

LEGACY

NEWSLETTER OF THE PEACHTREE CITY RUNNING CLUB

JANUARY 2005

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Nine honored as PTC Running Club institutes inaugural “Hall of Fame”

A new award was instituted at the 2004 Christmas party. As the PTC Running Club approaches its quarter-century anniversary, the Board thought it was appropriate to begin to honor the contributions made by some of its most active and valuable members over the course of our 24-year history. So at the 2004 Christmas Party and Awards banquet, the following people (pictured above from left to right) were named as the first inductees into the PTCRC Hall of Fame: Bill McBride, Roy Robison, Carolyn Gulick, Dave Gulick, Ronnie Godwin (represented by his widow Pat), Martha Boone, Lou Boone, and Tom Crofton. Honoree Rich Horning appears on page 6.

To be eligible for the PTCRC Hall of Fame, persons need to be a member for at least five years, have made significant contributions to the club, have served in leadership roles for the club, be well respected by the club membership, have served as a positive role model for club members and presented a favorable image to the non-running community. They should also have received the RRCA Volunteer Award (national 2000-hour award). All of these honorees certainly meet these criteria.

Congratulations and thank you to these members for their thousands of hours of volunteer time and their faithful service.

Look for in-depth bios of each of the award winners in future issues of the *Legacy*.



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President's Column



The Peachtree City Running Club has closed another year in style. Thanks to Rose the Classic was the most financially successful in our history. Thanks to Bernice the Christmas Party was a wonderful event. And most importantly, in 2004, we logged many miles and many hours, creating memories with great friends that will last the rest of our lives. The PTCRC Board has been hard at work, creating a very exciting and challenging set of plans for 2005. There will be a number of new programs as well as some tried and true events. You will be hearing and reading a lot more about the plans, but I wanted to give you a short preview on this page.

Programs and Plans for 2005

Club Programs

Grand Prix Runs – Ed has a great line-up of events, one each month, with a year-long contest that is more competitive every year.

Thousand Mile Club – 2.74 miles per day and a new jacket could be yours.

Club Buses - July 4th and Thanksgiving Day (half price to club members)

Road Trips - Jacksonville Gate River Run; Savannah Tybee Island Marathon & Half; Portland, OR Hood to Coast; Washington DC Marine Corps Marathon, and others.

Golf Tournament – Third annual PTCRC match. (Tentative date June 11)

Summer Track Series (6 weeks beginning June 7)

Christmas & Awards party (Tentative date Dec. 16)

And of course the **25th Annual Peachtree City Classic** (Oct. 15)

Community Programs

Kid's Fun Run (May 21) – This year we will be offering financial incentives for the schools having the highest percentages of their students participating.

Beginners Running Classes (starting in March) – Our own Sue Bozgoz will be leading a City-run program to attract and coach brand new runners.

Rotary Elementary School 5K Grand Prix Series – Sponsored by the PTC Rotary Club and organized by the PTC Running Club, we will have about 10 races in 2005-06.

"Kid's Marathon Finish" – A repeat of last year's successful kids running program, having kids run 25 miles in the first 6 weeks of school and doing the last 1.2 miles just before the Classic Race.

"Fitness Challenge" – Expanding to companies all over Fayette County this year.

Mileage-Based School Running Programs – Funding elementary school running programs in Fayette County, providing incentives for the kids as they reach target miles.

Fayette County Middle School Track & Field Championships – This year it will be hosted and officiated by the PTC Running Club's volunteers.

High School Support – A continuation of our long-time financial support for the five High Schools in Fayette County.

Ronnie Godwin Scholarships – A continuation of our tradition of granting up to 16 scholarships to outstanding young athletes as they move from high school to college.

We have a great year ahead. Watch for more details on these and other programs. Hope you are ready to run!

November meeting recap

The full meeting minutes are available on the PTCRC Web site at www.ptcrc.com.

President George Martin called the Nov. 1, 2004 meeting of the Peachtree City Running Club to order at 7:30 p.m. at the Ashland Grille. The Wyndham was filled to capacity tonight and could not provide us with a meeting room.

The minutes of the October meeting were approved as posted on the Web site.

(Continued on page 11)

WELCOME NEW MEMBERS

Edwin Woodmansee (Palmetto)

Valerie Pino (Fayetteville)

2004 PTCRC Awards

The 24th annual PTC Running Club Christmas Party and Awards Banquet was held this year at the beautiful Palmer House at the old White Water Country Club. And with 146 people attending it was the largest Christmas Party our club has ever had. This edition saw not only the traditional Club awards, Grand Prix awards, and other recognition, but it also was the first of hopefully our annual induction of some of our dedicated members into the new PTC Running Club Hall of Fame. The food was good, the beer was cold, the dancing hot, and friends were everywhere in the room. What more could we ask for?

Female Rookie of the Year — Jane Welch

Jane started running about a year ago when her teenage daughter, Tracy, began to run Cross Country in high school. She progressed rapidly and is one of our newest "rabbits" in the club. Congratulations Jane.



Male Rookie of the Year — Chuck Smith
Chuck moved here with his family from North Carolina this past year. He is an experienced runner with many races and marathons to his credit but is still struggling to beat Bill Fuller in any distance he can. Congratulations Chuck.

Most Improved Male Runner — Randy Graham

Randy not only swept the Grand Prix with the most points ever, he also set PR's in nearly every distance that he ran this past year. Randy has moved from a huge couch potato to one of our best runners in just over a year and is now eyeing the marathon distance. Congratulations Randy.



Volunteer of the Year — Rose Kempton

Rose was the Classic Race Director for this year but beyond that she has spent hundreds of hours as a coach and organizer for the FLASH Youth Cross Country and Track and Field Teams. She actually worked full time this past year on running related programs and sacrificed a lot of personal time and money in that effort. Thank you Rose.



Most Improved Female Runner — Rene Flaherty

After focusing on running long distances last year, culminating in her first-ever marathon in Chicago, Rene trained for shorter distances in 2004 and achieved PR's in the 5K, 10K, and 15K. She ended the year with a first-place finish in the Women's Overall Masters division at the Harvest Classic 5K. Congratulations Rene.

RRCA Volunteer Award

Five PTCRC members were honored with the 2004 RRCA Volunteer Award for logging 2,000 or more hours in the service of the club. They included Bob Dalton, Joe Wassell, and Lynn Fairley (pictured below) as well as Rich Horning and Bill Werling. The club could not survive without the efforts of members like these who go above and beyond the call of duty. A big thank you to all of them!



President's Award — Gene and Valerie Reynolds

This inspiring couple not only contributed their time this past year, they also created a cross country course, primarily for youth running teams, on their property in Senoia. That huge effort took hundreds of hours and also opened their property to hundreds of strangers, all for the benefit of others. They exemplified volunteerism with their time, their efforts, and their property, and are well-deserving of this award. Thank you Gene and Valerie.

2004 Grand Prix Winners



Women 47 and Under

From left, Beth Wiggins, 5th place; Rene Flaherty, 3rd place; Shannon Phillips, 1st place; Margie Dam, 2nd place; Rose Kempton, 4th place. Shannon is the club's youngest winner ever. Way to go Shannon!



Women 48 and Over

From left, Teri Besch, 4th place; Patsy Bickford, 2nd place; Trish Vlastnik, 1st place; Cathy Olson, 3rd place; Jan Bankieris, 5th place.



Men 49 and Under

From left, Mike Warren, 3rd place; Randy Graham, 1st place; Mark Hamilton, 4th place; Steve Hancock, 5th place. Not pictured, Wes Wilkins, 2nd place.



Men 50 and Over

From left, Bill Fuller, 4th place; Roy Robison, 2nd place; Tom Crofton, 1st place; Sam Dillingham, 3rd place; Chuck Garwood, 5th place.



1,000 Mile Club new members (left) and returning members

Thousand Mile Club Awards



Lynn Fairley (left) sports his new jacket as he joins Bill Werling (right) and Joe Maloy in the PTCRC's prestigious 15,000 mile club. Congratulations to Lynn and all the award recipients!



5,000 Mile Club members



10,000 Mile Club members



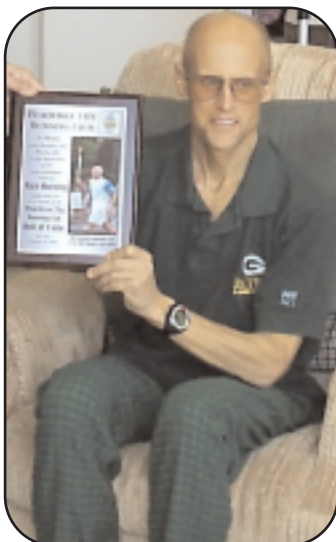
PTCRC's key activities coordinators gather to enjoy the annual club Christmas party and awards banquet.



'Tis the season

A horde of club members teeming with Christmas spirit descended on the Horning family in late November to help decorate their house for the holidays.

Below, Tom Crofton risks his life on a ladder held by Roy Robison, with Vic & Pamela Crane watching and Randy Graham hauling leaves. Bottom left, Roy sits atop a ladder, at the complete mercy of his "friends." (He should know better than to trust Bob Trombley!) At left, the entire group gathers to relax with Rich after a job well done.



Hall of Famer Rich Horning displays the award presented to him for his many accomplishments as a member of the PTC Running Club.





Club members help lead Army team to win

By Bob Dalton

Twenty thousand registered runners from every state in the Union and 19 countries and over 700 teams continued to make the Army 10 Miler the largest 10-mile race in the nation for the 13th consecutive year. Race day on Sun., Oct. 24 dawned under leaden skies, temperatures in the 50s, and a steady drizzle — some would say near ideal conditions for the 20th annual race. But with 13,071 finishers, almost 7,000 others would probably say otherwise as they apparently decided to sleep in that morning instead.

Among those who did show up at the starting line were 40 soldiers, civilians, and contractors on five different teams representing Ft. McPherson and Ft. Gillem. Team captain and PTCRC member Maj. Sue Bozgoz said, “After we held time trials in May and June to select the teams, we then trained together for the next five months incorporating tempo runs, speed workouts, long runs, and racing into our training program.”

The team competed in a series of races leading up to the Army Ten Miler in order to gauge their fitness levels as well as to sharpen their competitive edge as they kept their ultimate goal in mind.

In the team competition, Ft. McPherson continued to dominate. The All Comer's posted their sixth victory in that

division in seven races (finished second in 2000) defeating their chief rivals from Ft. Sill once again, this time by almost nine minutes. Club member and assistant coach Bob Dalton of Third Army said, “This race had special significance for me. We dedicated our efforts to the memory of LTC (Ret) Bill Bowers who was killed in Iraq last month while working as an engineer contractor helping to rebuild their country. He was our Team Captain in 1998, and we put his name on our team t-shirts this year to honor his sacrifice. I'm really proud of the effort everyone put into making sure we were so successful and able to do LTC Bowers justice.”

Bozgoz and MAJ Jeff Olive both received the Office of the Chief of the Army Reserve (OCAR) award for fastest female and male Reserve/National Guard officers respectively. The Ft. McPherson teams also won First Place Reserve Female Team, Second Place Reserve Male Team, and the OCAR Commander's Cup for the highest participation.

In all, the five teams garnered 10 awards amongst themselves — certainly well earned for all the months of training they put in.

This culminated the season for most of the team members. For some members of the Ft. McPherson team, this was their first time racing this distance. For all, it was a great experience, and they are already looking forward to next year. Complete team and individual results are available at www.armytenmiler.com under *Results*.

Grand Canyon run an “awesome” experience

By Cee Koehler

Looking for a fun way to spend the weekend? How about a fun run at the Grand Canyon! This is a trip that has to be planned well ahead of time, but well worth the effort. I was lucky enough to be invited to tag along with some runners from Minneapolis.

The distance of the trail from the North rim to the South rim is a little over 25 miles. I was prepared for the distance but totally shocked with the elevations. Not many mountains to train on in Peachtree City! The temperature at the North Rim Kaibob trail was 30 degrees when we started. We got on the trail at 6:30 a.m. so we could enjoy the sunrise going down into the canyon — it was beautiful! The temperature at the bottom of the canyon was 87 degrees — we stopped there at Phantom Ranch to fill our camel backs and fix a few blisters.

The suspension bridge across the Colorado River will take your breath away, and then the switchbacks start. The last four miles were more of a death march instead of a run! It was extremely steep at the end, and the temperature was dropping, and the elevation was getting tough. All that to say that I was one happy camper at the end. The elevation was 8,800 feet at the start, down into the canyon and then back up to a little over 7,000 feet at the end.

If anyone in the club is interested in planning a rim-to-rim trip, I will be glad to share the logistical details. It will be an awesome “once in a lifetime” trip!



Former PTCRC couple go the distance

Gary and Victoria Long were long-time members of the PTCRC before moving to St. Petersburg in 1995. The following article about their NYC marathon run is reprinted from the Tampa Tribune.

A couple that runs together stays together — and the farther they run, the stronger their relationship.

This should be the motto for Gary and Victoria Long of St. Petersburg Beach, Fla. Gary, 50, and Victoria, 46, have been running together for the past 15 years and they will be in New York to compete in their second New York City Marathon today.

“It’s just such an incredible experience running in New York,” Victoria said, citing the energetic crowds and breathtaking scenery.

The Longs will count the miles together today as they cross the Verrazano-Narrows Bridge, run through Brooklyn and Queens, zip past Yankee Stadium and finish in Central Park. Their main goal is to finish — together — of course. Unlike many couples, the Longs not only train together, but also they have finished every marathon together.

“We run the same pace at races,” Gary said. “We really run together the whole way. I won’t stop in a race knowing I can get through anything with my wife beside me. There’s nothing that together we can’t overcome.”

This year will be no different, although Victoria is also attempting to qualify for the Boston Marathon. To do so, she will have to finish today’s race in less than four hours. The Longs’ personal best is 3 hours, 51 minutes, earned at the 1998 Humpy’s Marathon in Anchorage, Alaska. Gary is not trying to qualify for the Boston Marathon, so if Victoria makes it, she will run in Boston alone.

“It would be different to run alone — different but good,” Victoria said. “Gary will be there to support me, and he can meet me along the race.”

The Longs have run 11 marathons together, each in a different state. Their goal is to run a marathon in all 50 states.

“It became a way to see different places,” Gary said. “Running through cities versus taking a car or cab gives you a unique perspective.”

The couple first ran the New York City Marathon in 2003.

(Continued on page 9)

Race Results

Cougar 5K

Christi Gongola 21:17 (2nd Overall Female)
Richard Johnson 21:17
Norah Rentill 26:00
Chuck Smith 19:04 (2nd Overall Male)
Jane Welch 25:19 (1st AG)
Carmella Wong 27:00 (1st 5K race)

New Hope Harvest Classic 5K

Bill Fuller 20:54 (2nd Men's Masters)
Tom Round 21:42 (3rd Men's Masters)
Prince Whatley 18:56 (3rd Overall)
Rene Flaherty 24:34 (1st Women's Masters)

Silver Comet Half Marathon

Martha Boone 1:53:17 (2nd AG)
Angie Burton 2:20:18
Tori Davison 2:09:18
Bill Everage 1:43:09
Rene Flaherty 2:04:34
Ann Henderson 2:09:36
Chuck Garwood 1:39:36
Kim Garwood 2:02:32
Dave Piet 1:52:16
Tom Round 1:38:43 (3rd AG)
Ann Shoemaker 1:54:50 (3rd AG, PR)
Jerry Shoemaker 1:44:06
Hal Wolfe 1:37:03

Atlanta Half Marathon

Kay Ahern 3:07:18
Jan Bankieris 1:57:04
Martha Boone 1:52:35
Sue Bozgoz 1:29:50
Jim Crowley 1:51:12
Bob Dalton 1:26:39
Steve Dorsey 2:09:35
Melia Foley-Lane 2:09:02
Marino Fuentes 2:09:03
Bill Fuller 1:34:21
Bryony Fuller 1:39:21
Rob Garrot 1:48:39
Randy Graham 1:38:13

Bonnie Hancock 2:11:54
Steve Hancock 1:48:38
Kath Jones 2:11:37
Mark Mascara 1:42:54
Susan Mills 2:16:19
Dee Molloy 2:46:23
Frank Molloy 1:31:58
Cathy Olson 2:35:12
Renate Pretzer 2:48:58
Heather Price 2:23:02
Tom Round 1:40:18
Jerry Shoemaker 1:38:22
Ann Shoemaker 2:08:24
Chuck Smith 1:35:05
Dan Twineham 2:24:54
Beth Wiggins 1:42:52
Dan Zessin 1:54:49

Atlanta Marathon

Al Barker 3:27:53 (2nd AG)
Christi Gongola 4:00:59
Gene Reynolds 3:52:55
Valerie Reynolds 4:00:59

San Diego One Day Run (107 miles)

Susan Parker (5th place Women)

St. George Marathon

Al Barker 3:27 (Qualified for Boston)

Jingle Bell 5K

(Times Unavailable)

Bill Anderson (1st AG)
Bill Brackin (1st AG)
Tom Crofton (2nd AG)
Tom Round (3rd AG)
Marino Fuentes (1st AG)
John Waterhouse (1st AG)
Melissa Anderson (1st AG)
Erica Hughey (2nd AG)
Cee Koehler (1st AG)
Trish Vlastnik (2nd AG)
Alice Todd (1st AG)
Connie Sambrone (2nd AG)
Mark Hamilton (1st AG)

PTC Couple *(cont. from page 8)*

Although it doesn't count toward their 50-state goal, they decided to run it again.

"We've never repeated a single one until now," Victoria said. "The crowd is just crazy wild, and I said, 'We've just gotta get a group of people and do this; this is just too much fun.'"

This year, they will be sponsored by ING, a global financial company that is also the official race sponsor.

The Longs, who were married in 1979 in Louisville, Ky., have two sons, Chris, 26 and Kyle, 16. They attend all of their younger son's football games at Admiral Farragut in St. Petersburg, where he plays cornerback. Even after games that stretch deep into Friday nights, the Longs still rise every Saturday at 4 a.m. for their ritual runs together.

"My husband travels during the week, so on Saturdays we rehash the whole week and what has happened," Victoria said.

Gary is an account executive at Edlong Corporation, a flavoring manufacturer. While away, he manages to maintain an exercise routine, taking his running shoes with him on every trip. Usually he rises around 5 a.m., depending on when sunrise is at his location, and begins his day with a run. Some days the time difference affects him, and he ends up waking and running as early as 3 a.m.

While Gary is away, Victoria runs alone on the beaches of Pass-a-Grille. She is a recently retired registered nurse who enjoys the quiet serenity that running brings her.

"You can be at peace and meditate and get away from the business of your life," Victoria said. "Especially running by myself on the beach, I think if I didn't run, I would miss the biggest benefit to running: being alone with my God out there."

Fifteen years ago, Gary decided he wanted to quit smoking and work toward a more active lifestyle.

"I had to do something to not pick up weight when I quit, and I tried running," he said.

He and Victoria joined a group of runners in Peachtree City, Ga., where the Longs lived at the time. The group was social, and the Longs soon developed a strong circle of runner friends.

The couple ran their first marathon together in 1993, the Rocket City Marathon in Huntsville, Ala., where they finished in 4:15. They moved to St. Pete Beach in 1999.

Marathon running mirrors their relationship. It keeps them connected and embodies the strong principles of their marriage: commitment, determination, love and joy.

"No matter what has gone on in our life that is something we've done together," Gary said. "We're always a team; that just carries over into the marathon. When your partner is having a tough time, you wouldn't run off and leave them — that's a marathon for life. She encourages me just as much as I encourage her in life in general. A marathon is our life."

- Club Notes and News -

Walkers Wanted

Recently, several new people have shown up at our Saturday morning fun runs that wanted to simply walk but didn't know the courses. Unfortunately, all of our traditional walkers have gradually been transformed into runners. We would like to see a group put together again that could welcome these new folks into the fold. If you know of someone who might be interested in coming out on Saturday mornings (8:00 at the City Hall) please encourage them. Or if you are injured, aged, or on the mend, come out and show the new walkers around the courses.

New state records set at PTC Classic

Our own Ann Akers is still the state record holder in her age group (65-69) at the 15K distance, having broken her own record of two years ago (when she was a spry 65) with a blazing 1:17:03 at this year's Classic. Of course this is not new territory for Ann, since she is also the current state record holder for her 2000 PTC Classic Run in the 60-64 age group (1:12:02).



Ann Akers holds the state record in her age group for the 15K.

All in all, we had three new state records set at our Classic this year. In addition to Ann, Kate Brun, age 18, from Marietta ran a 1:06:34 for a new record, and Clarence Hartley, age 75, from Young Harris shattered the state record by running 1:47:50. The Peachtree City Classic now has 22 of the 32 state age group records for the 15K and was also host to the fastest male Open time ever run in the state, in 1986 by Gary Siriano (45:49.8). Want to run a fast 15K? run the Classic!

clean 6.2 miles in the same amount of time and still get our training run in. We can add "the best trash pickers in town" to our many other names.

Jacksonville "Gate River Run" 15K

A large contingent of club members will again travel to Jacksonville to participate in the Gate River Run 15K on March 12. We will again be privileged to have pre-race and post-race access to the hospitality tent of the Florida Striders Running Club (our surrogate club in Florida). Last year, about 30 club members made the trip, and many stayed the weekend at Jacksonville Beach. Bill Fuller has arranged for a block of rooms at the Quality Suites Oceanfront. If you are interested, you can call the hotel at 904-435-3535 and ask for Ofelia Matthews (mention the PTC Running Club) to reserve a room. You can also register for the race online at www.gate-riverrun.com. As anyone who has gone in the past few years will attest, it is a great race and a nice chance to have dinner and socialize with other club members at the beach. Talk to Bill Fuller or George Martin for details.

Beginner's Running Program

Our own Sue Bozgoz will be starting an "open to the public" Beginner's Running Program in concert with the Peachtree City Recreation Department in early March. Classes will be held at Riley Field and will target people who are starting from the very beginning, but want to learn the fundamentals of proper training.

If you know of any good candidates, please pass along the word. Details will be published in the PTC Recreation Dept. Program and Class schedules for Spring 2005, will be on the local "city" cable channel, and will also be seen in the local newspapers as the new program is advertised. Classes will fill up fast, so do your friends a favor and let them know about it now.

PTC Rotary Elementary School Grand Prix Series

The PTCRC has had its own Club Grand Prix for many years. But in 2005 we will see the birth of yet another Grand Prix. This one will be sponsored by the PTC Rotary Club and is designed specifically to help those Elementary schools that are conducting fundraising 5Ks and 1-Mile Fun Runs, to increase their fields as well as the money they raise.

In the future, the Elementary school Grand Prix will run from September until May, following the school year, and will have at least 10 races. But in this the inaugural year, there will be at least 4 races (a 5th is in the works as of press time). The races that are scheduled in the spring of 2005 are Kedron Elementary's "Heart to Heart" 5K on Feb. 12, Oak Grove's "Run for the Gold" 5K on March 16, Huddleston's "Huddleston Hustle" 5K on April 23, and Crabapple's yet-to-be-named 5K on April 30.

So mark your calendars. You could be among the age group winners in the very first PTC Rotary Elementary School Grand Prix Series. And for the infirmed among us, this will be a new opportunity to volunteer as well. See you on the circuit.

ATC 10K/5K

The Atlanta Track Club will host its annual "Peachtree City 10K/5K" on Sat., Jan. 22 starting at 8 a.m. from the Glenloch Recreation Center. The PTC Running Club traditionally provides both volunteers and also a large number of participants. It is a "low-key" race, meaning that if you are an ATC or a PTCRC member, it is a free race, and it is \$5 if you are not. If you are in town, and you don't plan to run, please consider contacting Gene Sedlacko at Esedlacko@yahoo.com to volunteer at this great race. And if you are interested in running, check the ATC Web site at www.atlantatrackclub.org.

Adopt a 10K

We will have our first "Adopt a 10K" trash pickup run from the City Hall at 8 am on Sat., Jan. 15. This is the week before the ATC race, which travels over parts of our normal 10K course, so we want it looking good for the "out-of-towners." Other clubs in town have "Adopt a Mile" events but the PTC Running Club can



PTC running club members took home a host of hardware from the New Hope Harvest Classic 5K. From left, Sue Bozgoz, Overall Women's Open 1st place; Jules Desgain (kneeling), Age Group winner; Nora Rentuillo, Age Group winner; George Martin; Jan Bankieris, Age Group winner; Scott Allen (kneeling), Age Group winner; Prince Whatley, Overall Men's Open 3rd Place; Tom Round, Overall Men's Masters 3rd place; Bill Fuller, Overall Men's Masters 2nd place; and Rene Flaherty, Overall Women's Masters 1st place.

November Meeting Recap *(cont. from page 2)*

Awards and Recognition

Gina Smith was thanked for letting us hold the meeting at the Ashland Grille. George thanked Rose Kempton for being the Classic Race Director and gave her a red vest with the sweatshirt logo for her efforts. Rose has agreed to be Race Director next year with her husband Ron's help.

Program

Joe Stott and Ann Seacrest presented personal stories and information about the Life Link Organ Donor program. They urged us to consider this option on our Driver's License and to share our decision with our family.

New Business

Dave Piet proceeded over the election of the 2005 Officers. The following officers were voted on unanimously with no nominations from the floor.

- President - George Martin
- Activities Vice President - Ed Finucan
- Administrative Vice President - Bob Dalton
- Treasurer - Marino Fuentes
- Secretary - Cathy Olson

Reports by Officers

Treasurer Marino announced that we have \$15,159.08 in the checking account and made \$33,000 income on the PTC Classic Road Race.

Reports from Coordinators

Membership - Joe Wassell reminded us that members renew their membership after Thanksgiving.

Newsletter - Rene Flaherty was thanked for the great issue of the *Legacy* featuring the PTC Classic.

1,000 Mile Club - George reminded members to update mileage in the notebook.

Scrapbook - Rose Kempton and Shannon Phillips need photos for the scrapbook.

Announcements

Ballots were passed out for 5 awards that will be awarded at the Christmas Party. Members submitted names for the Male and Female Rookies of the Year, Male and Female Most Improved Runner and Volunteer of the Year. Rose Kempton thanked her PTC Classic Road Race Coordinators.

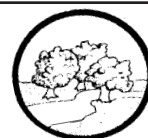
The next meeting is on Monday, Jan. 3, 2005 at the Wyndham Conference Center. Meeting was adjourned at 8:30 p.m.

Sponsor Spotlight

Frank Cawood & Associates (FC&A) is a direct-mail publishing company focusing on consumer self-help books. The company began in 1969 as a one-man enterprise and has grown to include more than 150 employees. FC&A's motto is "Focusing on Customers and Associates" and everyone in the company strives to maintain that focus.

We recognize the need for reliable health information that is easy to understand, so our editorial staff sets high standards for accuracy and simplicity in our health books. They research every topic in medical journals and interview top health professionals to provide up-to-date information that can help you improve your health. Our consumer books are also thoroughly researched to provide the best ways to save time, money, and effort, and our artistic staff is constantly working on unique new designs for our craft books.

This commitment to excellence has made FC&A a forerunner in the direct-mail publishing business — enabling us to sell over 6 million books in the United States, Canada, the United Kingdom, Australia, New Zealand, France, and Germany. We hope to continue this tradition and grow even more in the 21st century.



Peachtree City Running Club
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UPCOMING CLUB EVENTS

JAN 1 GRAND PRIX NEW YEAR'S DAY RUN • JAN 3 CLUB MEETING @ WYNDHAM • JAN 15 ADOPT A 10K RUN • JAN 22 ATC 10K/5K • FEB 5 GRAND PRIX • FEB 7 CLUB MEETING @ WYNDHAM • FEB 12 KEDRON ELEMENTARY 5K