LEGACY

NEWSLETTER OF THE PEACHTREE CITY RUNNING CLUB

JULY/AUG 2010

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A WARM THANK YOU FROM ASHLEY FOR A GREAT ALL AMERICAN 5K

By Carolyn Gulick

The 2nd Annual All American 5K was another success this year. We had almost 300 runners come out to show their support for this event. The Peachtree City Running Club raised \$8,600 for the International FOP Association and donated it in honor of Ashley Kurpiel.

Thank you to all the sponsors, participants, and especially all the volunteers who made this event such a success. This money will go a long way in helping to find a cure for Fibrodysplasia Ossificans Progressiva.

Pictures of the event are on our website under Galleries and results are on the site under All American 5K.



Dear Everyone,

Words cannot express my gratitude for all the work, time, and devotion to my cause, the IFOPA, and for organizing and executing a successful race, so that we may continue to fight this most dreadful disease and keep our lab working for the cure.

It's the unselfish efforts of people like yourselves who see a need and go the extra mile for those of us who cannot do it ourselves. Carolyn has been a jewel for her organizational skills, her dedication, and love for what she does with the Peachtree City Running Club.

A 'Thank You' seems so small to give to you all for making a huge push in the journey for all of us who await the day for the cure to be found. We know it isn't that far off, since they found the gene. However, it's because of the efforts and



Ashley Kurpiel and Race Director Carolyn Gulick

charity of people like yourselves that we can be assured that quality of life will continue for us, and those of us who can still move, will continue to do so.

It was amazing to see old friends, teachers, community leaders, and many I didn't even know come out and support the reason for this race but only because of the running club's efforts.

Again, thank you, and please consider yourselves hugged and know that if I could have, I would have been running along with you. Everyone came in 'First Place' in my heart!

With best regards and love to you all, I remain

Sincerely,

Ashley Kurpiel



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The Legacy is published six times a year—January, March, May, July, September, and November. The deadline for submissions is the third Friday of the previous month. All are welcome to contribute.

Please send all articles and photos to **Tamara Gerken** at *soupie@numail.org*.

Send race results to

Bill Fuller at mki.kammann@gmail.co

NEXT DEADLINE: AUGUST 19

Glub Meeting Highlights

May

President Shane Carpenter called the meeting to order at the Dolce Conference Center. New members and guests were acknowledged and welcomed. A motion was made and seconded to approve the April Minutes.

Lists Passed Around

1,000 Mile Book

All American 5K—will be on May 28. Carolyn reported that sponsorships are great. What is needed now are runners and volunteers. Flyers and registration forms are still available for distribution. Let's all help to make this event a success! Let's do it for Ashley!

Peachtree Road Race Buses—There will be a "family" bus and a "party" bus. Contact Administrative Vice President Steve Bothe to sign up and pay for the bus of your choice.

Peachtree City Marathon Relay—will be on June 25. Adam will assign 4-person teams. Teams will be put together based on 10K times. Groups will be mixed (slow to fast). Free food and beverages will be available after the race.

Guest Speaker

The speaker for the evening was Scott Ludwig, President and Co-Founder of Darkside Running Club. Scott, who is an author and avid runner, entertained us with his "always wanted to do" challenging, adventurous, and fascinating running stories. He reminded us that it's just so important to always be prepared physically, psychologically, and emotionally to insure a successful run. What an amazing running career he's having! Thanks so much to Scott for sharing his wonderful experiences and insights.

Reports From Officers

Club Grand Prix—Activities Vice President Mark Hamilton informed the group of the next club grand prix. The next grand prix is scheduled for Saturday, May 7. Three-person teams will be assigned by Mark. He will need 5K times for all participants.

Summer Classic Track Series—The club's summer track series will begin Tuesday, June 7, at Riley Field on Wisdom Road. Runners and volunteers are needed. Contact Mark for additional information.

Sympathies—Our sincere sympathy goes out to Tim Covert. His brother died on Sunday, May 1. President Shane Carpenter mailed a sympathy card to him from the club.

Reports From Coordinators

Golf Tournament—Chairman Marino Fuentes reported on the club's upcoming golf tournament. The tournament is scheduled for Saturday, June 11, at noon at the Flat Creek Golf Club. It will be a four-person scramble, best ball. He will need team handicaps. Awards will be given to the top three teams, longest drive, and closest to the pin. All Peachtree City Running Club members and their guests are invited to participate in this fun day. Contact Marino at Chemical55@aol.com to register and for additional information.

Classic—Chairman George Martin informed the group that the Classic is going well. AT&T U-verse has given a \$10,000 sponsorship check. Thank you AT&T.

Rotary Club's Elementary School Grand Prix—is scheduled for Saturday, May 14, at Brooks Elementary School. This will be a 5K and 10K event.

Southwest Christian Care—will be on May 7.

Elementary School Cross Country Challenge—will take place on May 21 at the Oak Grove Elementary School.

Rotary Club's Grand Prix—Age Group Winners' Awards Luncheon will take place on June 2 at the Wyndham Hotel.

Flash—will host Youth USTAF on June 4.

USA Track and Field—will take place on June 16, 17, 18, and 19.

Contact George Martin for additional information regarding any of the above mentioned events.

Minutes continued on page 4.

Prez Sez

By Shane Carpenter

Hope everyone is enjoying their hot summer weather but at the same time trying to stay cool. Many of you are busy with all the festivities, races, kids, and many other activities that happen with the summer months. I want to say that even with all that in mind, I am very proud of our club members for taking time out of their busy schedules to help other people. Case in point, during the All American 5K, we raised \$8,600 for a worthy cause. It took volunteers, runners, and coordinators to put it on, and we all put our best effort forward. I want to send a special thank you out to Carolyn Gulick for all her hard work in putting this race together and making it the success that it was! I want to thank all who came out for the golf tournament, and even though we had a little bit of bad weather, I believe everyone had a great time. Thanks to Marino Fuentes for putting the



tournament together and doing a great job at it! Also, I must say that those Orange Crush guys sure played spectacular and looked good as well! I look forward to seeing everyone out on the trails.

LIST SOUTH THE PROPERTY OF THE

19th Annual Fayetteville Old Courthouse 5K

From left: Bob Dalton, Ryan Kennedy (overall winner), Steven Bothe, David Kennedy, Greg Cox, Mark Greiner, Bill Fuller, Shawn McKinnon, and Mitch Butler. Not shown: Bob and Betty Smith

WELCOME NEW MEMBERS!

Lisa Orr (Fayetteville) • Alex Medal (PTC)

Lipika Mohanty (Fayetteville) • John Eggers (Fayetteville)

Pam Aviles (Newnan) * Amber Bell (Newnan)

New Member Profile By Bob Dalton

High Velocity Veclotch



Jason, last year at the Space Needle in Seattle

One of the youngest and fastest members of the club is Jason Veclotch. A man of few words, Jason prefers to do his talking with his legs. And they usually say "Winner!" at most of the races he enters. His racing PRs speak for him and are certainly impressive. A 4:37 mile; 16:17 for 5K; 34:10 for 10K; 1:18:24 for the half marathon; and 2:47:28 for the marathon.

Jason, 23, is originally from Royal Palm Beach, Florida, but has lived with his family in Tyrone for the past 16 years. He graduated from Georgia Tech in 2010 with a B.S. in Civil Engineering with high honors and is currently working on his Masters as a graduate student at Auburn University.

Of his athletic career, Jason says, "I started out playing baseball and switched to running because I was good at stealing bases and tracking down the baseball on defense but not very good at hitting. I started my running career by doing middle school track at Flat Rock as an 800m specialist. I ran cross country and track for four years at Sandy Creek along with two years of tennis."

Jason has some fond memories of his high school running career. "In running, I always felt like succeeding as part of a team was always more rewarding than any kind of individual PR or victory. So I would probably say in 2003, when Sandy Creek qualified for the AAAA State Cross Country Championships from sectionals, that was probably my most memorable experience. We chased down the coach and dumped the Gatorade cooler on her once they announced the final scores. It was great to be part of that team, and it was very exciting because Sandy Creek hadn't been to the state meet in a number of years and wouldn't end up going again for several years after that."

"The other moment that stands out to me was when the charter for Runnin' Wreck was provisionally approved by Georgia Tech and then within days of that, we won the team competition for top student organization at the Pi Mile Road Race on campus over the well-established triathlon club and several other organizations despite only having a few members. Major colleges like Georgia Tech have so many clubs and organizations for nearly every-

thing. The one thing they were missing was a running club, and I knew there was a strong running community that would support such an organization. I had wanted to start an official club for awhile, so when a few friends and I were able to successfully do it, it was very satisfying and will hopefully serve as a legacy that will last well into the future and continue to benefit the running community there."

His favorite distance is the 1500 and 5K but his favorite race is the Peachtree City Classic because "it is a scenic, fast course. It's the first non-school race I ever did and the race I've done the most times, nine."

Jason ran his first marathon in Atlanta in 2007 and cruised in with a time of 3:12:06. He said he never hit the wall and felt great the whole way. In only his second attempt at the marathon (Atlanta in '09), he continued his success and finished with a 2:47:28 qualifying for Boston in the process. It hasn't been all smooth sailing for Jason in his marathon racing efforts, however. At Boston "I spent two hours in the medical tent with hypothermia after the Boston Marathon this year. I had never previously been in a medical tent following a race for any reason." Not one to stay down, he has already determined to prove to himself that he can handle the heat and humidity by planning to run the Miami Marathon next year.

Jason enjoys the sport of running because "it enables you to get to places and see things you wouldn't be able to from a car, it improves your health and keeps you in shape for other physical activities, and it provides a great release where you really don't think about some of the other stresses of life." But Jason believes in diversity as well, and "besides running, my favorite thing would be snow skiing. I also enjoy playing many other sports like tennis, baseball, and golf."

He joined the PTCRC "by running many of the club events like the Classic and several of the Rotary Elementary events that the club helps out with where I met a number of the members. In high school, I received the Ronnie Godwin Memorial Scholarship supported by the club. So with the nice events, the great members who I already knew, and the support the club gave me, I was convinced to join. Eventually, I started running the Peachtree Road Race, so the club busses provided another great incentive to continue membership along with free entry into the Atlanta Track Club PTC 5K/10K."

Jason is another welcome addition to the club and one we'll certainly be chasing for years to come!

Minutes continued from page 2.

Announcements

George also reported that there will be information going out to all PTCRC members regarding the 4th of July Party. Chic-fil-A or BBQ? That is the question. What will your preference be?

The next meeting is scheduled for Monday, June 6, at the Dolce Conference Center.

Adjourn

With no further business, the meeting was adjourned.

June Minutes can be found on page 5.

New Member Profile By Bob Dalton

On the run with Ron Zappendorf & family



From left: Ricardo, a Brazilian exchange student staying with the Zappendorf family, Max, Ron, Jack, and Seanie

New member Ron Zappendorf, along with wife Seanie and children Jack (11) and Max (10) have called Fayetteville home for the past ten years, but Ron only started running in September 2009. Originally from Chicago, Ron, 42, is the CEO of Discovery Parts and Seanie is the CFO. They supply parts to keep race car drivers safe.

He is also an Army veteran. After completing basic and advanced individual training at Fort Jackson, South Carolina, Ron spent three years with a Patriot missile unit in Giessen, West Germany. After his Army hitch, Ron attended Lewis University in Illinois where he obtained degrees in Aviation, Avionics, Airframe, and Propulsion.

Ron's hobbies include biking, swimming, training with the family, and auto racing. "I turned one of my hobbies (car racing) into a career and left Delta Airlines."

Ron says his most memorable running experience was probably his first race when he ran the 5K Toga Trot in 2009 "because Seanie was sponsorship chair and asked me to pay up. It was pouring rain, and I went back after I was done and ran to the finish with Jack and Max."

Ron went from his first 5K to a full marathon in only a year and a half when he ran the Publix Marathon in March 2011. "I almost died, but now I know how far I can push myself without dying." That race was also where he had one of his most unusual experiences: "At mile 16, this lady looked ill and was squatting down. I asked if she was okay. She said, 'Yes, just trying to pee' (thru her shorts)."

Ron states that he runs because "I lost over 45 pounds. Need I say more? LOL. It changed my life and my family. Now, it's more of a personal challenge. I have found the competitive side of me."

When asked his reason for joining the PTCRC, Ron explains, "GEORGE MARTIN. People might have learned everything they know from cats and dogs, but everything we know about running was from George.

Seanie and George met at Toga Trot Committee April 2008. He helped her start the 5K at Inman Elementary School, then the school running club. I started by being a volunteer at the morning running club at Inman and could barely run a 1/4 mile without huffing and puffing in September 2009. My first race was the Toga Trot in October 2009, and since then, I've lost over 60 pounds. By January 2010 I ran my first 10K, in March my first half marathon, in September the Augusta Ironman, this year the Publix Marathon and New Orleans Ironman, and I'm doing the Louisville Ironman in August 2011.

My older son Jack held the record for most miles run in the 2009-2010 school year, and Max was second place. This year, Jack has moved on to middle school, and Max holds the record for school year 2010-2011. Our children joined the Fayette County Bolts, and Max went to the State Championships for 1600 meters in Augusta this past May. Son Jack was the youngest person qualified for the PTC Triathlon on May 14 and placed third in his age group. Jack and Seanie are first in their respective age groups for the 2010-2011 Rotary Elementary School Grand Prix.

Since we've met George, we've been healthier and have done more things together as a family outdoors. The PTCRC has touched our lives in so many ways, including my children's school."

George has been blamed or credited before as the reason for folks joining the club. George, we thank you!! Keep up the great work! And as for the Zappendorf family, you guys rock!

June

President Shane Carpenter called the meeting to order at the Dolce Conference Center. There were no new members or guests present. A motion was made and seconded to approve the May minutes.

Shane informed the club of Bill Werling's recent Angioplasty. We all wish him well.

Lists Passed Around

Peachtree Road Race Expo—Saturday and/or Sunday 1,000 Mile Book

Peachtree City Running Club Singlets

Guest Speaker

The speaker for the evening was the club's own George Martin. Before his presentation he informed the club that this year's Rotary Elementary School Grand Prix Awards Luncheon was the biggest ever, standing room only. There were 42 winners present. Awards were passed out at the meeting for those who were unable to attend the luncheon. Congratulations to all Rotary Club Elementary School Grand Prix Winners!

George presented to the group a very interesting and indepth report on the PTCRC's community support. Membership dues basically cover the buses and the Christmas party. Funds from the annual "Classic," now in its 31st year, provide support to many community projects. Support recipients include: elementary school running clubs (approx. 10 schools - 2,500 kids - approx. \$5,000/year) \$

Racing News

Darkside 8-Hour Run Results By Scott Ludwig

The Darkside 8 Hour Run was held on Saturday, June 25, and the turnout (as well as the performances) was excellent! A new women's course record, four new inductees into the Oval of Honor, and many first-time ultrarunners! Thanks to all the runners, volunteers, and fans who made it all possible

Runner	Miles
Joe Fejes	52.03
Jon Obst	49.91
Molly Wolfgram	47.38
Beth McCurdy	44.42
Samuel Hong	43.99
Garth Peterson	43.57
Willy Syndrum	42.72
Heather Shoemaker	38.49
Tim Beatty	38.49
Jameelah Mujaahid	37.65
Debi Legg	37.22
Lynn Slater	35.96
Seth Elsheimer	31.73
Bethany Barnes	31.30
Drina Haviland	31.30
Mike Haviland	31.30
Jill Floyd	30.88
Gary Lewis	30.88
Janette Maas	30.46
Jeff Estes	30.46
Walt Prescott	30.46
Susan Kolbinsky	30.03
Normer Adams	30.03
Pam Beckman	27.07
Jonathan Wilkins	27.07
Bill Hutton	27.07
Kendel Prescott	26.65
Amy Roach	26.23
Angela Ivory	26.23
Seth Lowery	26.23
Phil Min	26.23
Robert Wildes	25.80
Kirsten Jones	23.69
Mary Jane Bevis	22.84
Tom Weitzel	22.42
Heidi Dawson	20.30
Susan Paraska	20.30
Colum Lowery	14.81
Victor Kariker	13.96
Anne Rentz	13.11
Sam Miller	12.69

Peachtree City Marathon Relay Results

On Saturday, June 25, the Peachtree City Running Club and the Tri-PTC Club joined together to host a marathon relay competition at Drake Field. Teams of four runners combined to run a marathon with each participant running a 10K.

Team Results

\mathbf{Pl}	Team	Prol.	Loop 1	Loop 2	Loop 3	Loop 4	Finale	Finish	Pace
1	6	6:48	44:13	58:49	49:39	52:22	3:04	3:34:55	8:13
2	5	6:25	55:59	56:41	55:15	44:24	3:13	3:41:57	8:29
3	11	6:07	50:09	1:01:44	44:51	58:22	3:22	3:44:35	8:35
4	15	7:00	47:59	43:46	1:05:35	1:01:16	4:09	3:49:45	8:47
5	12	6:41	48:20	57:10	50:02	1:04:03	4:06	3:50:22	8:48
6	7	6:14	41:38	1:01:30	54:08	1:03:53	4:01	3:51:24	8:50
7	17	6:39	54:58	46:54	1:09:33	51:44	3:16	3:53:04	8:54
8	21	7:08	46:06	48:48	1:00:31	1:06:46	3:46	3:53:05	8:54
9	13	7:05	1:07:09	44:24	1:03:34	49:14	3:38	3:55:04	8:59
10	2	7:23	54:01	1:10:08	1:00:15	43:53	3:27	3:59:07	9:08
11	14	6:31	1:16:23	55:16	48:33	51:01	2:59	4:00:43	9:12
12	16	6:45	54:32	56:47	53:05	1:06:54	3:24	4:01:27	9:13
13	1	7:26	53:03	1:28:36	48:03	41:22	3:38	4:02:08	9:15
14	9	6:48	49:33	1:05:32	1:04:40	52:41	4:15	4:03:29	9:18
15	10	7:02	1:09:35	54:00	1:04:34	46:23	3:32	4:05:06	9:22
16	18	7:12	54:45	1:04:12	44:50	1:12:10	4:23	4:07:32	9:27
17	8	6:29	57:02	1:08:43	45:25	1:07:41	2:53	4:08:13	9:29
18	3	6:21	57:26	1:30:20	47:25	43:39	3:03	4:08:14	9:29
19	19	7:07	1:06:56	1:04:21	53:20	55:59	3:31	4:11:14	9:36
20	20	6:58	48:54	1:08:49	1:14:34	51:25	3:30	4:14:10	9:43
21	4	7:04	1:03:21	1:16:51	1:02:52	40:55	3:23	4:14:26	9:43

Prologue Results

110	nogue nest	1105
Team	Time	Pace
11	6:07	8:23
7	6:14	8:32
3	6:21	8:42
5	6:25	8:47
8	6:29	8:53
14	6:31	8:56
17	6:39	9:07
12	6:41	9:09
16	6:45	9:15
6	6:48	9:19
9	6:48	9:19
20	6:58	9:33
15	7:00	9:35
10	7:02	9:38
4	7:04	9:41
13	7:05	9:42
19	7:07	9:45
21	7:08	9:46
18	7:12	9:52
2	7:23	10:07
1	7:26	10:11
	Team 11 7 3 5 8 14 17 12 16 6 9 20 15 10 4 13 19 21 18	11 6:07 7 6:14 3 6:21 5 6:25 8 6:29 14 6:31 17 6:39 12 6:41 16 6:45 6 6:48 9 6:48 20 6:58 15 7:00 10 7:02 4 7:04 13 7:05 19 7:07 21 7:08 18 7:12 2 7:23

Loop One

		2006 011	_	
Pl	Team	Runner	Time	Pace
1	7	Melanie Hamilt	41:38	6:40
2	6	Don Goddard	44:13	7:04
3	21	Rob Thomas	46:06	7:23
4	15	Gina Bolen	47:59	7:41
5	12	Megan Gradeck	48:20	7:44
6	20	Vern Schmitz	48:54	7:49
7	9	Todd Davison	49:33	7:56
8	11	Jerry Shoemaker	50:09	8:01
9	1	Dave Lancaster	53:03	8:29
10	2	Jordan Jewkes	54:01	8:39
11	16	Alexis Brooks	54:32	8:44

 $Continued\ on\ page\ 7.$

Racing News

		Loop On	e				Loop Four	Loop Four (Cont.)		
Pl	Team	Runner	Time	Pace	Pl	Team	Runner	Time	Pace	
12	18	Martha Boone	54:45	8:46	6	10	Mitch Butler	46:23	7:19	
13	17	Jenny Kelly	54:58	8:48	7	13	Melissa Thomas	49:14	7:46	
14	5	Casey Cazier	55:59	8:57	8	14	Jeff Stebar	51:01	8:03	
15	8	Teresa Moore	57:02	9:08	9	20	Lisa Mathews	51:25	8:07	
16	3	Leslie Salinski	57:26	9:11	10	17	Bill Fuller	51:44	8:10	
17	4	Laura Bender	1:03:21	10:08	11	6	Doreen Schatte	52:22	8:16	
18	19	Angela Goddard	1:06:56	10:43	12	9	Tom Ramthun	52:41	8:19	
19	13	Hope Via	1:07:09	10:45	13	19	Doug Lego	55:59	8:50	
20	10	Mara Lockard	1:09:35	11:08	14	11	Cal Daly	58:22	9:12	
21	14	George Parker	1:16:23	12:13	15	15	Tracey Moore	1:01:16	9:40	
					16	7	Shane Carpenter	1:03:53	10:05	
		Loop Tw	0		17	12	Warren Elwell	1:04:03	10:06	
Pl	Team	Runner	Time	Pace	18	21	Nora Elwell	1:06:46	10:32	
1	15	Alex Medal	43:46	7:00	19	16	Lacy Smith	1:06:54	10:33	
2	13	Mike Chrzanowski	44:24	7:06	20	8	Mark Anderson	1:07:41	10:41	
3	17	Mark Hamilton	46:54	7:30	21	18	Lou Boone	1:12:10	11:23	
4	21	Mark Mascara	48:48	7:48						
5	10	Paul Borland	54:00	8:38			Final	\mathbf{e}		
6	14	Stephanie Savage	55:16	8:51	Pl		Team '	Гime	Pace	
7	5	Dan Twineham	56:41	9:04	1			2:53	7:02	
8	16	Brittanie Messiah	56:47	9:05	2			2:59	7:17	
9	12	Julie Hausmann	57:10	9:09	3			3:03	7:26	
10	6	Ann Shoemaker	58:49	9:25	4			3:04	7:29	
11	7	Heather Sexton	1:01:30	9:50	5		5	3:13	7:51	
12	11	Linda Cash	1:01:44	9:53	6			3:16	7:58	
13	18	Vivian Goddard	1:04:12	10:16	7		11	3:22	8:13	
14	19	Pat Burton	1:04:21	10:18	8			3:23	8:15	
15	9	Dawn Scarbrough	1:05:32	10:29	9		16	3:24	8:18	
16	8	Becky Rowles	1:08:43	11:00	10			3:27	8:25	
17	20	Marsha Fraker	1:08:49	11:01	11		20	3:30	8:32	
18	2	Shannon Wilson	1:10:08	11:13	12		19	3:31	8:35	
19	4	Renee Rottschafer	1:16:51	12:18	13		10	3:32	8:37	
20	1	Kristen Harrison	1:28:36	14:11	14		1	3:38	8:52	
21	3	Hannah Moore	1:30:20	14:27	15		13	3:38	8:52	
					16			3:46	9:11	
		Loop Thr			17 18		7 12	4:01 4:06	9:48 10:00	
Pl	Team	Runner	Time	Pace	19		15	4:09	10:07	
1	18	Jack Hawkins	44:50	7:14	20		9	4:15	10:22	
2	11	Beth Wiggins	44:51	7:14	21			4:23	10:41	
3	8	Dave McCurdy	45:25	7:20						
4	3	Steven Scoleri	47:25	7:39			Sandbag	Time		
5	1	Kim Ruple	48:03	7:45	DI-	T	_		T	
6	14	Holly Anderson	48:33	7:50			Runner		nce Leg	
7	6	Doug Fuentes	49:39	8:00	1	5	Dan Twineham	8:19	2	
8 9	12 16	Hal Wolfe Leo Garcia	50:02 53:05	8:04 8:34	2 3	$\frac{6}{17}$	Ann Shoemaker Jenny Kelly	6:11 5:02	2 1	
10	19	Stephanie Roop	53:20	8:36	4	15	Alex Medal	4:14	2	
11	7	Dan Bramblett	54:08	8:44	5	7	Heather Sexton	3:30	2	
12	5	Bill Everage	55:15	8:55	6	16	Brittanie Messia		2	
13	2	Kim Archbold	1:00:15	9:43	7	1	Kim Ruple	2:57	3	
14	21	Katie Elwell	1:00:31	9:46	8	3	Steven Scoleri	2:35	3	
15	4	Maria Hineline	1:02:52	10:08	9	2	Shannon Wilson		2	
16	13	Andi McGee	1:03:34	10:15	10	$1\overline{4}$	Stephanie Savas		2	
17	10	Jules Desgain	1:04:34	10:25	11	6	Doreen Schatte	1:38	4	
18	9	Shane Sheffield	1:04:40	10:26	12	6	Douge Fuentes	0:21	3	
19	15	David Monsour	1:05:35	10:35	13	11	Linda Cash	0:16	2	
20	17	Jeret Elwell	1:09:33	11:13	14	18	Jack Hawkins	0:10	3	
21	20	Tim Covert	1:14:34	12:02						
		Loop For	ır			CAC	HTREE			
Pl	Team	Runner	Time	Pace		QV/	2			
1	4	Sean McNichols	40:55	6:27		5	37.2		1	
2	1	Steven Bothe	41:22	6:31			A A		m	
3	3	Deanna McCurdy	43:39	6:53			18	CHTREE		
4	2	Bob Dalton	43:53	6:55		UNI	VING CLU			
5	5	Dennis Williamson	44:24	7:00		- 1	1140			







All American 5K







All American 5K





Grand Prix Events & Results

May/Event 5-3-Person Solve the Clues Run

Place 1 - Pts 100	Place 2 - Pts 90	Place 3 - Pts 80
Bill Everage	Steve Bothe	Bill Fuller
Glen Silbert	Shane Sheffield	Scott Allen
Gary Kolb	Cal Daley	Jules Desgain
Place 4 - Pts 70	Place 5 - Pts 60	Place 6 - Pts 50

Place 4 - Pts 70	Place 5 – Pts 60	Place 6 - Pts 50
Martha Boone	Adam Shoemaker	Jerry Shoemaker
Teresa Moore	Tracey Moore	Vern Schmitz
Ed Vise	Betty?	Amber?

Place 7 - Pts 40	Place 8 - Pts 30	Place 9 - Pts 20
Kith Burkingstock	Chris Chiong	Kim Ruple
Shane Carpenter	John Waterhouse	Tim Covert
Jan Bankieris	John Early	Tamara Gerken

Volunteers – Pts 10	Other – Pts 40
Dick Allis	Jane Hamilton
Lou Boone	Teri Besch
	Pat Cote-Miles
	Rose Kempton

June/Event 6 – 10K Trivia Run

Women 51 and Under

Women 52 and Over

- 1	7 7		70.01		/		70 OI		
1		Place	Correct	4	/	Place	Correct		
	Runner	Finished	Answers Pts	P1 /	Runner	Finished	Answers	Pts	
	Tamara Gerken	16	54 100	1/	Martha Boone	5	81	100	
	Michelle Villars	17	44 90	2/	Rene Flaherty	21	73	90	
	Jane Hamilton	29	55 80	3	Jan Bankieris	20	69	80	
	Erica Burke	27	36 70	//4	Trish Vlastnik	13	50	70	
	Jill Trotman	12	- 60	/ 5	Ann Shoemaker	25	46	60	
		12/5		6	Pat Cote-Miles	28	50	50	
				7	Caroline?	24	29	40	

Men 52 and Over

			% of					% of	
		Place	Correct				Place	Correct	
P1	Runner	Finished	Answers	Pts	P1	Runner	Finished	Answers	Pts
1	Kith Burkingstoc	k 6	69	100	1	Jules Desgain	18	77	100
2	Shane Carpenter	15	63	90	2	Bob Dalton	1	69	90
3	Steven Bothe	3	54	80	3	Gary Kolb	19	67	80
4	Robin Trotman	11	50	70	4	Hal Wolfe	9	62	70
5	Tim Covert	14	44	60	\5	Normer Adams	8	60	60
6	Shane Sheffield	10	33	50	6	Bill Fuller	7	56	50
		311	110		7	Scott Allen	22	63	40
		111			8	Jerry Shoemaker	4	47	30
Vol	unteers	1/1/			9	Ed Vise	2	36	20
		11/11	115		10	Lou Boone	26	31	10
Nan	ne Pts	1 17/1			11	John Waterhouse	23	14	5
Tom	Crofton 10	11/1			7/	-			

2011 Grand Prix YTD Results

V	Vomen 51 and Un	der	3 Kith Burkingstock	290
P1	Runner	Pts	4 Tim Covert	220
1	Jane Hamilton	350	4 Adam Shoemaker	220
2	Teresa Moore	280	5 Shane Sheffield	210
3	Tamara Gerken	210	6 Bill Anderson	180
4	Kelly Bowman	180	7 Shane Carpenter	150
5	Pam Burrus	130	7 Jed Smith	150
	> ///-	125	8 Vern Schmitz	110
6	Kim Ruple Heather Sexton	110	9 Jeff Greer	100
8	1	1	9 Jason Veclotch	100
8	Anastasia Walker Kate Ideker	100	9 Glen Silbert	100
9	3//	95	10 Jane Hancock	90
10	Leah Liming	90	10 Tracey Moore	90
10	Deanna McCurdy Michelle Villars	90	10 Shawn McKinnon	90
11	Nikki Hand	80	10 David McCurdy	90
11	1 1	80	11 Wes Wilkins	85
	Amy Hundley	70	12 Robin/Trotman	70
12	Erica Burke	60	13 Ryan Hamill	60
13	Megan Stubbs		14 Sean Frick	50
13	Jill Trotman	60	14 Todd Hamill	50
14	Jill Lego	50	15 Steve Hancock	35
14	Amber ?	50	16 Fred Port	5
15	Kim Kerlehy	40		
15	Nancy Hamill	40	Men 52 and Over	
16	Bonnie Hancock	30_		
16	Ann Port	30		ets
17	Kelly Mitchell	5	1 Jerry Shoemaker	370

Valerie Reynolds

Ann Blaum

Jeannie Smith

	Jeannie Simin	3		Dill'i dilet	200
			\ 5/	Ed Vise	255
W	Jomen 52 and Ov	er	6	Normer Adams	240
	Runner	Pts		Cal Daley	230
	1 1 // // 11 //	580	- 8	Bill Everage	200
	Martha Boone		9	Scott Allen	185
<u>'</u>	Jan Bankieris	340	19	Bob Dalton	185
3	Ann Shoemaker	230	//10	Chuck Garwood	140
Ŀ	Teri Besch	170	11/6	John Waterhouse	125
Ļ	Pat Cote-Miles	170	11/2/2	David Gulick	105
5	Helen Ernst	100	13	Lou Boone	90
5	Trish Vlastnik	100	13	Tom Crofton	90
5	Maryann Crofton	100	13/	Hal Wolfe	90
6	Cathy Olson	90	_ ///	/	
6	Rene Flaherty	90	14/	George Martin	85
7	Linda Barbour	80	15	Dick Allis	70
3	Ann Henderson	60	15	Marino Fuentes	70
3	Bernice Wassell	60	16	Patrick Kearns	60
3	Sandy Tuman	60	16	Mark Barbour	60
2	Betty ?	60	17	Ben Gross	30
,	Susan Mills	40	17	John Early	30
,			18	Bill Werling	20
,	Patsy Bickford	40	19	Joe Wassell	10
)	Rose Kempton	40	20	Mike Lankford	5
)	Caroline?	40	20	Von Woods	5
)	Carolyn Gulick	30	20	Lynn Fairley	5
	Kim Garwood	5	20	2,1111 1 111111111111111111111111111111	9

340

280

260

Bill Fuller

Men 51 and Under

P1	Runner	Pts	
1	Steve Bothe	435	
2	Chris Chiong	305	

Dick Allis

1,000 Mile Club

NAME	YEARS IN	MILES	MEETINGS	VOLUNTEER	JACKET	SIZE
	1000 CLUB			ACTIVITIES		
BILL WERLING	20,00	0 MILE 518	CLUB 4	7	NO	
DILL WENLING		0 MILE	-	,	NO	
MARTHA BOONE	19	650	2	0	YES	
SUSAN MILLS	18	416	4	1	NO	
TERI BESCH CAL DALEY	17	645 300	2	3	NO NO	
VALERIE REYNOLDS	17	540	1	ó	NO	
JOE WASSELL	17	387	1	0	NO	
DAVE PIET	16	195	2	1	NO	
SANDY TUMAN BOB DALTON	16 15	425 1154	5	4	NO NO	
ANN SHOEMAKER	15	450	4	2	NO	
JERRY SHOEMAKER	15	630	4	0	NO	
	10,00		CLUB			
BILL ANDERSON JULES DESGAIN	14 14	254 525	3	2	YES	MED
ROY ROBISON	14	765	3	3	YES	MED
BONNIE HANCOCK	12	425	5	2	NO	HILD
STEVE HANCOCK	12	570	5	3	NO	
CARYLE ROBISON	11	630	0	0	NO	
RICHARD ALLIS	10	564	GT UTD	5	NO	
MARINO FUENTES	5,000 9	488	CLUB 5	1	YES	?
MARK HAMILTON	9	0	1	0	YES	?
CATHY OLSON	9	370	3	1	YES	MED
LOU BOONE TODD DAVISON	8	400 215	2	0	NO NO	
JOHN MROSEK	8	113	1	1	NO	
BOB SMITH	8	502	4	Ó	NO	
MICHAEL WARREN	8	794	2	3	NO	
RITA WESTON	8	402	5	1	NO	
BILL EVERAGE DAVID GULICK	7	589 387	1	3 0	NO NO	
PATRICK KEARNS	7	325	2	1	NO	
TOM ROUND	7	496	2	3	NO	
CONSTANCE SAMBRONE	7	673	6	6	NO	
WES WILKINS	7	172	2	1	NO	
RENE FLAHERTY JANE HAMILTON	6	302 236	2	0	NO NO	
LISA MATHEWS	6	641	4	1	NO	
TRACEY MOORE	6	275	2	0	NO	
JOHN WATERHOUSE	6	495	2	0	NO	
GEORGE MARTIN TERESA MOORE	5 5	205 450	3	2	NO NO	
TERESA WOURE	1,000		CLUB	1	NO	
JAKE HANCOCK	4	525	5	3	YES	XL
KIM RUPLE	4	511	5	1	YES	SM
ED VISE	4	350	4	0	YES	LG
RAY BESCH PATRICIA COTE-MILES	3	120 166	3 2	0	NO NO	
TIM COVERT	3	566	5	4	NO	
BRANDI OSSE	3	360	4	Ö	NO	
BETTY SMITH	3	467	3	0	NO	
VON WOODS	3 2	581	5 3	3	NO NO	
HOLLY ANDERSON KITH BURKINSTOCK	2	272 473	6	2	NO	
CHRIS CHIONG	2	468	3	0	NO	
TRACEY MOORE	2	150	1	0	NO	
STEVEN BOTHE	1	1237	5	2	NO	
MITCH BUTLER	1	870	5	2	NO	
SANDRA HORNING DAVID KENNEDY	1	509	6	2	NO NO	
RYAN KENNDEY	1	701	5	0	NO	
TAMARA GERKEN	1	431	2	2	NO	
MELANIE HAMILT	1	460	1	0	NO	
MIKE LANKFORD JENNIFER LAWRENCE	1	144 219	1	0	NO NO	
DOUG LEGO	1	301	2	0	NO	
JILL LEGO	1	157	2	0	NO	
MICHELLE VILLARS	1	276	3	0	NO	
MARK ANDERSON	1000 MILE	CLUB EI	VROLLEES 1	0	YES	MED
NANCY HAMILL	0	290	2	0	YES	MED
RYAN HAMILL	0	17	1	0	YES	LG
TODD HAMILL	0	498	2	0	YES	LG
HANNAH HANCOCK KELLY FARIS	0	450	1	0	YES YES	SM
INELL I FARIS	0	402	2	0	YES	SIVI ?
	0	213	1	0	YES	?
SEAN FRICK CAROLE GODWIN			1	1	1000	SM
SEAN FRICK CAROLE GODWIN DEANNA MCCURDY	0	200			VEO	SM
SEAN FRICK CAROLE GODWIN DEANNA MCCURDY BETH REDMOND	0	94	1	0	YES	
SEAN FRICK CAROLE GODWIN DEANNA MCCURDY BETH REDMOND MADISON REDMOND	0 0	94 20	1	0	YES	SM
SEAN FRICK CAROLE GODWIN DEANNA MCCURDY BETH REDMOND MADISON REDMOND SHANE SHEFFIELD	0	94 20 358	1 2	0	YES YES	SM LG
SEAN FRICK CAROLE GODWIN DEANNA MCCURDY BETH REDMOND MADISON REDMOND SHANE SHEFFIELD ADAM SHOEMAKER MIKE STONE	0 0 0 0	94 20	1	0	YES	SM
SEAN FRICK CAROLE GODWIN DEANNA MCCURDY BETH REDMOND MADISON REDMOND SHANE SHEFFIELD ADAM SHOEMAKER MIKE STONE MEGAN STUBBS	0 0 0 0 0	94 20 358 540 240 199	1 2 5 1	0 0 1 0 0	YES YES YES YES YES	SM LG LG LG MED
SEAN FRICK CAROLE GODWIN DEANNA MCCURDY BETH REDMOND MADISON REDMOND SHANE SHEFFIELD ADAM SHOEMAKER MIKE STONE	0 0 0 0	94 20 358 540 240	1 2 5 1	0 0 1 0	YES YES YES YES	SM LG LG LG

HISTORY OF THE 1,000 MILE CLUB

The idea for the 1,000 Mile Club was conceived in 1989 by then Peachtree City Running Club President Nora Weed. The first jackets were presented by Santa Claus at the 1989 Christmas party at the Christ Our Shepherd Lutheran Church. Since then, the club has presented more than 170 jackets to members who have met the minimum qualifications. The 1,000 Mile Club also includes 5,000, 10,000, 15,000, and 20,000 Mile Awards.

The 1,000 Mile Club is one of the Peachtree City Running Club's most popular programs and helps promote fitness, volunteer activity, and club participation.

1,000 MILE CLUB REQUIREMENTS

To qualify for a 2011 1,000 Mile Club Jacket and/or certificate, the following requirements must be met by a PTCRC member:

- 1.) Run and/or walk at least 1,000 miles between the 2010 and 2011 PTCRC Christmas party.
- 2.) Participate as a PTCRC <u>volunteer</u> (not participant) in at least three (3) events between the 2010 and 2011 PTCRC Christmas party.
- 3.) Have at least three (3) mileage updates published in the Legacy between the 2010 and 2011 PTCRC Christmas party.
- 4.) Attend at least three (3) club meetings between the 2010 and 2011 PTCRC Christmas party.
- 5.) For the 5,000/10,000/15,000/20,000 Mile Clubs, you must have qualified for the 1,000 Mile Club for 5, 10, 15, and 20 years respectively. Years need not be consecutive.
- 6.) The <u>deadline</u> for signup for year 2011 is the <u>May</u> club meeting.
- 7.) An application MUST be completed at a PTCTC meeting.

If you have any questions about the program, please contact the 1,000 Mile Club Coordinator Roy Robison at *croyrun@comcast.net*.



Summer Track Classic Series

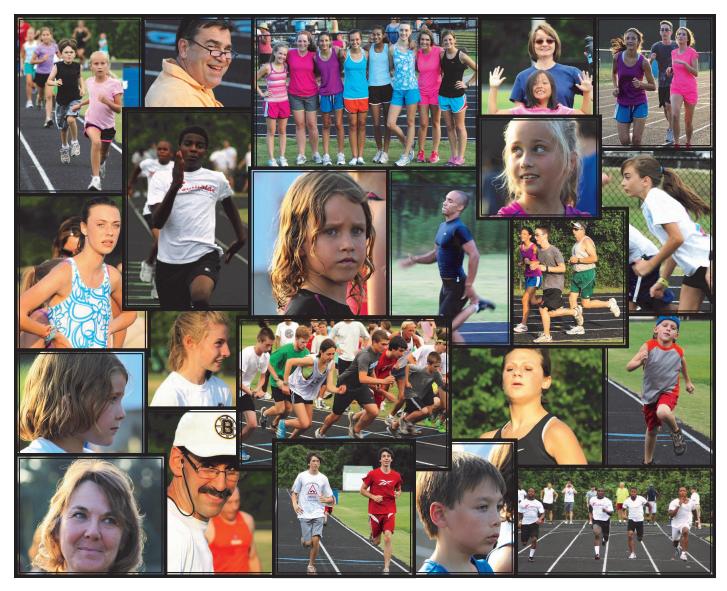
Track Meet—A First By Bob Dalton

At our Summer Track Classic Series meets, some people prefer the sprints, running the 5, 100, 200, and 400 meter races. Some prefer the middle distance races, competing in the 800 and 1600. Others go for the longer ones like the 3200 and the 5K. Some jump in at the end and do the 4x100 meter relay and the 4x400 meter relay.

I have been running in the series for probably 15 years now, but at the meet last night (14 June), it was the first time that I know of that anybody had run in every single event. That man was our very own Steven Bothe. He started off in the 800 as a warm up, then jumped in the 200 meter dash followed by the 1600. He then ran the 400 meter dash and finally (or so he thought), the 5K. But I conned him into rounding out a team for the 4x400 meter relay. He ran the third leg moving us up to second place overall which we held onto for the finish.

So there you have it. Six events for a total of 8400 meters or 5-1/4 miles worth of racing, not counting any warm up or cool down distance. Quite a feat, which I dare say may never be repeated, unless Steve is crazy enough to do it again!





Summer Track Classic Series



Award Winners

Rotary Elementary School Grand Prix completes another successful year! By George Martin

The 7th year of the Rotary Elementary School Grand Prix saw the most people ever run in the race series. This year, over 2,800 kids and adults ran in at least one race, with many running multiple races, and many of these people experienced their first ever race. In order to qualify for awards at the end of the year, a runner had to compete in at least four races. Points are accumulated all year long, and the points leaders at the end of the year receive a customized plaque with their photo as well as an invitation to a nice awards luncheon hosted by the Rotary Club of Peachtree City. All money raised in these races goes to the local host elementary school. This year, about \$100,000 was raised over the course of the 14 races. The 8th season of races will begin on September 10 at Cleveland Elementary School immediately followed by the Tyrone Elementary race on September 17. Hope to see you all there!



Rotary Club Elementary Grand Prix Winners were presented with their awards by club member George Martin and 3-time Olympian, Ralph Boston (at far left).

Ronnie Godwin Scholarship Winners

Sandy Creek High School Jake Hancock Bria Carmichael Bruce Truitt Alyssa Pointer

Starr's Mill High School Que Crafton Shawn McVicker Matt King Deanna Simmons

Fayette County High School Trey Smith Lauren Kennedy Sarah Schmidt Landon Faber McIntosh High School Nathan Reeves Courtney Barker Will McKinney Lauren Steinke

Whitewater High School Jonell Taylor Head McClain Cameron Greene Stacey Mangen



At right: Rose Kempton presents at Whitewater High School

Place	Last Name	First Name	Birth Year	Gender	Age Group
	Тарр	Lindsey	2004	F	8 & U
	Schreckhise	Dylan	2002	М	8 & U
	Ewers	Derek	2002	M	8 & U
	Clements	Cara	2000	F	9-10
	Baynes	Caroline	2000	F	9-10
	Phillips	Luke	2001	м	9-10
	Fredrikson	Jack	2000	M	9-10
	Lohman	Devin	2000	M	9-10
	King	Cameron	1998	F	11-12
	Zappendorf	Jack	1999		
	Lohman	Colin	1998	M	11-12 11-12
	Ewers	Kyle	1998	M	11-12
	Thomas	Carol	1997	M	
	Bilsky	Alexa	1997	F	13-14
	Schreckhise	Christian	1997	F	13-14
	Gibbs	Harrison	1997	M	13-14
	Warren	Josh	1997	M	13-14
	vvarren James			M	13-14
_		Will	1995	M	15-19
	Veclotch	Jason	1988	M	20-24
	Vise	Jonathan	1982	M	25-29
	Burrus	Pam	1981	F	25-29
	Sexten	Heather	1981	F	25-29
_	Fowler	Michael	1977	M	30-34
_	Osse	Brandi	1971	F	35-39
	Kalafut	Carol	1974	F	35-39
	Rutkiewic	Kelly	1973	F	35-39
1	Martin	Joe	1971	M	35-39
1	Zappendorf	Seanie	1969	F	40-44
2	Moore	Teresa	1969	F	40-44
3	Hamilt	Amy	1970	F	40-44
1	Chrzanowski	Mike	1967	M	40-44
2	Burkingstock	Kith	1966	M	40-44
3	Chiong	Chris	1969	М	40-44
1	Orr	Lisa	1962	F	45-49
2	Phillips	Brigit	1965	F	45-49
	Hynes	Jennifer	1965	F	45-49
	Rowe	Martin	1963	М	45-49
	Vernon	Robbie	1965	M	45-49
	Butler	Mitch	1963	М	45-49
_	Wilson	Susan	1957	F	50-54
	Madero	Carmen	1958	F	50-54
	Gordon	Mark	1958	M	50-54
	Lankford	Mike	1958	м	50-54
	Smith	Betty	1952	F	55-59
	Dale	Drake	1952	м	55-59
	Dalton	Bob	1953	M	55-59
	James	John	1954	M	55-59
	Vise	Ed	1954	M	55-59
	Sambrone	Connie	1947	F	60-64
	Amos	Barry	1949		
	Smith	Bob	1949	M	60-64
		Bill	1930	M	60-64
	Werling			M	65-69
	Moore	Alan	1945	M	65-69
	Salzer	Pete	1944	M	65-69
	Daprano	Jeanne	1936	F	70-74
1	Waterhouse	John	1935	M	75-79

PTCRC Golf Tournament



Club News & Announcements

Minutes continued from page 5.

Elementary School Grand Prix of Races (15 elementary schools - 2,800 participants - \$1,000/year) Fayette County High School Track/XC support (500 high school athletes - \$5,000/year) High School Graduate Scholarships (1 male, 1 female-track; 1 male, 1 female-XC - 20 scholarships - \$7,000/year) Kids' Marathon Finish (150 children - \$500/year) Flash Youth Track and XC (150 children - \$3,000/year) Elementary XC Challenge (250 participants - \$0/year) Summer Track Series (500 participants - \$500/year) Middle School Track and Field Championships (200 children - \$1,000/year). Thanks to George for letting us know how the club's fundraiser dollars are being used.

Reports From Coordinators

Classic—George had samples of possible T-shirts for the group to look at and give "feedback." Currently, the venue to hold the Classic Expo is still to be determined. Possible venues to be considered are: The Dolce (\$2,000); The Wyndham (\$8,000); The Bridge; and The Fred Jr. Amphitheater.

Marino suggested that the Dolce be reminded of the previous agreement regarding the club's move to the Dolce from the Wyndham.

Coordinators or assistant coordinators are still needed. For any input, suggestions, concerns, or resolutions regarding the Classic, please contact George.

All American 5K—Tim Covert reported that the All American 5K was successful, with 250+ participants, raising more than \$8,000, which will be contributed in Ashley's name to the IFOP. Thanks to all participants, supporters, and volunteers.

Peachtree Road Race Buses—Administrative Vice President Steve Bothe reported that the party bus is full, but he needs payments from some of the party bus riders. There are still about 15 seats left on the family bus.

10th Annual Golf Tournament—Marino reported that the tournament is set. There are 15 teams. The first team will tee off at 12:02 p.m. He stated that it will be hot, and although there will be a beverage cart going around, it would be a good idea to bring your own cooler and snacks. He suggested that each team stay hydrated and do drink responsibly. Each team will have handicaps. There will be gift certificate awards.

Summer Track Series—Activities Vice President Mark Hamilton reminded the club that the Summer Track Series begins on Tuesday, June 7, at 6:00 p.m. The series will continue each Tuesday evening through the Championship Series, July 20. Volunteers are needed.

Club Grand Prix—Activities Vice President Mark Hamilton informed the group that the 6th Club Grand Prix Awards will be Road IDs or gift certificates.

"Trivia" results were not available at the time of the meeting.

4th of July Party—Volunteers are needed for set-up and clean-up. Everyone is asked to bring a side dish. The club will provide the BBQ and beverages.

Marathon Relay—Adam Shoemaker stated that the June 25 event is still in need of volunteers to mark the course and for duty at the event. He still needs names and expected 10K times. The relay is free to all.

Reports from Officers

Treasury—Treasurer Tim Covert reported that there is currently \$28,000 in the club's bank account—\$8,000 will be given to the IFOPA. He has received \$2,000 in sponsorships from Chic-fil-A.

Newsletter—Administrative Vice President Steve Bothe presented the RRCA Southeast Region's Electronic Newsletter Nominee Award to Tamara Gerken for her excellent club newsletter. Congratulations, Tamara!

Adjourn

With no further business, the meeting was adjourned.

53rd Annual RRCA Convention *By George Martin*

This year's RRCA Convention was held in Fredericksburg, Virginia, with Administrative Vice-President Steven Bothe and Classic Race Director George Martin attending. Mark Ward, our State RRCA Rep. and club member, was also in attendance. The conven-



tion was hosted by the Fredericksburg Area Running Club, and the featured race was the Marine Corps Half Marathon, this year's RRCA National Championship. All three attended numerous seminars with ideas on how to improve our club. Steven also ran in the half marathon.

Since 1958, the RRCA has gathered in different cities around the country for the Annual RRCA National Convention. The Convention is a great opportunity for running club leaders, race directors, fitness professionals, RRCA State Representatives, regional directors, board members, RRCA Certified Coaches, sponsors, running industry professionals, and runners to come together to share information, best practices, and contribute to the national mission of the RRCA. The convention consists of educational workshops on best practices, the RRCA Annual Meeting of the Membership, the National Running Awards Banquet, and several social networking events. Hundreds of runners, club leaders, event directors, and corporate supporters attend the RRCA Convention.

Clubs are encouraged to reward their key volunteers with a trip to the RRCA Convention. Next year, the 2012 Convention will be held in Memphis, Tennessee, and the 2013 Convention will be held in Albuquerque, New Mexico. Traditionally our club sends our President (or another officer), our Newsletter Editor, and our Classic Race Director.

Club News & Announcements

The Peachtree City Running Club

Members send their deepest condolences to Tim Covert and his family

for the passing of his younger brother

Danny and to Jeannie Smith and her

family for the passing of her mother

Linda Presley.

May love hold you tight and

your memories carry you through.



PTCRC member Hal Wolfe on the cover of the Albany crossing the finish line of the Snicker's Marathon in 2009 with his friend and former PTCRC member Brad Mason. They finished in 3:17. The photo was noticed by Jerry and Ann Shoemaker while they were on a trip to Albany in March.



🌶 tlanta Runner's Blog

PTCRC member Roy Robison's blog entry was spotlighted on the ATC's June newsletter cover.

29 Peachtrees and Counting By Roy Robison

I did my first Peachtree in 1981 shortly after moving to Atlanta from North Carolina. I was 30 years old and approaching the prime running years of my life. I was mesmerized by Peachtree and all its grandeur; amazed that I finished in the top percentile (of 25,000 participants) the first time I ran it on Fourth of July morning. This year I will run my 30th Peachtree, and when I look back on the other 29, I fondly remember each race and what it means to be among the crowd on July 4. Throughout the years I've run the Peachtree with my wife, with my children, with my dearest friends and with friends who are no longer with us.

Each race has its own special meaning. Each year at the start line, I have a goal that has been set for me on that particular morning. Sometimes, mishaps occur. One year I missed being in the top 250 by just seconds because a volunteer directed me the wrong way. I missed one year because of an injury, but I was still there at the finish in Piedmont Park to welcome and celebrate with my friends. Other times, personal victories occur. In fact, I ran my 10K PR at the Peachtree, and I boldly proclaim the feat when the opportunity presents itself.

As an original member of the Peachtree City Running Club, we started going to the race as a group in 1982. Back then it was a simple car pool. The car pool graduated into a small van, then a small 20 passenger bus, then a full size bus. Today, we take two full size buses with over a hundred members of the club; those seats can be hard to come by. After the race we party together, beginning in the park and culminating with our annual Fourth of July running club picnic.

I still have all 29 Peachtree Road Race T-shirts and had a quilt made out of most of them.

Yes, I dearly love the AJC Peachtree Road Race. In the years since I did my first Peachtree, I've ran such races as the Boston Marathon and the Ironman Triathlon in Kona (and they were very special to me), but the Peachtree has remained my favorite.

As for this year, I do have a goal. At 68, I would like to finish the race in under an hour. That would be fantastic, but in the final analysis, just crossing the finish line, entering Piedmont Park, getting my shirt and sharing the experience with longtime friends and club members would simply make my day.

Thanks Atlanta Track Club for the AJC Peachtree Road Race and the tradition it has become.

Club News & Announcements

10th Annual PTCRC Golf Tournament Results By Marino Fuentes

Despite the weather scare, we completed the tournament on schedule; 15 teams started out and 13 finished. The contest was very exciting with the defending champion, Orange Crush, needing a birdie in the last hole to win first place. Doug Lego made a spectacular shot on the last hole that was almost "a hole in one!" That did it, and Orange Crush retained the title and becomes the first back-to-back winner that I can remember in the 10 year history of the tournament with a 51 net score (or 21 under par).

Second place went to team Gopher 2011 with a net 52. That was a very close finish! In addition, Mark Gray of the Gopher team won the Long Drive contest with a huge drive on Grave Yard number 8.

The rest of the field was tightly packed:

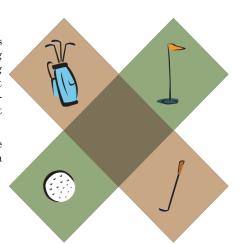
Third Place—Kennedy/Veclotch with a net 53.

Fourth Place—Kempton/Martin and Garwood/Piet in a tie with a net 54 (or 18 under par).

Fifth Place—Warren/Wash in a tie with Bill Anderson's team with a 55 net (or 17 under par).

Closest to the pin went to Vern Schmidt with a shot that was less than a foot from the hole.

We need to thank many people who worked hard to make it a fun day on the course. Our Social Director Leah Liming did a fantastic job getting us the ice and coolers we needed to carry the water and beverages. Tamara came out with her boys to take pictures of each team for the Legacy, and Jill Lego, Beth Redmond, Shannon and Katie Phillip, and the staff at Flat Creek for having us underway on schedule. Thank you also to Phil Jones for letting us use the patio of his home for the presentation of awards after the completion of the tournament. My apologies if I have left somebody out; there are so many people to thank.



Alzheimer's Walk Fundraiser

Make a donation in the amount of \$10 to the Alzheimer's Walk, and you will be given one chance to win a gift card. If you want to purchase more chances, you may! All of the money will go to the Alzheimer's Walk Association. Cathy Olson will draw the winners at the September

meeting of the do not have to win. Cathy will track meets in of July picnic, gust club meet-



PTCRC. You be present to be at all of the July, the 4th and the Auing, or you can

also mail checks to her at Cathy Olson, 201 Southworth Court, Peachtree City, GA 30269. For more info, please contact Cathy at 678-438-3577. Please visit http://walktoendalz.kintera.org/faf/home/default.asp?ievent=454822 to learn more about the Alzheimer's Walk.

PTCRC 4th of July Picnic & After Party



Come on out and join us in celebrating the 4th of July at our annual family picnic and race after party at Dick & Jan Allis' house at 202 Camp Creek Trail in Peachtree City from 1 p.m. to 4 p.m. Please bring a covered dish, salad, or dessert of your choice to share. Barbeque chicken, pork, and hotdogs/bratwurst will be catered by Bent on Grilling (JR

Ramos). The club will provide tea, soft drinks, water, and all paper products. Please bring your own adult beverages. There is a swimming pool for everyone to enjoy, so bring your swimsuits! For more info, please contact Leah Liming at liming@aol.com or 678-665-1734.

Upcoming Club Events

Monday, July 4—Peachtree Road Race & July 4th Family Picnic (See newsletter for details.)

Tuesday, July 5—Summer Track Classic Series starts at Riley Field/Peachtree City Elementary School (See flyer for details.)

Saturday, July 9—Club Grand Prix/Run For Your Time at the Peachtree City Library at 8:00 a.m.

Tuesday, July 12—Summer Track Classic Series starts at Riley Field/Peachtree City Elementary School

Tuesday, July 19—Summer Track Classic Championship at Riley Field/Peachtree City Elementary School

Wednesday, July 20—Summer Track Classic Championship at Riley Field/Peachtree City Elementary School

Monday, August 1—Club Meeting at the Dolce at 7:30 p.m.

Saturday, August 6 — Club Grand Prix/Poker Run at the Peachtree City Library at 8:00 a.m.

Upcoming Georgia Races & Events

Peachtree Road Race 10K & Bus Info-07/04/11

Meet at McIntosh High School in the parking lot in front no later than 5:15 a.m. on Monday, July 4. Buses will leave at 5:30 a.m. sharp. The buses will drop us off as near Lenox Square/Phipps Plaza as possible (usually about 4-5 blocks away). After the race, the buses will be parked near the finish at Piedmont Park on Monroe Street, near the intersection of 10th Street. We usually arrive back in Peachtree City before noon. The annual club picnic will follow. If you have any questions, please feel free to call Steven Bothe at 313-671-6624, or email him at stevenbothe@gmail.com.

Summer Track Classic Series—July 5, 12, 19 & 20

The Summer Track Classic Series starts at Riley Field adjacent to the Peachtree City Elementary School. Registration begins at 6:00 p.m. with the first event kicking off at 6:30 p.m. There will be a 50 yard dash (10 & Under), 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, 1 mile run, 3200 meter run, 5K run, and 400 & 1600 meter relays. The Championship Series takes place on the 19th and 20th. To view the flyer with all the details, please visit the club's website at www.ptcrc.com/docs/PTCRC 2011 Summer Track Series Flyer.pdf.

Club Grand Prix - Run For Your Time—07/09/11

The run will take place at 8:00 a.m. on Saturday, July 9, in front of the Peachtree City Library. The Race will be a consistency run. When you arrive you will receive a number, on the back of the number will be a time. Everyone will start at the same time from the cart path in front of the library and try to return closest to the time on their number. You cannot run with a watch and to make it a little more adventuresome, the start and finish will be modified from the usual.

Club Grand Prix - Poker Run—08/06/11

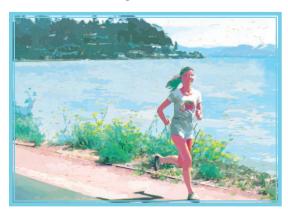
Meet at the Peachtree City Library at 8:00 a.m. on Saturday, August 6. Details forthcoming.

Tour of Faith 5K & 10K-08/13/11

The 5K and 10K races are part of a two-day event that begins on Friday, August 12, and includes a concert with multiple bands; and Saturday, August 13, will have multiple cycling distances, including a century, and 5K and 10K runs starting at 8:30 a.m. (pending start location). There will also be a family faith festival. All proceeds will benefit Wellspring Living & Miles for Smiles. For more info, please visit www.touroffaith.org, or call 770-883-1386, and to download the flyer, please visit www.wellspringliving.org/events.php?id=16.

4th Annual Toga Trot 5K & 1 Mile Fun Run—08/27/10

The race will begin and end at the Dolce Atlanta-Peachtree Hotel on Saturday, August 27, at 7:30 a.m. The course has been certified. Proceeds are divided between the Rotary's Polio Plus Foundation and ASCAPA's scholarship fund. Please visit www.togatrot5k.com for more info and to register.







The Avenues

What would a Classic Race be without Starbucks at the start and the finish line? The Starbucks at the Avenues in Peachtree City has been supplying our coffee needs for many years now. Starbuck's has made a commitment to purchase only the highest quality, ethically sourced, and responsibly grown coffee and to give back to the neighborhoods and communities they're a part of. And now Starbucks mobile apps are the fastest way to pay, so join the mobile payment revolution now with your Android phone.



The Richard Horning **Foundation**















Kiwanis Club of Peachtree City











www.atlantainfiniti.com Volkswagen of South Atlanta









