

LEGACY

NEWSLETTER OF THE PEACHTREE CITY RUNNING CLUB

JULY/AUG 2010

HOMETOWN HERO IS HONORED AT THE INAUGURAL ALL AMERICAN 5K

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The Peachtree City Running Club should be truly proud of itself. Many worked hard under the leadership of Race Director Carolyn Gulick to ensure a successful event, one that paid tribute and honor to one of Peachtree City's own. The All American 5K honoring First Lieutenant Daniel Berschinski on May 29, 2010, was an enormous hit thanks to the efforts of the Peachtree City Running Club, numerous citizens, and generous sponsors, of which the running club would like to thank Minuteman Press, for donating all the printing; Ajako, for donating all the awards and flags; Atlanta Cap Company, for donating the hats; L&L Entertainment, for donating the deejay and sound system; and our tee shirt sponsors, Regions Bank, the Tri-Club of Peachtree City, and Cotton Graphics, and the many individuals from the Rotary Club and community.

Carolyn would like to especially thank all the wonderful volunteers. "Due to the last minute response to this event after publicity, many of you changed your plans and came out to volunteer on race day. Thanks to all the committee chairmen and volunteers who helped organize the event and make it run smoothly. Everyone did a great job in representing the Peachtree City Running Club. Working together, we created a morning to remember for Lt. Dan and all our participants. Great job everyone!"

Just a few hundred entrants were expected early on, but by the time race day came, the numbers grew to nearly 1,000. At last report from Carolyn, "We had 260 participants register on race day and 700 register before. With 90 no-shows, we had 870 runners, joggers, and walkers on our course. Our efforts raised close to \$30,000 for the Lt. Dan Berschinski Fund." Not bad at all for an inaugural 5K event!

Bob Dalton captures the running club's emotions very well when he wrote to the club, "It has been quite a journey over the last ten months or so since Lt. Dan Berschinski's wounding in Afghanistan. Since the shock of



*Race Director Carolyn Gulick and Lt. Dan
enjoying the festivities*

learning of his being a combat casualty last August, we have followed him and his family's long road through his miraculous resuscitation, medical evacuation (when it wasn't certain he would even survive), the slow recuperation, continuing surgeries, exhausting rehabilitation, and his eventual resurgence through the blog provided by his older brother Rob. Even though the blog may end, the journey for Dan and his family will continue, and I like to think that with the Peachtree City Running Club as part of his extended family, the story will be one of good news of the triumph of the human spirit over incredible adversity."

Bob reflects, "It was my distinct honor and pleasure to be the MC for Lt. Dan's welcome home ceremony at the PTC City Hall complex on the Saturday of Memorial Day weekend."

The crowd gathered witnessed Dan rise from his chair and walk to the podium on his new legs, truly a wonderful moment. Following are the remarks he made as the guest of honor to the large crowd of well-wishers who gathered to welcome him back home after the All American 5K that morning and then a parade through Fayette County.

Continued on page 4.



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The Legacy is published six times a year — January, March, May, July, September, and November. The deadline for submissions is the third Friday of the previous month. All are welcome to contribute.

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**NEXT DEADLINE:
AUGUST 20**

Club Meeting Highlights



May

President Bill Werling called the meeting to order at 7:30 p.m. at the Dolce Atlanta-Peachtree Conference Center. New members and guests were acknowledged and welcomed by Bill and the club. Congratulations went out to all who had participated and “placed” in various race events during the previous month.

A motion was made and seconded to approve the minutes of the April meeting. The motion carried.

Lists Passed Around

1,000 Mile Club Book

Peachtree Road Race Family & Party Buses

Guest Speaker

Dave Ketelsen introduced the speaker for the evening, E.W. Dempsey. Mr. Dempsey served as a classroom and physical education teacher in Catoosa County, Georgia, for 22 years and is currently the Health Ministries Director for Georgia-Cumberland Conference. With heartwarming stories, research from several Harvard studies, and his own “lived” experience, Mr. Dempsey spoke to us on the value and benefit of regular exercise and strength training to maintain good health and fitness. He complimented our club for our efforts for ourselves and others in the pursuit of good health and fitness.

Reports from Officers

RRCA Convention—Mark Ward gave information he received during his attendance at the RRCA Convention on a new program for the Disney Races. When registering for any of the races, just mention that you are a member of the Peachtree City Running Club, and you will receive many benefits and discounts. Anyone interested in learning more about these opportunities should contact Mark.

Summer Track Classic Series—Bill Werling reminded the group of the Summer Track Classic Series which begins on Tuesday, June 1, at Riley Field. The event will be held each Tuesday from June 1—July 6. The championship events will take place on July 13 and 14.

Newsletter—Bill Werling informed the group that Tamara had foot surgery last week. The newsletter is available on the website.

Other—Bill reported that Joe Domaleski, CEO and President of AIS Solutions Group will be conducting a “shoe fit” test prior to the beginning of our June meeting. Anyone interested in being a part of this research project should arrive at 7:00 p.m. on June 7. For additional information, call 678-464-9016.

Bill congratulated Steve Hancock for the Middle School Championship win.

Club Grand Prix—Mark Hamilton reported that the next Grand Prix for the club will be held Saturday, May 8. The start will be at the library. He also requested that perhaps the club’s October Grand Prix could be changed, since 36 members will be participating in the Bourbon Chase.

Treasury—Bill Anderson was attending the McIntosh awards event, so Bill Werling gave the report: A new \$5,000 CD has been purchased, and the balance for the club’s operating fund is \$12,000.

Sprint for Students—Dave Ketelsen expressed appreciation to the club for assisting with the “Sprint for Students” event. Bill Anderson’s daughter placed first in the female category. Congrats to her.

Party Bus—Dave also informed the group that space on the PTCRC party bus is going fast. Sign up and pay immediately if you want to be on the party bus.

Reports from Coordinators

Annual Golf Tournament—Rose Kempton encouraged the group to participate in the Club’s Annual Golf Tournament. The event is scheduled for Saturday, June 19, at Flat Creek. For additional info or to register, contact Rose at 770-380-5282.

High School Awards—Rose also reported that the club’s high school awards are being given out. Bill Anderson was at McIntosh for their awards event at the time of the club’s meeting.

Boys’ Regional—was held at Sandy Creek on May 4 and 5.

Starr’s Mill’s Girls—won last week.

Elementary School Grand Prix—George Martin reported that the last Elementary School Grand Prix will take place on Saturday, May 8, at Brooks Elementary School.

Rotary Club Awards Luncheon—will be held on June 3. Contact George for additional information concerning the luncheon.

Minutes continued on page 3.



WELCOME NEW MEMBERS!

Eric & Angie Hinkle (Tyrone)
John Early II (Sharpsburg)

Melanie Hamilt (PTC)
Nakita Hogans (Fairburn)



I've always been proud of the Peachtree City Running Club since joining it back in 1988. However, since last Saturday, May 29, I walk a little taller as a member of the club and so should all members. Carolyn Gulick stands just a little taller than the rest of us. We bonded together, put on a race for a wounded soldier, and raised over \$30,000. We should all give ourselves a pat on the back. In addition, it says a lot about the running community in general, when they will come out in large numbers for a first time race. On a personal level, it was very gratifying to see the welcome home given to a member of the Armed Forces, as contrast to the "welcome home" given to those of us who served in a different war at a different time.

Beginning with the race on May 29, we have lots of activity going on with the PTCRC. Every Tuesday in June and through July 13 and 14, we have the Summer Track Classic Series going on at Riley Field. We've had good turnouts the first two weeks, and it should get better. Many of us helped out with the Kids' Triathlon. The monthly Grand Prix along with the annual golf tournament were held on June 19. The six weeks of activity culminates with the Peachtree Road Race on the 4th of July. Don't forget to sign up to work at the expo—call Bonnie Hancock. So there are plenty of chances to help qualify for the 1,000 Mile Club. As usual, the party after the Peachtree Road Race will be held at Dick & Jan Allis' house. Plan on bringing a salad or dessert of your choice, along with an adult beverage if you choose. Tea and soft drinks will be provided by the club.

Finally, please be thinking about the Peachtree City Classic on October 16. We always need a number of volunteers to perform various functions for the race. Being very parochial, I urge you to consider helping out with parking. The bad news is you have to get there early; the good news is you still have time to run the race or help out at some other venue. At any rate, please help out somewhere.

See you on the cart paths!

Minutes continued from page 2.

Cross Country Elementary School Race—George is in need of volunteers for the cross country elementary school race scheduled for May 22. Please contact George to volunteer for the event.

Peachtree City Classic—The status of the Classic is good. Sponsorships are doing well. The latest sponsors are Chick-fil-A and FC&A. This year's PTCRC Classic will be presented by AT&T U-verse; AT&T donated \$10,000 to have this honor. Thanks to all our sponsors and especially to AT&T U-verse for this major contribution.

The sample designs were again on display for this year's Classic tee shirt. All were encouraged to look at and vote on their selection.

All members are encouraged to volunteer for the Classic. The club's "Classic" races will be held the following Saturday.

All American 5K—Carolyn Gulick reported that all is going well with the All American 5K. Volunteers and runners are still needed. Registration forms are still available for distribution. The tee shirts for the event have been paid for by the Rotary Club and Regions Bank. Thanks to the Rotary Club and Regions Bank for their generosity. Carolyn stated that the All American 5K is not costing the club anything. All money collected will be going to the Lt. Dan's Fund.

4th of July Party—Rita Weston reported that the social committee is in the process of accepting "bids" for food preparation for the 4th of July Party. Please contact Rita for further information about the party.

Membership—Bob Dalton reported that as of April 1, 2010, the club has 179 members. The number would be well over 200 if all family members are counted.

Announcements

The next meeting is scheduled for Monday, June 7, at the Dolce Atlanta-Peachtree Conference Center.

Adjourn

With no further business, the meeting was adjourned at 8:42 p.m.

June

President Bill Werling called the meeting to order at 7:30 p.m. at the Dolce Atlanta-Peachtree Conference Center. There were no new members or guests present at the meeting other than the evening's guest speaker. Bill thanked all who came out to volunteer and/or participate in the All American 5K. He read a very heartwarming letter of thanks from Susan Berschinski, the mother of Lt. Dan. She expressed sincere gratitude from Lt. Dan and all of their family for the club's wonderful efforts to benefit Lt. Dan on his road to recovery.

A motion was made and seconded to approve the minutes of the May meeting. The motion was carried.

Lists Passed Around

1,000 Mile Club Book

Peachtree Road Race Expo (July 2 & 3)—Bonnie Hancock reported that there is a need for volunteers to take two-hour shifts for this event. There will be packet pickup this year. No packets will be mailed out unless a mailing fee was paid at the time registered. The expo will take place at The Apparel Mart (downtown Atlanta).

Peachtree Road Race Family & Party Buses—The family bus has 23 seats available. The party bus has two seats available. Dave Ketelsen reminded all bus riders to be at the bus by 5:15 a.m. Departure is at 5:30 a.m. The bus fee is \$8 for members and \$16 for non-members.

Kids' Triathlon—Volunteers are needed for this Saturday's Kids' Triathlon. The event begins at 8:00 a.m. at the Glenloch Recreation Center.

Minutes continued on page 5.

Inaugural All American 5K

First I'd like to thank LTG and Mrs. Miller, Colonel Brian Lien, SGM Buckle, my former coach and a fellow soldier, Commissioner Eric Maxwell, and Mayor Don Haddix, my family, my friends, and most importantly, I'd like to thank everyone else that's here today. The fact that I don't know most of the people that are here today says a lot about the character of this community.

I've spoken with a lot of people since my injury, and one thing I hear a lot is that people think that I have a great attitude and outlook. Well I want to share a funny little story with you that might explain where my good attitude comes from. When I woke up from the induced coma at Walter Reed seven days after getting hit in Afghanistan, I was surprised to find out not that I had lost my legs but that my jaw was broken and had been wired shut. After several days and several major surgeries, I was finally lucid enough to realize that having my jaw wired shut meant that not only could I barely communicate with my nurses and family, but it most significantly meant that I couldn't eat anything other than a total liquid. No solids, no mashed potatoes, not even soups. It was just water, Gatorade, and some broth. So one day, I'm in my hospital room in between surgeries, and my brother is there with me. We were talking, or more accurately, Rob was talking to me, and I was mumbling as best I could, when my dad walked into the room with a McDonald's cheeseburger in his hand. My brother immediately turned to my dad and said, "Dad, are you going to eat that in here right in front of Dan?" To which my dad quickly replied, "Well, you don't seem to mind WALKING around in front of him, so why can't I eat?" So that's a little snapshot of what it's like in the Berschinski family, and I think it's also a telling example of why I've been able to endure this new change in my life.

We all know, however, that good attitude alone isn't enough to get you through life unscathed. Most of us succeed with the help and support of others. I know that is true for me, and my family believes that as well. And nothing makes that more evident than the tremendous amount of support that my family and I have gotten from this community. There's not enough daylight left in the day for me to thank everyone that has helped, but I would like to mention a few people: Rainy Chastaine, who basically got all of this started; Ric O'Brien, who eight years ago gave me my final physical during the application process for West Point, has been a tremendous asset to the steering committee here, and who I am happy to announce has spear-headed a nationwide effort of Harley Davidson riders and dealers with the goal of raising over a million dollars for the Wounded Warrior Project; John Miller, who provided pro bono legal work to set up the donation account; Annie DeRose-Breket, who actually started the account at South Crest Bank; Karyn and Steve Hopkins, who took the time to drive a car all the way up to DC for my parents to use while I was in the hospital; Richard and Martha Segar, who donated "Lt. Dan" hats that embarrass the hell out of me, but many of y'all seem to love; the family friends that created and picked up the donation boxes all over town; everyone that wrote letters, emails, called, and visited (I was on a lot of drugs, and I may not remember exactly what your card said or when you came to visit, but your words meant a lot to me and still motivate me



to this day); and finally, a special thanks goes out to my brother Rob and his fiancée Sabrina. They just so happen to live in DC which means that they had the dubious honor of serving as the defacto base camp for my parents during the first few months of my recovery. The morphine made things hazy, but mom and dad, I remember how nerve-wracked and crazy y'all were, and Rob and Sabrina put up with you and me like champs, so they really deserve some thanks.

I know I've left out a ton of people, and for that I apologize. The most amazing aspect of this community's support is that the support hasn't just come from a few dedicated individuals, but it has come from hundreds of people. I haven't even mentioned the thousands, literally thousands, of letters and messages that I have gotten from people all over this country. Complete strangers, church groups, and entire elementary schools have written to me and have let me know that I am greatly appreciated and cared for. That's huge. It's really been amazing.

And I appreciate all of that, and with my utmost sincerity, I say thank you. Thank you so very much. But this isn't just about me, and it's not just about me having a chance to say thanks. My family and friends who know me best will tell you that I never really enjoy being the center of attention, and it's true, I don't. So this moment, this whole weekend, is a bit much for me to handle. But this weekend isn't just about me. It's actually about the men and women that I reluctantly have come to symbolize. It's about those that have gone before, those that are there right now at this very moment, and those that will go when, despite our best intentions and utmost desire, our country calls on them for more service and sacrifice. This weekend is about all soldiers and servicemen. This weekend is about my soldiers, the platoon that I commanded and trained at Fort Lewis. It's about the dozen or so soldiers who in the late fall of 2008 decided to reenlist despite the fact that our battalion was headed for an imminent deployment, despite the fact that several had already been wounded during previous tours to Iraq, despite

Continued on page 5.

Inaugural All American 5K

the fact that many of those men had beautiful young wives and children that needed them, and despite the fact that I, a brand new platoon leader with absolutely no combat experience, would be leading them in Afghanistan. Those men had a chance to walk away before we left for combat, but I watched each and every one of them raise their hand and promise to continue to fight for this nation.

This weekend is about my forward observer Jonathan Yanney, 20-year-old Jonathan Yanney of Litchfield, Minnesota. As my forward observer, I trusted Yanney to talk to the helicopters that made gun runs dangerously close to my platoon. I trusted Yanney to talk to the artillery that shot rounds over our heads and into the enemy positions. And in return, Yanney trusted me to make the decisions that would control his life in a combat zone. And so on August 18, 2009, seven or eight hours before I stepped on the explosive that took my legs, third platoon of my battalion's alpha company was ambushed about a thousand meters away from my platoon's position. Yanney trusted me to lead our platoon to third's position so that we could reinforce them in their fight. I took Yanney's and the rest of my platoon's trust, and I led my men away from town and into a pomegranate orchard. I sent a squad across a small footbridge, waited for them to get into position, and then I moved across the bridge with my radio-man walking right next to me and Yanney walking, as every good infantryman knows to do, 3-5 meters behind me, close enough to get to me should I need him to call in support but far enough away to not take out another soldier should an explosion occur under or near Yanney. And that's where Yanney was, 3-5 meters behind me, when he stepped on the trigger of an improvised explosive device. Within a hundredth of a second, the front half of my platoon was thrown face down into the Afghan dirt, and Yanney and his trust were taken away. Forever.

This weekend is about SFC McClosky of Fayetteville. This weekend is about LT Robert Collins of Tyrone. This weekend is about everyone that's ever been willing to put personal concern aside for the sake of our nation and our fellow brothers in arms.

So again, I thank my family, friends, and community for everything that you've done for me and for the others that are much more deserving than I. If I can ask one more favor of this community, I ask that the focus of this weekend, from this very moment on, not be on me but rather be on all of my brothers and sisters that have made a sacrifice for our nation. Duty, Honor, Country. Thank you.

To see a video of Dan's Homecoming Speech, visit
www.youtube.com/watch?v=iWhCZXD1oII



Dear Peachtree City Running Club,

I've written a lot of thank you notes over the past nine months but none more heartfelt. When Carolyn Gulick said that the decision had been made to sponsor a race in Dan's honor and that she would be the race director, I knew we would be in the best of hands.

The race Saturday exceeded any expectations we had. Daniel had a great time greeting friends, meeting supporters, and passing out the medals. The number of volunteers, the racers and walkers themselves—it was an event to be proud of and a great way for us to start Daniel's Homecoming Day.

We are just coming to terms with what Daniel has known for quite a while—his recovery will take a long time. The funds you have raised will give him some valuable flexibility during his transition to living a full and independent life.

Thank you so very much,

Susan

Susan Berschinski,
for the Berschinski Family
601 Lakewood Lane
Peachtree City, GA 30269

Minutes continued from page 3.

Guest Speaker

Dave Ketelsen introduced the speaker for the evening, Garrett Freeman, a Physician's Assistant and Skin Care Specialist. He gave a very interesting and insightful presentation on skin cancer and sun protection to avoid skin cancer. He encouraged us to be sure to protect against sun rays by using caps/hats, sunscreen, sun block, and to be sure to always protect our lips and ears in the sun protecting process. He encouraged us to enjoy the outdoors but find as much shade as possible.

Joe Domaleski introduced Mike Constantino of the Big Peach Running Company. The Big Peach Running Company and Joe's Company, AIS, have partnered and were at the meeting to conduct a "shoe fit" test on eight PTCRC Members.

Reports from Officers

Treasury—Bill Anderson reported that to date, he has received \$4,150 for the Classic. There is currently a surplus of \$2,200 in the treasury as opposed to an \$8,800 2009 deficit. He recently purchased another \$5,000 CD. All is well with the treasury to date.

Reports from Coordinators

All American 5K—Carolyn Gulick, race director, reported that about 1,000 registered for the event, about 800 walked or ran in the event, and final income for the Lt. Dan fund should be about \$30,000. She thanked the club for their fantastic efforts at helping make the first All American 5K a successful venture. Thanks to you Carolyn for your untiring efforts at orchestrating the event.

Elementary School Grand Prix—George Martin presented Rotary Grand Prix Awards to all who were not able to attend the Rotary's

Minutes continued on page 6.

New Member Profile *By Bob Dalton*

Busy mom of four boys finds time to run



Michelle Villars and Family

Michelle Villars has only gotten serious about running in the last four years but has already accomplished a lot. With a couple of half marathons (Atlanta – 2:17 and Disney – 2:09) and races of shorter distances under her belt, she has also taken on the triathlon as well. “I enjoy the challenge of the three events. I have done several sprints and one Olympic distance (the PTC Tri last year). This year I am going to do my first half Iron Man at Augusta in September. Should be fun!”

She goes on to say, “I’m contemplating doing my first full marathon this year, the inaugural Soldier Marathon at Fort Benning in November—we shall see...mainly focusing on the half Iron Man in September and maybe a full marathon after that.” Pretty confident words coming from this mother of four and self described “Army Brat” who was born at Fort Benning. But she knows of what she speaks because she has accomplished all of her athletic goals to date and aims to keep her streak going.

When asked about her profession, Michelle, 42, a resident of Fayetteville for the past nine years, responds “Mom to four boys! Need I say more? Our oldest, Levi, just enlisted in the United States Army; our twins, Joshua & Caleb, are 12, and we home school together; and my youngest, Andrew, is 7 and is also homeschooled. We stay very busy, but I wouldn’t want it any other way. I am relatively new to running, started up a few years ago, and look forward to time with friends while we chat and run.”

She graduated from Troy State University in Alabama with a BS in Marketing, and her husband, David is a manager with AT&T. Michelle’s athletic achievements must have been an inspiration for her husband because he will be running his first Peachtree 10K this year with Michelle alongside of him. This will be her fourth consecutive one.

Michelle says her most unusual running experience was “Running with Jill Lego one early morning around the lake. We came upon a teenaged boy, walking towards us with a very tall “cat-in-the-hat” type hat on and a suit coat with tails. It was dark so we couldn’t get a good view of the total outfit – but it was “interesting” to say the least! That’s when you are glad to run with the ‘buddy system’.”

Her most memorable running experience was “my second Peachtree Road Race in 2008 – dehydrated and ended up in the medic tent after finishing! NOT fun!”

In addition to training for races and triathlons, Michelle enjoys scrapbooking and activities with her boys. She enjoys running because “I have a great group that I run with and enjoy spending time with them. They motivate me to push myself more.” And she joined the running club because “All the cool people were doing it!”

A ringing endorsement for the club if ever there was one, especially now that Michelle is a member. How cool is that?!?

Minutes continued from page 5.

June 3 luncheon. He also informed the group that this season’s Rotary Elementary School Grand Prix Series had about 2,600 participants and raised over \$100,000. Over the 6 years the event has been going on, the series has raised over \$500,000. Thanks to all who continue to support the Rotary’s Elementary School Grand Prix Series.

4th of July Party—Rita Weston needs volunteers to help set up for the Peachtree Road Race “after party.” Check email for additional details. Everyone should bring a salad or desert. The club will provide the main course. It will probably be barbecue provided by Julio.

PTCRC’s Summer Classic Track Series—began Tuesday, June 1, and will be held each Tuesday evening through July 6. The Championship Series will be held on July 13 and 14. Registration begins at 6:00 p.m. Events begin at 6:30 p.m. Members are encouraged to participate and volunteer. The event is opened to runners of all ages.

Adventist Race for Health—Dave Ketelsen’s church will be sponsoring an Adventist Race For Health 5K & 10K on Sunday, June 27, at 7:00 a.m. in Centennial Park. Registration forms were available at the meeting. For further information, contact Dave.

Peachtree City Classic—The tee shirt design is complete. Flyers for the Classic should be available at the Peachtree Road Race Expo.

Club Grand Prix—Mark Hamilton named Grand Prix winners and distributed awards. The next Grand Prix will be held on June 19. It will be a Trivia event.

Annual Golf Tournament—Rose Kempton reported on the status of the June 19 PTCRC’s Golf Tournament. Teams are being formed as well as individual registrations. She does need handicaps from participants. She’d like to have at least 12 teams. There are about seven to date. The tournament begins at noon at Flat Creek.

Ronnie Godwin Memorial Scholarships—Rose also expressed sincere appreciation from the high schools that were recipients of the Club’s Scholarship Awards.

Announcements

The next meeting will be an informal one at the 4th of July Peachtree Road Race “after party.”

The August meeting will be at Partner’s II Pizza on Tuesday, August 3—fun run at 6:00 p.m.; meeting at 7:00 p.m.

Adjourn

With no further business, the meeting was adjourned at 8:34 p.m.

Racing News

9th Annual Army Hooah 10K

By Bob Dalton

The 9th Annual and final Army Hooah 10K race took place on Saturday, 12 June, at Fort McPherson. With the humidity at a nearly suffocating level that one could almost cut with a knife, approximately 300 runners took off at precisely 0800 when the signal was given to start the race from the Georgia International Convention Center. The mostly flat course headed north straight up Main Street all the way to the side gate at Fort McPherson. Then it was 3/4 of the way around Hediken Parade Field and through the finish chute. There were several heat casualties afterwards due to the oppressive temps, and it showed in the relatively slow times.

The Fort McPherson Army Ten Miler Team and the Peachtree City Running Club turned out in force to test their mettle against the heat and humidity. The Fort McPherson Team took first in the Military Team Division. This was their fifth consecutive win, and they have won six out of the last seven years. Several team members won age group awards as well. The PTCRC team made a respective showing in the Civilian Division taking third overall by a narrow margin. They won the best dressed award, however, decked out in camouflage shorts and skirts and sporting patriotic decals.

This was the final Army Hooah Race as the sponsor, U.S. Army Reserve Command, will be busy moving to Fort Bragg next summer with the closure of Fort McPherson. Army Ten Miler Team Coach Bob Dalton said, "This was the first team race of the season, and it is really encouraging to see the hard work paying off in these team competition results. We will be doing more of these races throughout the summer as we continue to prepare for the Army Ten Miler in October. It's a bittersweet ending to a wonderful era here as we compete in these races one last time before the move to Shaw AFB next year."

Military Team Results (low score wins)

Fort McPherson Road Racers	108
Shhh, JAG & IG Just Ran In	261
USARC G8	336

Fort McPherson Road Racers & Army Ten Miler Team Individual Results

Mr. Bob Dalton	39:07	1st Place Grd Mstr
Mr. Mike Dunn	41:03	1st Place AG
LTC John Ruibal	41:24	2nd Place AG
COL Tim Collins	43:21	6th Place AG
COL Brian Lein	43:50	7th Place AG
CPT Ricardo Buitron	46:24	5th Place AG
LTC Roger Glenn	48:04	9th Place AG
MAJ Amanda Azubuike	51:05	4th Place AG
CW2 Lea Krall	51:15	
MAJ Willie Rodney	51:30	
CPT (P) Nikki Blystone	53:31	1st Place AG
CPT Regina McClaurin	55:36	4th Place AG
MAJ Robert Hobbs	1:14:38	



From left to right: CPT Blystone, MAJ Azubuike, CPT Buitron, CPT McClaurin, MAJ Hobbs, CW2 Krall, Mr. Dalton, and LTC Glenn—Not pictured: LTC Ruibal, COL Collins, COL Lein, and MAJ Rodney

Civilian Team Results (low score wins)

Clayton State Track Club	39
Verizon Wireless	84
Camo Skirt Girl (PTCRC)	100

Camo Skirt Girl (PTCRC) Individual Results

Mark Greiner	41:57	2nd Place AG
Vern Schmitz	46:37	9th Place AG
Holly Anderson	46:54	1st Place AG
Bill Fuller	47:49	2nd Place AG
Gina Bolen	47:50	3rd Place AG
Steven Bothe	39:29	1st Place AG
Steve Scoleri	52:17	6th Place AG
Ed Vise	49:14	3rd Place AG
Wes Wilkins	47:05	10th Place AG
Connie Wernersbach	50:45	1st Place AG



From left to right: Connie Wernersbach, Vern Schmitz, Holly Anderson, Mike Scoleri, Gina Bolen, Mark Greiner, Steven Bothe, kneeling Bill Fuller—Not pictured: Ed Vise and Wes Wilkins

50 State Girls—Flying Pig or Soggy Pig?: Ohio

By Kim Ruple



Kim and Pat at The Flying Pig Expo, in Cincinnati, Ohio

The 50 State Girls were finally able to add another state to their list, Ohio. We were only able to add two states due to permit issues in South Dakota, and snow closed the Atlanta airport to Austin, Texas, which caused us to miss two of the new states we scheduled for this season. Michigan, North Carolina, and Texas are on the slate for next season. Maybe we'll have better luck.

If you've never participated in the Flying Pig, you are in for an enthusiastic experience—months, weeks, and days before the race. You'll be added to the periodic "Squeal" email, which gives you encouragement and the latest news on the event. They do an outstanding job of making sure you are well informed and up to speed covering a range of topics such as "The Pump N' Run" competition, parking, the special airport greeters, and the special tattoo booth at the Health and Fitness Expo. It's a short flight to Cincinnati (You actually fly into northern Kentucky.) and easy to get around, especially with a rental car.

Pat and I reached the Westin, a short three miles from the expo and one mile from the start/finish "Swine." We were greeted at the airport by a special "Pig Greeter" then at the hotel with a Latin festival celebrating Columbian, Panamanian, and Mexican cultures. The festival featured music, food, and games, which couldn't be dampened even with the pouring rain. It went late into the night and carried on into the next day. Be careful of getting a room nearby if you are a light sleeper!

The expo was varied and well attended. The race organizers provided a goodie bag, which had samples, a colorful technical tee shirt, a race poster memorializing the race, and a great embroidered work out bag. For a small charitable donation, you could get an air brushed

"Flying Pig," or you could hone your cross training skills and compete in the "Pump N' Run" competition hosted by the Lord's Gym. See the Flying Pig Marathon web site for more details.

The race started at an early 6:30 a.m., and thankfully wasn't delayed by the rain and lightning. (Nashville Rock 'n' Roll was shut down early the previous week due to inclement weather.) Twenty-eight thousand runners began at a mass start in the pouring rain, some even sported umbrellas or umbrella hats. The atmosphere was very festive. The course wound through town, over several bridges, and ended back at the stadium. The "Swine Line" was followed by a post-race party with food, music, and about 20 vendors who braved the weather. It is definitely a race to run negative splits as the hills are front loaded, and the last several miles are through town with lots of cheering spectators.

After completing the race and taking a little recovery nap, Pat and I headed to Graeter's for some fabulous ice cream—yep indulgence with NO guilt...We JUST DID 26.2 miles! We continued with our recovery training by walking the Cincinnati Zoo the next day. If you ever get a chance and like zoos, it is a MUST see, hosting some unique animals like the Sumatran Rhino and White Tigers.

Looking forward to next season and adding some more states. Run on and have fun.

RUNNER ROUND UP

Steven Bothe

Country Music Half Marathon—1:26:50 (65th)

ATC Hearts & Soles 5K - 18:55 (2nd AG)

Kim Ruple

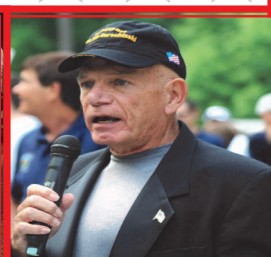
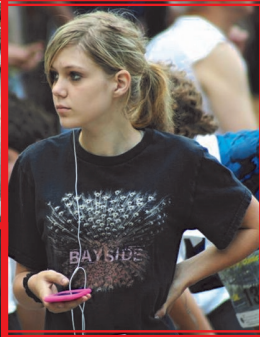
Flying Pig Pump N' Run—3:04:36 (1st)



Kim reports, "The Flying Pig Pump N' Run is run by the Lord's Gym, and you couldn't meet a nicer group of guys. They are very encouraging and really get you motivated." This event encourages cross training. The benefit to Cincinnati is the registration is donated to help people in the city. The way the competition works is you have to bench press a % of your body weight (determined by gender/age). After you finish the bench press, you then do bicep curls. For each bench press you do, they subtract two minutes from your time with a cap. In this case, Kim's time of 4:04:36 and 30 bench presses of 50% of her weight gave her first in the women's. They also have strongest runner (M/F) which equals # of bench presses x weight + # curls x weight.



Inaugural All American 5K





Inaugural All American 5K





Inaugural All American 5K



Grand Prix Events & Results

May/Event 5—3-Person Solve the Clues Run

PLACE 1 - PTS 100

Carolyn Gulick
Normer Adams
Bill Anderson

PLACE 2 - PTS 90

Tim Covert
Jan Bankieris
Chuck Garwood

PLACE 3 - PTS 80

Dave Piet
Carol Hamilton
Martha Boone

PLACE 4 - PTS 70

Ann Henderson
Todd Hamill
Bill Everage

PLACE 5 - PTS 60

Teri Besch
Jill Lego
Ryan Hamill

PLACE 6 - PTS 50

Michelle Villars
Jordan
Bill Fuller

PLACE 7 - PTS 40

Jane Hamilton
Kim Ruple
Vern Schmitz

PLACE 8 - PTS 30

Nancy Hamill
Trish Vlastnik
Mike Lankford

PLACE 9 - PTS 20

Pat Cote-Miles
Steve Hancock
Greg Cox

PLACE 10 - PTS 10

Ann Shoemaker
Hannah Hancock
Jake Hancock

PLACE 11 - PTS 5

Bill Whitehouse
Gary Kolb
Brady Hamill

PLACE 12 - PTS 5

Bonnie Hancock
Margie Dam
Adam Shoemaker

June/Event 6—10K Trivia Run

Women 50 and Under

PL	RUNNER	CORRECT ANSWERS	GRAND PRIX PTS
1	Jane Hamilton	16	95
1	Leslie Hassell	16	95
2	Michelle Villars	10	80

Women 51 and Over

PL	RUNNER	CORRECT ANSWERS	GRAND PRIX PTS
1	Martha Boone	22	100
2	Trish Vlastnik	14	90
3	Lavon McCord	9	80

Men 51 and Under

PL	RUNNER	CORRECT ANSWERS	GRAND PRIX PTS
1	Adam Shoemaker	20	100
2	Bill Anderson	17	85
2	Bill Everage	17	85
3	Wes Wilkins	16	70
4	Vern Schmitz	14	60
5	Kith Burkingstock	13	50
5	David Villars	13	50
6	Tim Covert	12	25
6	Dave Salisbury	12	25
7	Robby Hurd	11	15
8	Rusty Burns	—	10

Men 52 and Over

PL	RUNNER	CORRECT ANSWERS	GRAND PRIX PTS
1	Jerry Shoemaker	21	100
2	Chuck Garwood	18	85
2	Mike Lankford	18	85
3	Bob Dalton	17	70
4	Normer Adams	16	55
4	Dave Piet	16	55
5	Ed Vise	14	40
6	Marino Fuentes	12	30
7	Cal Daley	11	20
8	Bill Whitehouse	10	10
8	David Gulick	—	10
8	John Waterhouse	—	10
9	James Diffenderfer	7	5
9	Ben Gross	—	5

2010 Grand Prix YTD Results

Women 50 and Under

PL	RUNNER	PTS	PL	RUNNER	PTS
1	Michelle Villars	395	7	Chris Chiong	190
2	Jane Hamilton	325	8	Steve Hancock	155
3	Lisa Mathews	215	9	Steve Bothe	145
4	Leslie Hassell	175	9	Shane Carpenter	145
5	Ann Port	100	10	Jake Hancock	115
6	Beth Redmond	95	11	Kith Burkingstock	105
7	Kim Bramblett	90	12	Hal Wolf	95
7	Katie Eldwell	90	13	Shawn McKinnon	90
7	Hannah Hancock	90	14	Greg Cox	75
8	Teresa Moore	80	14	Todd Hamill	75
8	Brandi Osse	80	15	Mark Ward	65
8	Nora Elwell	80	16	Gary Meyer	60
8	Carol Hamilton	80	16	Ryan Hamill	60
9	Jennifer Lawrence	70	17	Jordan	50
10	Leslie Salinski	60	18	David Villars	40
10	Kim Ruple	60	19	Mike Cash	30
10	Jill Lego	60	19	Tom Red	30
11	Anastasia Walker	45	20	Dave Salisbury	25
11	Amy Arnold	45	21	Robby Hurd	15
11	Bonnie Hancock	45	22	Todd Davison	10
12	Penny Carpenter	35	22	Rusty Burns	10
13	Nancy Hamill	30	23	Tracey Moore	5
14	Brook Clem	20	23	Ryan Kennedy	5
15	Ashley Baldwin	10	23	Scotty Redmond	5
16	Valerie Reynolds	5	23	Brady Hamill	5

Men 52 and Over

PL	RUNNER	PTS	PL	RUNNER	PTS
16	Mary Catherine D.	5	1	Chuck Garwood	425
16	Rachel Jones	5	2	Normer Adams	380
16	Kelly Michell	5	3	Mike Lankford	335
			4	Dave Piet	325
			5	Marino Fuentes	290
			6	Jerry Shoemaker	270
			7	Gary Kolb	225
			8	Jules Desgain	220
			9	Bill Fuller	185
			10	Cal Daley	175
			11	Bob Dalton	170
			12	Bob Trombly	140
			13	Ed Vise	115
			14	Dave Olson	60
			14	Dan Flaherty	60
			15	Lou Boone	55
			15	Ben Gross	55
			16	Scott Allen	50
			17	Tom Round	25
			17	Bill Whitehouse	25
			18	Tom Crofton	20
			18	David Gulick	20
			19	Dick Allis	15
			20	Jim Crowley	10
			20	Patrick Kearns	10
			20	Ron Kempton	10
			20	Bill Werling	10
			20	John Waterhouse	10
			21	Von Woods	5
			21	George Martin	5
			21	Lynn Fairley	5
			21	Joe Wassell	5
			21	Dave Kennedy	5
			21	James Diffenderfer	5

Men 51 and Under

PL	RUNNER	PTS
1	Adam Shoemaker	405
2	Bill Anderson	365
3	Vern Schmitz	305
4	Bill Everage	250
5	Tim Covert	210
6	Wes Wilkins	205

1,000 Mile Club

NAME	YRS IN 1,000 CLUB	MILES	MTGS	VOL	JACKET	SIZE
20,000 MILE CLUB						
BILL WERLING	21	613	6	6	NO	
15,000 MILE CLUB						
MARTH BOONE	18	528	3	1	NO	
BILL FULLER	17	720	3	0	NO	
SUSAN MILLS	17	242	3	2	NO	
TERI BESCH	16	627	4	4	NO	
CAL DALEY	16	415	2	1	NO	
VALERIE REY-	16	120	1	0	NO	
JOE WASSELL	16	128	2	0	NO	
MARGIE DAM	15	562	?	0	NO	
DAVE PIET	15	560	3	0	NO	
10,000 MILE CLUB						
BOB DALTON	14	1,047	5	3	15,000	?
FRED PORT	14	566	1	0	15,000	LG
ANN SHOE-	14	614	3	6	15,000	ME
JERRY SHOE-	14	360	3	3	15,000	ME
BILL ANDERSON	13	678	4	2		
JULES DESGAIN	13	430	2	1		
ROY ROBISON	13	550	4	2		
BONNIE HAN-	11	405	4	3		
STEVE HAN-	11	425	4	3		
NORMER ADAMS	11	100	1	0		
TRISH VLASTNIK	11	524	1	0		
ANNE PORT	10	578	1	0		
CARYLE ROBL-	10	542	2	0		
5,000 MILE CLUB						
DICK ALLIS	19	606	2	0	10,000	XL
JAN BANKIERIS	8	311	1	0		
MARINO	8	515	4	1		
MARK HAMIL-	8	527	3	2		
CATHY OLSON	8	514	4	3		
LOU BOONE	7	380	1	0		
TODD DAVISON	7	115	1	0		
JOHN MROSEK	7	148	1	0		
BOB SMITH	7	562	3	2		
MICHAEL WAR-	7	600	1	5		
BERNICE WAS-	7	484	3	1		
RITA WESTON	7	310	5	1		
BILL EVERAGE	6	702	2	1		
PATRICK	6	297	2	0		
TOM ROUND	6	496	4	2		
CONSTANCE	6	602	5	9		
MARK WARD	6	421	1	0		
WES WILKINS	6	183	2	1		
RENE FLAHERTY	5	558	2	0		
JANE HAMILTON	5	658	2	1		
ROSE KEMPTON	5	300	1	1		
DAVE KETELSON	5	564	5	1		
GEORGE MAR-	5	325	2	1		
LISA MATHEWS	5	448	3	1		
SHANNON	5	500	?	0		
JOHN WATER-	5	598	4	2		
HAL WOLFE	5	305	2	0		
1,000 MILE CLUB						
TERESA MOORE	4	270	3	3	5,000	SM
ANASTASIA	4	550	3	2	5,000	ME
PAT COTE-	3	527	3	2		
JAKE HANCOCK	3	400	4	3		
KIM RUPLE	3	675	5	2		
ED VISE	3	377	3	0		
RAY BESCH	2	581	3	1		
RUSTY BURNS	2	1,002	2	0		
TIM COVERT	2	492	5	2		
BRANDI OSSE	2	505	4	3		
BETTY SMITH	2	433	3	2		
VON WOODS	2	463	2	2		
HOLLY ANDER-	1	664	1	0		
KITH BURKIN-	1	485	4	0		
CHRIS CHIONG	1	622	4	0		
TAMARA	1	217	2	0		
TRACEY MOORE	1	220	3	2		
NATHAN	1	210	1	0		
1,000 MILE CLUB ENROLLEES						
STEVEN BOTHE	0	862	2	1	1,000	XL
MITCH BUTLER	0	670	4	2	1,000	XL
CHRIS CASH	0	95	3	0	1,000	XL
MICHAEL CASH	0	465	3	0	1,000	LG
CHRIS	0	79	2	0	1,000	ME
WENDY	0	78	2	0	1,000	ME
JOHN GRAFMIL-	0	25	1	0	1,000	XL
TODD HAMILL	0	360	2	0	1,000	LG
MELANIE	0	425	1	0	1,000	SM
JOHN JAMES	0	88	1	0	1,000	XL
WILL JAMES	0	18	1	0	1,000	ME
DAVID KEN-	0	452	5	1	1,000	XL
RYAN KENNEDY	0	647	5	2	1,000	ME
MIKE	0	666	6	5	1,000	LG
JENNIFER	0	415	2	1	1,000	ME
DOUG LEGO	0	167	1	0	1,000	LG
JILL LEGO	0	104	1	0	1,000	ME
LAURIE	0	125	1	0	1,000	SM
KELLEY	0	115	1	0	1,000	ME
KIM PROFFITT	0	65	1	0	1,000	SM
SCOTT	0	65	1	0	1,000	XL
ADAM SHOE-	0	450	2	1	1,000	LG
MICHELLE	0	140	1	0	1,000	SM
GARY VOIGT	0	650	1	0	1,000	?

HISTORY OF THE 1,000 MILE CLUB

The idea for the 1,000 Mile Club was conceived in 1989 by then Peachtree City Running Club President Nora Weed. The first jackets were presented by Santa Claus at the 1989 Christmas party at the Christ Our Shepherd Lutheran Church. Since then, the club has presented more than 170 jackets to members who have met the minimum qualifications. The 1,000 Mile Club also includes 5,000, 10,000, 15,000, and 20,000 Mile Awards.

The 1,000 Mile Club is one of the Peachtree City Running Club's most popular programs and helps promote fitness, volunteer activity, and club participation.

1,000 MILE CLUB REQUIREMENTS

To qualify for a 2010 1,000 Mile Club Jacket and/or certificate, the following requirements must be met by a PTCRC member:

- 1.) Run and/or walk at least 1,000 miles between the 2009 and 2010 PTCRC Christmas party.
- 2.) Participate as a PTCRC volunteer (not participant) in at least three (3) events between the 2009 and 2010 PTCRC Christmas party.
- 3.) Have at least three (3) mileage updates published in the Legacy between the 2009 and 2010 PTCRC Christmas party.
- 4.) Attend at least three (3) club meetings between the 2009 and 2010 PTCRC Christmas party.
- 5.) For the 5,000/10,000/15,000/20,000 Mile Clubs, you must have qualified for the 1,000 Mile Club for 5, 10, 15, and 20 years respectively. Years need not be consecutive.
- 6.) The deadline for signup for year 2010 is the May club meeting.
- 7.) An application MUST be completed at a PTCTC meeting.

If you have any questions about the program, please contact the 1,000 Mile Club Coordinator, Roy Robison at croyrun@comcast.net.



Summer Track Classic Series



Ronnie Godwin Memorial Scholars



Leigh Karas, Carl Eifert, Bill Anderson, Ally Montemurro, and Andrew Graham



Jackie Sample and Warren Enriquez with Rose Kempton

Sandy Creek HS

*Ross Logsdon
Shelby Bolling
Derek Wojcik
Sushannie*

Starr's Mill HS

*Molly Musselwhite
Jackie Sample
Warren Enriquez
Justin Gilbert*

Fayette County HS

*Cory Smith
Raven Moore
Rachel Shirey
Kenneth Northrop*

McIntosh HS

*Andrew Graham
Ally Montemurro
Leigh Karas
Carl Eifert*

Whitewater HS

*John Grafmiller
Kalen Baham
Sean Plunkett
Mary Frances Roberts*



Rose Kempton with Mary Frances Roberts and her father Jimmy Roberts



Sean Plunkett, John Grafmiller, Mary Frances Roberts with Rose Kempton

Each year, the Peachtree City Running Club honors students from five Fayette County high schools with the Ronnie Godwin Memorial Scholarship. From each of these schools, one boy and one girl from both the track and cross country programs are honored. This season's Rotary Elementary School Grand Prix Series had approximately 2,600 participants and raised over \$100,000. Over the 6 years the event has been going on, the series has raised over \$500,000. This year's recipients are listed above. Congratulations to all the Ronnie Godwin Memorial Scholars!

Ronnie Godwin was a charter member (1981) of the Peachtree City Running Club. Ronnie was one of those people who seemed to know everyone in the crowd. At races, he would go out of his way to talk with or help someone who appeared in need of a friend or who needed help.

Ronnie served as the club's Vice President (Admin and Activities VP were combined) in 1983. The following year, he was elected President and simultaneously served as the Classic Race Director (a big job even then).

Ronnie pioneered the sport of triathlon in Peachtree City. Ronnie was a fine runner (10K times in the 30s) who got interested in triathlons in 1981. His dream was to compete in the Ironman Triathlon in Kona, Hawaii. His dream was realized in 1983. Ronnie and a small contingent traveled to Kona, and Ronnie became the first individual from Peachtree City to complete the Ironman. The succeeding two years, he went back to Kona and supported two good friends who also competed in the Ironman. Ronnie is shown at right inset just after he completed the Ironman World Triathlon Championship in Kona, Hawaii in 1983.

In 1984, Ronnie became ill and was subsequently diagnosed with lymphoma. He ran for as long as his body would let him. Ronnie passed away in July of 1986 and left behind his wife Pat, his son Joey, his daughter Tracy, and hundreds of grieving friends.

Ronnie was an invaluable asset to the PTCRC. He epitomized the friendship and inter-relationships that are still trademarks of the club today. His legacy continues each year when the club honors young high school athletes with the presentations of the Ronnie Godwin Scholarships.



PTCRC Golf Tournament



Team Conner



Team Fuentes



Team Gulick



Team Hamilton



Team Hedgehog



Team Lego



Team Martin



Team Robison



Team Schmidt



Team Shoemaker



Team Trout



Team Veclotch

Summary of the golf tournament awards can be found on page 17.



Club News & Announcements

PTCRC Golf Tournament Results

1st Place

Team Fuentes

2nd Place

Team Lego

3rd Place

Team Hedgehog

Best Dressed

Team Fuentes

Straightest Drive

Paul Blaum

Closest to the Pin Back 9

Alex Cunningham

Closest to the Pin Front 9

Vern Schmitz

Longest Drive

Mark Gray



PTCRC 4th of July Picnic & Party

Once again the "after party" will be held at Dick & Jan Allis' house at 202 Camp Creek Trail in Peachtree City from 1 p.m. to 4 p.m.. Please bring a covered dish, salad, or dessert of your choice to share, along with an adult beverage if you choose. Barbeque from Shane's Rib Shack, along with tea and soft drinks will be provided by the club. There will also be an informal meeting.

For more info, please contact Rita Weston at rita.weston@sita.aero

Rotary Elementary School Grand Prix Series Awards

The 6th Annual Rotary Club of Peachtree City awards luncheon was held on June 3 at the Wyndham Conference Center in Peachtree City. Oak Grove Principal and PTCRC member Bonnie Hancock addressed the Rotary Club of Peachtree City extolling the benefits of the 15 Elementary School races and also the daily "running clubs" at over 12 Fayette County Elementary schools. Winners for all age groups in the Rotary Elementary School Grand Prix Series received a complimentary lunch and a custom plaque with their own photo imbedded in the plaque to commemorate their accomplishments over the past nine month race season. In order to be eligible, runners needed to have participated in at least 4 of the 15 events, and many of these runners ran in 8 or more of the races. Way to go winners! Next year's series of 15 races begins on September 11 and goes through the entire school year. Come on out to join us. It's a great way to stay fit and support our local schools.



Bonnie Hancock, Oak Grove Principal & PTCRC member



Award winners at the annual luncheon of the Rotary Club of Peachtree City

Club News & Announcements

Barefoot Ken Bob Saxton's Barefoot Running Workshop Tour

Despite the threat of storms, approximately 40 people turned out for Ken Bob's Barefoot Running Workshop on May 31 at Drake Field in Peachtree City. Instruction on safe barefoot running technique was given followed by a 1 then 3.5 mile barefoot run. The event was sponsored by the Barefoot Runners Society, Inc., a national non-profit barefoot running club with over 460 members and counting.



Note from the Newsletter Editor

With the completion of this issue will be my one year anniversary as Newsletter Editor for the PTCRC. Each edition requires much time and effort to produce a club-worthy piece. It is time consuming yet rewarding all at the same time. I cannot do this work alone. It requires input from many of you in the way of photos, race reports, race results, adventures in running, etc. I would like to take this opportunity to thank those individuals who contribute to its contents to make each edition colorful, informative, and entertaining. Of special note are Bob Dalton, George Martin, and Bill Werling, who contribute in many ways edition after edition, and despite my many questions, have remained kind throughout. Thanks you guys!

Tamara Gerken

Upcoming Club Events

Sunday, July 4—Peachtree Road Race & July 4th Family Picnic w/ informal club meeting following

Tuesday, July 6—Summer Track Classic Series starts at Riley Field/Peachtree City Elementary School—Registration begins at 6:00 p.m. with the first event kicking off at 6:30 p.m. (Please visit club's website for further details.)

Saturday, July 10—Club Grand Prix/Water Balloon Race at the Peachtree City Library at 8:00 a.m.

Tuesday, July 13—Summer Track Classic Championship (Please visit club's website for further details.)

Wednesday, July 14—Summer Track Classic Championship (Please visit club's website for further details.)

Tuesday, August 3—Club Meeting at Partner's II Pizza—Fun Run at 6:00 p.m.; meeting at 7:00 p.m.

Saturday, August 7—Club Grand Prix/Poker Run at the Peachtree City Library at 8:00 a.m.

Upcoming Georgia Races & Events

Peachtree Road Race 10K & Bus Info—07/04/10

If you have reserved a seat on either bus but cannot make it, please inform Dave Ketelsen ASAP at dgketelsen@numail.org or 678-416-9171, so he may give your seat to those on the waiting list. As in the past, there will be two buses, a “party” bus and a “family” bus. The family bus will be alcohol free. The buses will depart from McIntosh High School’s parking lot NO LATER THAN 5:30 a.m. on Friday, July 4. You should plan on being aboard by 5:15 a.m. Runners will be dropped off near the start at Phipps Plaza/Lenox Square and be picked up near the assembly area at the Civic Center. Maps of the specific assembly point will be passed out on the bus that morning. We usually arrive back in PTC before noon. The annual club picnic will follow.

3rd Annual Toga Trot—08/28/10

This year’s Toga Trot will begin and end at the Dolce Atlanta-Peachtree Conference Center on Saturday, August 28, on a newly certified course. This is the ONLY chance you will have to come out and run in a Toga without getting arrested! Proceeds are divided between the Rotary’s Polio Plus Foundation set up to eradicate polio from the world and ASCAPA’s scholarship fund. It’s a lot of fun, and there is plenty to do and see. Mark your running calendars, and please visit www.togatrot5k.com for more info and to register.

Rotary Elementary School Grand Prix (2010-2011)—09/11/10

This year’s Rotary Elementary School Grand Prix is tentatively scheduled to kick off with the first 5K on Saturday, September 11, at Cleveland Elementary with the following race on Saturday, September 18, at Tyrone Elementary. Mark your calendars now, and come out and support a very worthwhile cause. Dates for the entire year will be finalized at our organizational meeting of all 15 schools on Tuesday, August 17. Watch for details.

5th Annual Promise Place 5K Run from Domestic Violence—09/24/10

This year’s Run From Domestic Violence will again begin and end at the Peachtree City Library/City Hall complex. We again plan to host a pizza party (Partners II Pizza) for all participants after the race. This is always a family affair with things like face painting and “Jumperoo slides” for the kids as well as a great run or walking course by the lake with all proceeds going to Promise Place for fighting domestic violence in Fayette, Spaulding, Pike, and Upson counties. This is one of the few evening runs in our area. Plan to be there on Friday, September 24, at 6:00 p.m. For more info and to register, please visit www.promiseplace.org/race.htm.

Rally Foundation for Childhood Cancer Research—10/10 & 01/11

The Rally Foundation for Childhood Cancer Research still has race numbers for its Marine Corps Marathon (in October) and the Disney World Marathon and Half Marathon (in January). Runners will have the opportunity to train under an experienced running coach and help fund childhood cancer research. If you have any questions, feel free to contact Rosanna Cruz at rosanna@rallyfoundation.org or 404-847-1270. Please visit www.rallyfoundation.org for more information.

Peachtree City Classic—10/16/10

This year marks the 30th anniversary of the Peachtree City Classic. The races will be on Saturday, October 16, so mark your calendars now. Each year, the members of the Peachtree City Running Club are asked to volunteer for the Classic. Some choose to volunteer in other capacities in the days leading up to the race or early on race day, so they can actually run in one of the three races, but most choose to leave their running shoes behind on this one day, and help us with the only major fund raiser we have all year. Hope we can count on every member to help again this year. We will again have our “Club Classic” open to those who volunteered on the Saturday AFTER the Classic. That event serves as our October Club Grand Prix event as well.

Registration for the Classic begins at the Atlanta Track Club’s Peachtree Road Race Expo, this year coordinated by Bonnie & Steve Hancock. We will have thousands of race applications printed and distributed both via mail and also in stores and public places around the area. And again, we will have online registration with our friends at “active.com.”

This year’s race expo and packet pickup will be held at the Dolce Atlanta-Peachtree Conference Center on Friday night, October 15, from 4:40 p.m. to 8:30 p.m. Any packets not picked up Friday night will be available prior to 7:45 a.m. at the Frederick Brown Jr. Amphitheater on race day.

We are still in search of several key coordinators including the coordinator for the Fayette Fitness Challenge. If you are interested in helping in an organizational way, please contact the race director, George Martin, at r2sun98@mindspring.com.

Our 30th anniversary begins our first year with a “Presented By” sponsorship from AT&T U-verse, a unique bundling opportunity with phone, Internet, television, and DVR/HD access at a very reasonable price. Visit www.att.com/u-verse for more information on this great service.

We are also welcoming back many of our past sponsors including Frank Cawood & Associates, The Rotary Phonebook, Chick-fil-A, Heritage Volkswagen, Peachtree City Tourism Association, The Kiwanis Club of Peachtree City, The City of Peachtree City, and others. Please remember these sponsorships from these fine companies and organizations that help support all of the many community programs we are involved in all year.

For more Georgia events, please visit www.atlantatrackclub.com, www.rungeorgia.com, and www.active.com.

In The Sponsor SPOTLIGHT This Month



Our newest sponsor is **AT&T U-verse**, a unique bundling opportunity with digital home phone service, high speed Internet, advanced digital television, and DVR/HD access at a very reasonable price. This service is new to our area and will be rolling out between now and the end of the year.

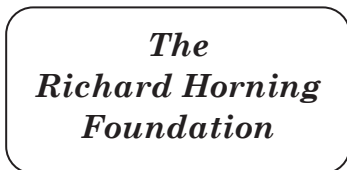
Enjoy a crystal clear television picture along with exclusive Total Home DVR, Multiview channel browsing, On Demand, choice programming, and access to over 130 HD channels! **AT&T U-verse** uses fiber optic technology and computer networking to bring you advanced digital TV, high speed Internet, and digital home phone service. The future is here. Check out www.att.com/u-verse for more information on this great service

Welcome **AT&T U-verse**, our newest "Presenting" sponsor.



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