 8 am on October 25. Come out to run the Classic Course.

Teri Besch reminded members to let her know if you are going to complete your 1,000 mile goal, so she can order your jacket next month.

Kathy Olson gave a report from the Alzheimer's walk. Several PTCRC members attended and over \$600 dollars was collected.

Kim Ruple made an additional appeal for a club secretary and social chairman.

George Martin gave the 34th Annual Pre-Classic report. We currently have applications on hand, so be sure to invite your friends and neighbors. Currently, registrations are at 1724/\$52,000 as compared to 1575/\$47,000 in 2013. Currently we are at \$29,500 in sponsorship dollars. The Classic is on its way to meeting its gross revenue goal of \$100,000.

Sponsorship: Where does it go?

- Grants
- each high school is budgeted \$1,000
- we sponsor the middle school championship and track teams
- running clubs are sponsored in 13 out of 14 elementary schools
- the kids marathon finish at the classic
- Scholarships: The Ronnie Godwin Scholarship is awarded to 4 track and cross country students at each high school each year.
- We support local track and running groups in our community like Flash and Pioneer.
- Water fountains for the 10k course

The sponsorship dollars of over \$30,000 each year go into community service programs.

The registration dollars go back into the club to help pay for Peachtree busses, socials, grand prix awards and the 1,000 mile club.

Our volunteer coordinator Eric Hinkle is here if anyone wishes to sign up for a volunteer opportunity. We still need water, expo, finish line, shirt distribution, split callers and course marshals. Marino Fuentes needs additional volunteers for the women's race. Bill Werling always needs help with parking. The Besch's need help with t-shirt distribution.

Currently, we need a coordinator for the offsite parking at K-Mart, Hella, and Mobile storage off of Hwy 74. We will be running several golf cart shuttles.

Classic changes this year:

- the 20k combining the 5k and 15k races
- men's and women's races will begin together at the same time with one on either side of the street with lots of cones
- a 20k finisher's medal

The registration and packet pickup will be on Friday 4:30 to 8:30 pm and Saturday 6:30 to 8:00 am. The Kid's marathon will be at 7:30am, the 5k at 8:30am, and the 15k at 9:00am. The 20k will continue through with the start line of the 15k staying open for an additional 5 minutes.

Thank you to Paul Shultz and Panasonic for the \$10,000 sponsorship and to Fitness 54 for the \$5,000 sponsorship.

Volunteer check-in will be up the hill with the Ham radio operators.

The race packet stuffing will be at Partner's pizza on October 15 at 6:00pm.

We need two golf carts to sweep the course and sag the kid's marathon.

Publix, Roly-poly, and Partner's Pizza are on board for the volunteer food and post race refreshments.

The Volunteer Party will be held at the Fitness 54 Gym from 5 to 9 pm Saturday evening.

Paul Schultz would like to thank Jamie Feldman for her help as picture editor for the LEGacy. He also would like to get some first time Classic runners to interview for the next LEGacy edition.

Congratulations to club members Kim Bramblett and Jerry Shoemaker for their upcoming competition at the Ironman Championships in Kona on Saturday, October 11, 2014.

Our Christmas Party will be December 5, 2014 at Glendalough Manor at 6:00pm. Menu choice surveys will be coming soon.

Rachel Johnson gave a Dragon Boat report. Thank you to Sally Demry Clark who did a great job of coordinating this event. The boat crew had a beautiful day on Lake McIntosh. They placed 1st in Division B and 7th of 32 teams overall. The Bothe's did a great job of capturing the event in photographs.

Meeting closed at 8:15.