# LEGACY

NEWSLETTER OF THE PEACHTREE CITY RUNNING CLUB

MAR/APR 2011

# 2ND ANNUAL ALL AMERICAN 5K IN HONOR OF ASHLEY KURPIEL & BENEFITTING THE INTERNATIONL FOP ASSOCIATION TO TAKE PLACE ON MAY 28

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The All American 5K Run/Walk will again be held on Memorial Day Weekend, Saturday, May 28. Last year's inaugural race was a great success as a benefit for Lt. Dan Berschinski. This year, we are again donating the proceeds in honor of a hometown hero.

Ashley Kurpiel has lived in Peachtree City her entire life and has battled Fibrodysplasia Ossificans Progressiva (FOP) since the age of three. Ashley was originally misdiagnosed, resulting in the amputation of her right arm and shoulder. "Ninety percent of FOPers get misdiagnosed with some form of cancer," Kurpiel says. FOP is a rare disease in which inflammation causes the body's soft tissues to turn to bone, slowly trapping victims in a second skeleton. At the present, Ashley can't move her left arm and has very little neck movement, no lower back movement, and has lost mobility in her right leg. Currently there is no treatment to cure or change the course of this disease, but hope abounds as the gene which causes FOP was identified in 2006.

Ashley is a tireless worker for the cause of amputees and FOPers. She is excited to help raise money for the non-profit organization IFOPA, the main research, educational, and support organization for FOP. Coincidentally, her mother Carol received the phone call that her young daughter has this rare disease on Memorial Day in 1984, so the PTCRC is proud to be a part of the effort to raise awareness and research money at the U of Penn to find a cure for this disease on this very special weekend.

Ashley also visited last year's beneficiary Lt. Dan at Walter Reed Hospital while she was in Washington speaking before congress. The Berschinski family is very supportive of the race and Ashley's bravery in fighting her illness. She is definitely an All American Hometown Hero.



There are currently about 700 patients with FOP around the globe with 10 cases in Georgia. There will be three of those brave young people here for the All American 5K. Please google Ashley Kurpiel and watch one of the videos where she is highlighted on Mystery Diagnosis, the Tyra Banks Show, BBC Nova (the Skeleton Key), 20/20, and others. ABC News also has a great article about FOP quoting Ashley on their health website.

Also, to learn more about the International FOP Association, please visit *www.ifopa.org*. To follow Ashley's blog, please visit *ashleykurpiel.blogspot.com*.



# PTCRC 2011 EXECUTIVE BOARD

#### President

Shane Carpenter shanecarpent@yahoo.com 678-438-5512

#### **Administrative Vice President**

Steven Bothe stevenbothe@gmail.com 678-850-9168

#### **Activities Vice President**

Mark Hamilton jmbhamilton@mindspring.com 770-716-0362

#### Secretary

Connie Sambrone frecons@bellsouth.net 770-851-2209 (c) 770-631-0420 (h)

#### Treasurer

Tim Covert tim@dependablecomputerservice.com 770-789-9733

#### Membership

Bob Dalton robert.dalton@arcent.army.mil 770-461-4450

#### **RRCA Liaison**

Mark Ward mark@markward.com mark.d.ward@faa.gov 770-631-8775

#### **Classic Race Director**

George Martin r2sun98@mindspring.com 770-596-9890

## **Newsletter Contacts**

## Editor

Tamara Gerken soupie@numail.org 770-253-7387

#### **Race Results**

Bill Fuller mki.kammann@gmail.com 404-401-7714

The Legacy is published six times a year—January, March, May, July, September, and November. The deadline for submissions is the third Friday of the previous month. All are welcome to contribute.

Please send all articles and photos to Tamara Gerken

at soupie@numail.org.
Send race results to

Bill Fuller

at mki.kammann@gmail.com.

## NEXT DEADLINE: APRIL 15

# Club Meeting Highlights

## January

President Shane Carpenter called the first meeting of the New Year to order at the Dolce Conference Center. New members were acknowledged and welcomed by Shane and the club. A motion was made and seconded to approve the minutes of the November meeting.

There were no minutes from December. In lieu of a December meeting, the club experienced a very delightful, fun-filled Christmas Party. Thanks to Rita for orchestrating a great party!

## **Guest Speaker**

Our speaker for the evening was our own Administrative Vice President, Steve Bothe. Steve gave a very interesting and enlightening presentation on the benefits of using some form of "coaching" system for improving distance running. He recommended several books that could be useful in this pursuit. One of his favorites is by running Coach Jack Daniels. Steve stated that there are many methods of conquering this challenge. He strongly recommends, however, that one should choose a training plan that fits "you." Although there are personal coaches available, there are many "free" online coaching/training plans. Runner's World Magazine also has a good training plan. In closing, Steve simply encouraged members to always choose a training plan that is "workable" for them. Thanks to Steve for a great presentation.

After speaking, Steve stated that he does have a speaker for February. He asked that any members who had suggestions for future speakers for the meetings should contact him.

## **Reports From Officers**

Treasury—Treasurer Tim Covert distributed the proposed 2011 Budget to the members. He stated that there were not many changes from previous club budgets. As in previous years, the Classic is still the club's greatest revenue producer. Tim also asked that members review the proposed budget and be prepared to discuss any concerns at the next meeting or prior to the next meeting by contacting him. The finalized budget will be voted on at the February meeting.

## Reports From Coordinators

1,000 Mile Club—Roy Robison came forward to inform the club members of the requirements for the 1,000 Mile Club. In order to qualify for the 1,000 Mile Club, a member must do the following between the 2010 and 2011 PTCRC Christmas Party: run and/or walk at least 1,000 miles; participate as a PTCRC volunteer in at least 3 events; have at least 3 mileage updates published in the Legacy Newsletter; and attend at least 3 club meetings. The deadline for signup is May 2011. See Roy for a registration form.

#### Announcements

George Martin gave a brief report on two upcoming Rotary Club Events: the January 8 St. Paul Lutheran School's Frostbite Run and the February 12 Kedron Elementary School's Heart-to-Heart Run. George is also in need of 37 volunteers for the ATC's January 22 5K and 10K Run at Glenloch Park. Please contact George to volunteer for this event.

Shane expressed to the group the concern of several participants in the 2010 PTCRC Classic and previous classics that we bring back the sweat shirt or "hoodie" for the next classic instead of the techno shirt. Many club members seemed to be opened to exploring the possibility of reviving the sweatshirt or "hoodie."

The next Grand Prix event will be held on February 5 at the Besch's Home. It will be a consistency run. Each member is asked to bring one breakfast item to share.

There will be a showing of the "Hood-to-Coast" documentary on January 11 in four Northside Atlanta theaters. Anyone interested in viewing this event should check online or local theater listings.

The Boone's were thanked by the club for hosting the previous Grand Prix Breakfast.

Bob Dalton continues to encourage membership renewals. About half of the club members have renewed. Let's hurry up and renew 100%!

The next meeting is scheduled for Monday, February 5.

#### Adjournment

With no further business, the meeting was adjourned at 8:17 p.m.

# Prez Sez

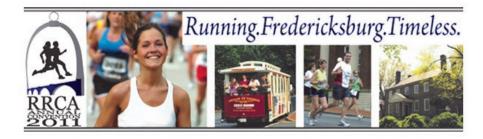
# By Shane Carpenter

Pring is finally in the air! It has been a long, cold winter this year, and this is coming from someone who grew up in Minnesota! I recently was in southern California and was enjoying the warmer temperatures and came back to Atlanta, and it was up 15-20 degrees, which felt great. I myself enjoy running in colder weather, but it is nice to not have to put on so many layers just to go for a run.

I am now two months into my presidency, and I am enjoying it very much. I've enjoyed seeing and meeting all the wonderful people who make this club what it is today and also observing all the long, hard hours that everyone puts in volunteering. If it wasn't for the volunteers, we would not have a club, and frankly, I would be sadly disappointed, but we do have great volunteers, and I commend you on that. Going forward, I would like to encourage anyone who hasn't volunteered to do so. Now, I know we all have busy schedules, but I know if you do, you will enjoy it, and also, you might



just meet some new people and possibly new running partners. Coming up, there are many races to volunteer for, and I know we are always looking for some great volunteers, so please come out and enjoy yourself. I really do appreciate everyone's effort and time to make this the best running club in Georgia.



## 2011 RRCA Convention

By George Martin

The Road Runners Clubs of America will be presenting its annual convention this year in Fredericksburg, Virginia, hosted by the Fredericksburg Area Running Club. The theme for the 2011 RRCA Convention, "Running. Fredericksburg. Timeless." truly sets the tone. The dates of this year's convention are May 12-15.

Registration cost is \$250 per person through April 1. Convention registration includes: shirt, workshops, meetings, welcome reception, and the awards banquet. After April 1, the registration cost increases to \$300 per person.

In Fredericksburg, attendees are invited to "run in the footsteps of presidents and generals" in the Marine Corps Historic Half Marathon. The 13.1 mile race is open to all runners and relay teams ages 10 and above. The annual Semper Fred 5K will immediately follow the Historic Half. All of these running events start and finish outside the Fredericksburg Expo & Conference Center on Sunday, May 15.

If you are interested in attending, check out the details on the RRCA website at www.rrca.org.

## WELCOME NEW MEMBERS!

Steve Cole (Fayetteville) \* Amy Hill (Sharpsburg)
Mike Stone (Fayetteville) \* Susan Roberts (Fayetteville)
Rachel Tierney (Peachtree City) \* Mark and Linda Barbour (PTC)
Samantha Nestlehutt (Newnan) \* Carrie Jones (Fayetteville)
Kim Herlehy (PTC) \* Kate Ideker (Fayetteville)
Julie Nielsen (Senoia) \* Megan Stubbs (Fayetteville)

## New Member Profile By Bob Dalton

# Father-son duo achieves 1,000 mile jacket together! – Part I: Dave



Dave & Ryan Kennedy with the Rambling Wreck after the Pi-Mile race at Georgia Tech

This is a two-parter featuring Dave and Ryan Kennedy. There have been numerous husband and wife teams in the PTC Running Club over the years that have earned their 1000-mile jackets together. But as far as we know, David and Ryan Kennedy are the first father and son to do so having been presented their jackets at the recent PTCRC Awards Banquet. This edition features dad Dave with the next edition focusing on son Ryan.

Dave Kennedy is a great American Patriot who served his country in the U.S Army as a Field Artillery Officer for 22 years. In so doing, he was also carrying on a great family tradition of military service dating back to the Revolutionary War. His great, great, great grandfather was BG John Glover who led the Marblehead Regiment (Marblehead, Massachusetts) in the Revolutionary War. BG Glover's men provided the boats and rowed General Washington across the Delaware River when they attacked the British at Trenton, New Jersey, in December 1776. There is a famous painting that shows General Washington in the boat as they crossed the river that night in the snow.

Dave, 54, was born in Swampscott, Massachusetts, and attended the University of Vermont, graduating with a degree in Business Administration and a commission as a Second Lieutenant through ROTC. He later attended Salisbury State University in Maryland graduating in 1988 with an MBA. He and his wife Connie have lived in Fayetteville since being assigned to Fort McPherson ten years ago. In addition to son Ryan, 22, they also have a daughter, Courtney, 20, and their dog Cody. Ryan is majoring in Mechanical Engineering at Georgia Tech (more about him in the next edition!) while Courtney is a business major at Georgia College and State University in Milledgeville.

Dave is now retired from the Army and is a government employee at the CDC in Atlanta where he serves

as the Plans and Exercise Branch Chief in the Division of Emergency Operations.

During his military service, Dave was stationed in such diverse locales as Oklahoma, South Carolina, Korea, Kansas, Germany, Bosnia, Vermont, and Washington. Along the way, he managed to live in, visit, or travel through all but three of the 50 states!

Dave started running in college ROTC and has continued since then "so I can eat and drink what I want and not gain a hundred pounds. I enjoy going to races and running with my son. Well, we start the race at the same time, but I only see him at the start and then after the finish." His favorite distance is the 5K and his favorite race is the Mercedes Half Marathon in Birmingham because of the "great medal, relatively flat course, and great post race barbecue and party in the civic center."

Dave enjoys getting in a few training miles on most days regardless of the locale but not all of his runs have gone as planned. "While visiting a friend in Baton Rouge, Louisiana, I went out for a short three mile run but got lost on some back roads and was chased by dogs. I ended up running about 12 miles because I didn't want to run back by the dogs. But I had plenty of motivation (fear of getting bitten)."

Some of his fonder memories include "winning the father and son 1st place trophy at the U.S. Army HOOAH 5K race at Fort McPherson in June 2005 and completing my first Atlanta Half Marathon on Thanksgiving Day 2006. Another memorable running moment is from the Old Court House 5K Civitan Race in Fayetteville in May 2002 when my son Ryan who was 14 beat me for the first time in a race. I have never beaten him again, unless of course he is injured."

"Besides running, I enjoy ice skating, skiing, working in the yard, and going to sporting events (hockey, football, baseball). Hockey is my favorite sport. Also collecting hockey cards (autographs and memorabilia) and, of course, drinking beer on weekends after running."

When asked about the reason behind joining the PTCRC, Dave is quick to reply, "Should have joined a long time ago. I enjoy running and knew quite a few folks who were already in the club. Plus we would go to several of the club's races each year, so it just seemed like the best thing to do would be to join. My son and I enjoy it. There are a lot of great people who do a tremendous amount of work to promote running in the schools and in the community in the PTCRC."

Dave and Ryan have certainly jumped in with both feet to do their part, working the Elementary School Grand Prix's, the All American 5K, and the PTC Classic Expo and Race. They are a unique father-son team earning their next jackets and having fun along the way!

## New Member Profile By Bob Dalton

## Deanna McCurdy - The adventure continues



David & Deanna with daughters Hayden Grace and Hailey and family dog Tucker

Winning the first place female overall at the recent 2010 Peachtree City Classic 15K was a dream come true for new club member Deanna McCurdy. The story of her journey to that victory is an inspirational one punctuated with highs and lows and many twists and turns along the way.

Deanna, 36, is a native of Peachtree City as is her husband Dave. They are both McIntosh High School grads., though unbeknownst to each other at the time. Deanna explains, "David and I, although both 'old timers' from Peachtree City (his family moved here in 1972 and mine in 1979), did not know each other in high school. We met at an adventure race up in the mountains of North Carolina. Why did it take 15 years after high school to finally connect? Let's just say we ran in very different social circles growing up. He was a bigtime McIntosh soccer player (and a senior). I, on the other hand, was in the band (and a freshman) and didn't really begin running and other sports activities until college and later. We both, however, love how life comes full circle, and we are back exactly where we started together."

Along the way, Deanna obtained a degree from the University of Evansville, Indiana, in Exercise Science and Physical Therapy in 1996 and a degree in Clinical Massage Therapy in 1997. Later, she also attended the Atlanta School of Massage.

David and Deanna moved back to the Atlanta area in 2000 and then to PTC just last year with their daughters Hailey (age 5 ½) and Hayden Grace (age 2 ½), and the family pet Tucker – whom Deanna calls "the wonder dog and my former running partner!" David is a Certified Financial Planner/Partner at Anson Capital.

Deanna says "I spend my days juggling raising two little girls, one with Angelman Syndrome, a neurogenetic disorder which limits her ability to speak and walk. I am a chauffeur, driving them to school, activities, therapies, and play dates. I am a chef, a gardener, a nurse for all those little bumps and bruises, and an advocate for those with special needs. I dream with eyes wide open about what it was like to sleep through the night. Oh yes, I run as well for mental therapy when I can squeeze it in!"

However, her running serves as more than just therapy as evidenced by the race times and awards she has racked up over the years. Take for example her PRs: 17:46 for 5K; 37:10 for 10K; 59:42 for 15K; 1:03:10 for ten miles; 1:24 for the half marathon; and 3:12 for the marathon at the Cincinnati Flying Pig in 2000.

As additional indicators of her athletic prowess and multi-talented expertise, she holds membership in GUTS (Georgia Ultrarunners and Trail Runners Society), the PTC Triathlon Club, and is sponsored by Team Aquaphor. In her ever expanding athletic repertoire, Deanna took up triathlons last year.

Deanna says she enjoys running because "It is part of who I am. Without it, I am lost." But she is quick to add, "I am actually not a road runner, I am a trail runner and mountain biker who is dipping her toes back into the land of pavement after returning to Peachtree City and its 90 miles of paved paths. I love being able to go for a run (or race) and throw time goals out the window. My husband David introduced me to the sport of adventure racing when we first met. We tease that if two highly competitive people can be lost in the woods for hours on end and still cross the finish line together, marriage will be a piece of cake! What an adventure both are!"

She recounts one of her most memorable races as the 2009 Blue Ridge Mountain Adventure Race. "David and I crossed the finish line in downtown Blue Ridge with our teammate, Russ Stevenson, a former Fayette County high school grad and current Blue Ridge, Georgia, resident, almost an hour before the 2nd place team thanks to some tactical decisions during the race. After crossing the line and posing for pictures, we discovered that we missed the final checkpoint of the race – five miles back outside of town. We hopped back on our bikes and peddled as fast as our weary legs would take us to the checkpoint, punched our card, and headed back to the finish to redeem ourselves and our premature celebration!"

As for unusual running experiences, Deanna says, "Maybe this should be referred to as the 'Most unusual start to a run/race experience,' that would have to be sprinting out of a ditch to start my first night leg of the Kentucky Bourbon Chase this past fall, thanks to my team captain, Jerry Shoemaker (not to name names!)

Continued on page 11.

## Racing News

# ATC 5K/10K doubles in size and runs like a clock! By George Martin

Thanks to all of the club members who came out and volunteered at the Atlanta Track Club 5K/10K this past Saturday. We ended up getting 52 club members to help at the race, and because the size of the field nearly doubled from last year, everyone was needed. Thanks for helping us show what a tremendous club we have in Peachtree City.

Several club members took part in the race and acquitted themselves quite well. Results are available at the *Atlanta Track Club's website*.



## 1,000 Mile Club

## HISTORY OF THE 1,000 MILE CLUB

The idea for the 1,000 Mile Club was conceived in 1989 by then Peachtree City Running Club President Nora Weed. The first jackets were presented by Santa Claus at the 1989 Christmas Party at the Christ Our Shepherd Lutheran Church. Since then, the club has presented more than 170 jackets to members who have met the minimum qualifications. The 1,000 Mile Club also includes 5,000, 10,000, 15,000, and 20,000 Mile Awards.

The 1,000 Mile Club is one of the Peachtree City Running Club's most popular programs and helps promote fitness, volunteer activity, and club participation.

## 1,000 MILE CLUB REQUIREMENTS

To qualify for a 2011 1,000 Mile Club Jacket and/or certificate, the following requirements must be met by a PTCRC member:

- 1.) Run and/or walk at least 1,000 miles between the 2010 and 2011 PTCRC Christmas parties.
- 2.) Participate as a PTCRC <u>volunteer</u> (not participant) in at least three (3) events between the 2010 and 2011 PTCRC Christmas parties.
- 3.) Have at least three (3) mileage updates published in the Legacy between the 2010 and 2011 PTCRC Christmas parties.
- 4.) Attend at least three (3) club meetings between the 2010 and 2011 PTCRC Christmas parties.
- 5.) For the 5,000/10,000/15,000/20,000 Mile Clubs, you must have qualified for the 1,000 Mile Club for 5, 10, 15, and 20 years respectively. Years need not be consecutive.
- 6.) The  $\underline{\text{deadline}}$  for signup for year 2011 is the  $\underline{\text{May}}$  club meeting.
- An application MUST be completed at a PTCRC meeting.

If you have any questions about the program, please contact the 1,000 Mile Club Coordinator, Roy Robison, at croyrun@comcast.net.



Rene and Dan Flaherty had a great time running the Mardi Gras Half Marathon in New Orleans.

BILL WERLING	1000 CLUB 20,00			ACTIVITIES		
BILL WERLING						
DILL WERLING	22	0 MILE 159	CLUB	2	N0	
	15,00		CLUB	2	IVU	
SUSAN MILLS	18	155	2	0	N0	
TERI BESCH	17	160	2	2	N0	
CAL DALEY	17	76	1	0	N0	
DAVE PIET	16	195	2	1	N0	
BOB DALTON	15	234	2	2	N0	
ANN SHOEMAKER JERRY SHOEMAKER	15	96 249	1	0	NO NO	
JERRY SHUEMAKER	15			0	N0	
BILL ANDERSON	14	140	1	1	YES	MED
JULES DESGAIN	14	75	1	0	YES	MED
ROY ROBISON	14	190	1	1	YES	MED
BONNIE HANCOCK	12	83	2	0	N0	
STEVE HANCOCK	12	152	2	0	N0	
CARYLE ROBISON	11	171	0	0	N0	
RICHARD ALLIS	5,000	149 MILE	CT IID	0	N0	
MARINO FUENTES	9	48	CLUB 1	0	YES	2
CATHY OLSON	9	132	2	1	YES	MED
MICHAEL WARREN	8	80	1	0	NO	meD.
RITA WESTON	8	153	2	0	N0	
BILL EVERAGE	7	167	1	1	N0	
PATRICK KEARNS	7	155	1	1	N0	
CONSTANCE SAMBRONE	7	126	1	2	N0	
WES WILKINS LISA MATHEWS	<u>7</u>	25 138	2	0	NO NO	
TRACEY MOORE	6	50	1	0	NO NO	
JOHN WATERHOUSE	6	50	1	0	NO NO	
GEORGE MARTIN	5	120	2	2	NO	
TERESA MOORE	5	200	1	0	N0	
	1,000	MILE	CLUB			
JAKE HANCOCK	4	163	2	0	YES	XL
KIM RUPLE	4	135	2	1	YES	SM
ED VISE RAY BESCH	3	1	2	0	YES NO	LG
PATRICIA COTE-MILES	3	0	1	0	NO NO	
TIM COVERT	3	78	2	2	NO NO	
BRANDI OSSE	3	150	2	0	NO NO	
VON WOODS	3	120	1	2	N0	
HOLLY ANDERSON	2	29	1	0	N0	
KITH BURKINSTOCK	2	160	2	0	N0	
CHRIS CHIONG	2	0	1	0	N0	
STEVEN BOTHE MITCH BUTLER	1	357	1	1	NO NO	
DAVID KENNEDY	1	355 154	2 2	1	NO NO	
RYAN KENNDEY	1	244	2	0	NO NO	
MIKE LANKFORD	1	60	1	0	NO NO	
JENNIFER LAWRENCE	1	219	1	0	N0	
DOUG LEGO	1	8	1	0	N0	
JILL LEGO	1	24	1	0	N0	
	4000 140 5	CLUBE	IDOLLETS.			
MARK ANDERSON	1000 MILE 0	CLUB EI	VROLLEES 1	0	YES	MED
NANCY HAMILL	0	40	1	0	YES	MED
RYAN HAMILL	0	17	1	0	YES	LG
TODD HAMILL	0	48	1	0	YES	LG
HANNAH HANCOCK	0	35	1	0	YES	SM
KELLY FARIS	0	0	1	0	YES	SM
BETH REDMOND	0	94	1	0	YES	SM
MADISON REDMOND SHANE SHEFFIELD	0	20	1	0	YES YES	SM
ADAM SHOEMAKER	0	162 199	1	0	YES	LG LG
MIKE STONE	0	240	1	0	YES	LG
MEGAN STUBBS	0	199	1	0	YES	MED
DAVID VILLARS	0	46	1	0	YES	MED
MICHELLE VILLARS	0	0	1	0	YES	?
ANGIE WARREN	0	10	1	0	YES	?
SCOTT WILDE	0	98	1	0	YES	LG



## **Grand Prix Events & Results**

## January/Event 1 – Boone's Guess the Distance (Actual Distance - 24,866 Feet)

									1111						
Female 51 and Under			Female 52 and Over					Male 51 and Under				Male 52 and Over			
<u>P1.</u>	Runner	Pts.	Diff.	<u>P1.</u>	Runner	Pts.	Diff.	<u>P1.</u>	Runner	Pts.	Diff.	<u>P1.</u>	Runner	Pts.	Diff.
1	Kelly Bowman	50	100	1	Maryann Crofton	478	100	1	Jeff Greer	55.6	100	1	Jules Desgain	478	100
2	Deanna McCurdy	209	90	2	Martha Boone	662	90	2	Shawn McKinnon	219	90	2	Cal Daley	640	90
3	Teresa Moore	435.44	80	3	Ann Shoemaker	841	80	3	Jed Smith	272	80	3	Chuck Garwood	665	80
4	Hannah Hancock	728.64	70	4	Teri Besch	847.6	70	4	Jake Hancock	586	70	4	Marino Fuentes	716	70
5	Megan Stubbs	820	60	5	Ann Henderson	1898	60	5	Ryan Hamill	624	60	5	Gary Kolb	728	60
6	Jill Lego	1106	50	6	Jan Bankieris	2162	50	6	Todd Hamill	735	50	6	Jerry Shoemaker	842	50
7	Nancy Hamill	1370	40	7	Susan Mills	2686	40	7	Tim Covert	742	40	7	Dick Allis	1006	40
8	Ann Port	1370	30	8	Trish Vlastnik	2918	30	8	Adam Shoemaker	819	30	8	Ben Gross	1085	30
9	Bonnie Hancock	1634	20	9	Cathy Olson	3118	20	9	Chris Chiong	1106	20	9	Hal Wolf	1088	20
10	Jane Hamilton	1686.8	10	10	Pat Cote-Miles	3957.2	10	10	Bill Anderson	1266	10	10	Lou Boone	1534	10
11	Valerie Reynolds	1739.6	5	11	Kim Garwood	4865	5	11	Vern Schmitz	1370	5	11	Bob Dalton	1571.8824	5
12	Ann Blaum	2603	5					12	Wes Wilkins	1796	5	12	Ed Vise	1838.99	5
13	Leah Liming	2686	5					13	Steve Hancock	2057	5	13	Mike Lankford	1950.8	5
14	Kim Ruple	3904.4	5					14	Fred Port	2800	5	14	George Martin	2357	5
15	Jeannie Smith	6634	5									15	Lynn Fairley	3060	5
16	Rylie Hamilton	22654	5									16	Scott Allen	3218	5
17	Kelley Mitchell	32814	5									17	Von Woods	6914	5

## February/Event 2 – Consistency Run

Female 51 and Under									Female 52 and Over				
<u>Pl.</u>	Runner	Out	<u>Total</u>	In In	Diff.	Pts.	<u>P1.</u>	Runner	Out	Total	<u> In</u>	Diff.	Pts.
1	Kate Ideker	19:57	15:52	19:55	0:00	100	1	Martha Boone	22:56	45:53	22:57	0:01	100
2	Leah Liming	20:02	39:53	19:51	0:11	90	2	Jan Bankieris	22:20	44:33	22:13	0:07	90
3	Nicki Hand	22:27	44:32	22:05	0:22	80	3	Linda Barbour	49:05	96:35	47:30	1:35	80
4	Hannah Hancock	22:25	45:50	23:25	1:00	70	4	Cathy Olson	30:55	57:46	26:51	4:04	70
5	Kelly Bowman	49:05	96:35	47:30	1:35	60	5	Bernice Wassell	30:55	57:45	26:50	4:05	60
6	Jane Hamilton	27:40	59:24	31:44	4:04	50	6	Teri Besch				50	
7	Kim Herlihy 20:02 52:03 32:01 1		11:59	40									
8	Bonnie Hancock			1500	5	10			The state of the s				
	Male 51 and Under							Male 52 and Over					
<u>P1.</u>	Runner	Out	<b>Total</b>	<u>In</u>	Diff.	Pts.	<u>P1.</u>	Runner	Out	Total	In	Diff.	Pts.
1	Chris Chiong	22:57	45:54	22:57	0:00	95	1	Jerry Shoemaker	22:56	45:52	22:56	0:00	100
2	Steve Bothe	22:58	45:56	22:58	0:00	95	2	Bill Everage	22:57	45:55	22:58	0:01	90
3	Adam Shoemaker	22:56	45:51	22:55	0:01	80	3	Normer Adams	22:57	45:17	22:20	0:37	80
4	Jed Smith	20:02	39:55	19:53	0:09	70	4	George Martin	49:05	97:18	48:13	0:52	70
5	Bill Anderson	19:52	39:54	20:02	0:10	70	5	Mark Barbour	49:05	97:17	48:12	0:53	60
6	Sean Frick	22:59	45:44	22:45	0:14	50	6	Cal Daley	22:57	44:36	21:39	1:18	50
7	Kith Burkingstock	22:59	45:28	22:29	0:30	40	7	Patrick Kearns	29:44	74:08	44:24	14:40	40
8	Steve Hancock	22:26	45:49	23:23	0:57	30	8	Bill Werling					10
9	Jake Hancock	22:25	45:48	23:23	0:58	20	9	Joe Wassell					5
10	Tim Covert	29:50	61:57	32:07	2:17	10	10	David Gulick					5
11	Vern Schmitz	20:03	52:04	32:01	11:58	5							
12	Shane Carpenter					10							

## **Overall Standings After 2 Events**

]	Female 51 and Und	ler		Female 52 and Old	er		Men 51 and Under	•		Men 52 and Old	er
P1.	Runner	Pts.	P1.	Runner	Pts.	<u>Pl.</u>	Runner	Pts.	<u>P1.</u>	Runner	Pts.
1	Kelly Bowman	160	1	Martha Boone	240	1	Jed Smith	150	1	Jerry Shoemaker	150
2	Hannah Hancock	140	2	Jan Bankieris	140	2	Chris Chiong	115	2	Cal Daley	140
3	Kate Ideker	100	3	Teri Besch	120	3	Adam Shoemaker	110	3	Jules Desgain Bill Everage	100 90
4	Leah Liming	95	4	Maryann Crofton	100	4	Jeff Greer	100	5	Normer Adams	80
5	Deanna McCurdy	90	5	Cathy Olson	90	5	Steve Bothe	95	6	Chuck Garwood	80
6	Nicki Hand	80	6	Ann Shoemaker	80	6	Jake Hancock	90	7	George Martin	75
7	Teresa Moore	80	7	Linda Barbour	80	7	Shawn McKinnon	90	8	Marino Fuentes	70
8	Jane Hamilton	60	8	Ann Henderson	60	8	Bill Anderson	80	9	Mark Barbour	60
9	Megan Stubbs	60	9	Bernice Wassell	60	9	Ryan Hamill	60	10 11	Gary Kolb Lou Boone	60 60
10	Jill Lego	50	10	Susan Mills	40	10	Sean Frick	50	12	Patrick Kearns	40
11	Kim Herlihy	40	11	Trish Vlastnik	30	11	Tim Covert	50	13	Dick Allis	40
12	Nancy Hamill	40	12	Pat Cote-Miles	10	12)	Todd Hamill	50	14	Ben Gross	30
13	Bonnie Hancock	30	13	Kim Garwood	5	13	Kith Burkingstock	40	15	Hal Wolf	20
14	Ann Port	30			6	14	Steve Hancock	35	16	Bill Werling	10
15	Kim Ruple	5			A ~	15	Vern Schmitz	10	17	Mike Lankford	5
16	Kelley Mitchell	5				16	Shane Carpenter	10	18 19	Bob Dalton Ed Vise	5
17	Valerie Reynolds	5			0	17	Wes Wilkins	5	20	Scott Allen	5
18	Ann Blaum	5				18	Fred Port	5	21	David Gulick	5
19	Jeannie Smith	5				10	Tied Toll	3	22	Von Woods	5
Q 19	јеание знин	3							23	Joe Wassell	5
						and a			24	Lynn Fairley	5

## Club News & Announcements

# 2011 AJC Peachtree Road Race online lottery registration opens March 15

To enter the online lottery, visit *ajc.com/peachtree* any time from 5:00 a.m. on Tuesday, March 15, to 11:59 p.m. on Thursday, March 24. All individuals and groups who enter the lottery during the 10 day period will have an equal

chance of being 2011 AJC Race, regardor time they will be selected after the lottery 24. All lottery receive an day, March 29, of whether or selected for the



selected for the Peachtree Road less of the day enter. Entrants by a third party closes on March entrants will email by Tuesinforming them not they were 2011 event.

Details regarding the 2011 AJC Peachtree Road Race online lottery system can be found at http://peachtreeroadrace.org/participant-information/registration.

# Peachtree City hosts 2011 USATF Track & Field Championships—volunteers needed!

The USA Track & Field (USATF) recently confirmed that Peachtree City has been selected to host several very large youth track & field events. This follows the USATF Georgia State Youth Cross Country championships in November of 2010, which were also held in Peachtree City. Both of the upcoming track & field events will be held at Starrs Mill High School.

Peachtree City has been selected to host the Georgia State Youth Track & Field Championships from June 16-19. The state championships typically will have over 2,000 young athletes competing along with their families.

In addition, Peachtree City has also been selected to host the 2011 USATF Region 3 Youth Track & Field Championships. The regional meet will bring over 3,000 young athletes from all over the five states in the Region (Georgia, South Carolina, North Carolina, Virginia, and Maryland) and will be held from July 7-10.

All of this attention points to the dramatic impact the Peachtree City Running Club has had over the past 30 years in advancing youth running in our community, but special thanks needs to go to Don Livingston, the current head coach of the FLASH youth running club, for being the impetus in our getting these USATF bids.

We will be looking for a large number of volunteers both inside and outside of our club, so mark your calendars now.

## Update on Lt. Dan Berschinski



Dan Berschinski and Amit Patel, close friends and West Point graduates holding a photograph of their cycling team

The Berschinskis are forever thankful for the outpouring of kindness they have received from the community, friends, and strangers alike.

In a recent article posted in the Yorktown Patch, Inaugural All American 5K benefit recipient Dan Berschinski is quoted as saying, "The support that I have gotten from the Army, West Point, my own community, and communities like Yorktown Heights across the nation have really made a difference in my recovery. I am indebted to the strangers that have given me their thanks, and I will always work harder because of that. Thank you very much."

To read the full article, please visit the *Yorktown Patch*.

Thank you Berschinski family, and thank you Dan!

## Classic Stuff For Sale!!!!

A few 2009 Classic vests and 2010 Classic shirts still remain in our small inventory. If you are interested, you can purchase them for \$10, with all proceeds going into the Peachtree City Running Club's treasury.



## **Upcoming Club Events**

Monday, March 7—Club Meeting at the Dolce at 7:30 p.m.

Saturday, March 19—Club Grand Prix/4-Person Team Relay at the PTC Library at 8:00 a.m.

Saturday, April 2—Club Grand Prix/Easter Egg Hunt Run at the PTC Library at 8:00 a.m.

Tuesday, April 5—Club Meeting at Partner's II Pizza at 7:00 p.m.; fun run at 6:00 p.m.

## Club News & Announcements

Ida Maloy, 1924-2011 By Bob Dalton

I da Maloy, widow of Joe Maloy, long-time running club member passed away on January 6, 2011. Joe was a bona fide member of the 'Greatest Generation' having served as a tail gunner on a B-17 in World War II. He was shot down, captured, and was a POW for 17 months in a German stalag.

The club was honored to have Joe as its guest speaker in 2004 where he told of his World War II experiences. He received a sustained standing ovation at the conclusion of his remarks and was presented a copy of Tom Brokaw's book 'The Greatest Generation' by the club as a small token of appreciation for his sacrifices in the war.

Joe was the first club member, along with Bill Werling, to earn the 10,000 mile and 15,000 mile jacket. He was well on his way to earning the 20,000 mile jacket by walking six miles a day until he passed away in 2006. His widow Ida was presented an honorary 20,000 mile jacket by the club in 2007.

Joe and Ida were both great American patriots. Ida was a long time volunteer at Fayette Piedmont Hospital and an active member at her church. Their son Bruce has been a sponsor of the PTC Classic since 2006, and you will find the 'Friends of Joe Maloy' logo on all the race shirts since then. Please visit the *AJC here for Ida's obituary*.



Willard Fairley, 1915-2011 By Bob Dalton

Lynn Fairley's father, Willard Leroy Fairley, Sr., passed away on January 23, 2011. Lynn is a long-time club member who served as Club Treasurer 1988-1989 and as Club President from 2002-2003.

Mr. Fairley, age 95, of Douglasville, Georgia, passed away Sunday, January 23, 2011. He was born May 10, 1915, in Leaf, Mississippi, son of the late Peter Eluther Fairley and Rosa Ethel Hinton Fairley. He was also preceded in death by four brothers and one sister. Mr. Fairley was a veteran of the U.S. Army serving during World War II. He was a member of the National Active and Retired Federal Employees, an electronics technician with the Federal Civil Service, and an electrical technician with the Third U.S. Army stationed at Fort McPherson, Georgia. He was a member of Leaf Baptist Church. Mr. Fairley loved his family and gardening.

He is survived by his wife of 69 years, Fannie Ellen Fairley of Douglasville, Georgia; sons and daughters-in-law, Willard and Betty Fairley, Jr., of Jasper, Georgia; Lynn and Shirley Fairley of Peachtree City, Georgia; Gary and Susan Fairley of Palm Coast, Florida; grandsons, David Fairley, Chris Fairley, Rusty Fairley, and Matt Fairley; great-grandchildren, Devin Fairley, Austin Fairley, and Austin Gabriel Fairley; and numerous nieces and nephews.

## Club News & Announcements

# Deanna McCurdy – The adventure continues *Continued from page 5.*

telling me I still had ten minutes before speedy teammate Bill Everage would be approaching the transition area!"

Deanna's favorite race distance is the 15K. As far as favorite races, it is a tie between the Red Top Rumble 11.5 Mile Trail Race and our own PTC Classic. She explains, "The Red Top Rumble was my first race after having baby #2, Hayden Grace. She turned our world upside down for months after she was born. I went into the race with no training, no expectations, and ended up finishing top overall female, having a race where my feet never felt like they were touching the ground. That race reminded me that running (and racing) isn't really about time and placement; it is about passion and true love for the sport."

About the PTC Classic she says, "I ran the 5K ten years ago (1st overall female in 18:22), but was fearful of running the 15K because in my mind, that was where the "real runners" were. It took ten years, three relocations, and two children to finally return to Peachtree City and attempt the 'Classic' race. Crossing the finish line (1st overall female in 1:01:52) surrounded by new and old friends, and seeing my mom proudly waiting for me (She had just finished the 5K.) brought tears to my eyes. To take the journey we have been through and cross the finish line across the street from the elementary school I attended and the BMX track that my husband's father helped create truly made the moment surreal."

David and Deanna joined the club because "Now that we are finally back in Peachtree City loving all of what this town has to offer for both our passions and our children, we are looking to connect with people who share the same love! We look forward to getting involved and being part of such a fun club!"

Reflecting on her lifetime adventure to date, Deanna says "Funny, now that I have two little girls, one with special needs, I train (and sleep) much less than most athletes. I credit my abilities and success this past year to God and my little angel (as we call these unbelievably happy children with Angelman Syndrome). God gave me a talent, now my angel is showing me what to do it. I have created 'Team Miles Smiles' (www.miles-for-smiles.org), a running and fundraising team devoted to helping people set and achieve running goals they once never thought possible while at the same time raising money for Angelman Syndrome Research."

"I truly love every step I take out on the paths, thinking about my girls – sometimes in anguish, other times filled with light-hearted joy – but forever grateful for the gift I have been given, the people I have met along the way, and the wonderful place we call home."

The PTC Running Club is thrilled and honored to now be a part of the McCurdy Family as well and to share in their ongoing adventure!

## **February Minutes**

President Shane Carpenter called the February meeting to order at the Dolce Conference Center. New members and guests were acknowledged and welcomed by Shane and the club.

Shane and the club thanked Terri and Ray Besch for hosting a great "new member" breakfast on Saturday, February 5.

A motion was made and seconded to approve the January Minutes.

#### Lists Passed Around

1,000 Mile Book

School Grand Prixs—Terri encouraged PTCRC Members to register for the Oak Grove/Burch race under the Oak Grove name. The date of the Oak Grove/Burch 5K has been changed from March 5 to March 12. Kedron Heart-To-Heart 5K are in need of 5 more volunteers.

## Speaker

The speaker for the evening was Mr. Tony Davis of Smith and Davis Clothing/Sporting Goods Store. In addition to presenting some very enlightening and historical information on early runners, Tony spoke to us on preventing running injuries and improving running ability by choosing the correct running shoe. Running shoes should not be selected by what is published as the most popular, but should be based on what is suitable and adaptable for the individual runner's feet, weight, and running style. Tony also discussed the healthy aspects of barefoot running. Barefoot running seems to definitely be on the rise. The positive aspects being the fact that the style seems to strengthen feet. Strides are shorter with running on the ball of the foot as opposed to heel-toe running. The runner is less likely to over pronate. Thanks Tony for the very valuable information and insight.

Shane also reminded the club that Smith and Davis gives a 10% discount on running shoes to PTCRC Members.

## **Reports From Officers**

Treasury—Tim Covert, club Treasurer, briefly reviewed the 2011 Proposed Budget. He stated that the budget really has not changed from the previous year's budget. There were no questions from the club members nor was there any discussion for changing any part of the budget. The 2011 budget was approved by the club members.

Continued on page 14.

# New Member Breakfast



New members Mar



New member Sean Frick with Steven Bothe and Chris Chiong



and Lou Boone







Adam Shoemaker, Shane Carpenter, and Leah Liming with new member Kim Herlihy



New members Courtney Gilliam and her mother Cheryl with Steve Hancock



Vern Schmitz Nikki Hand



New member



Kith Burkingstock and

## Racing Calendar

## **Upcoming Georgia Races**

## 5th Annual ShamRock and Run 5K/10K & 1 Mile Fun Run-03/05/11

The Newnan Jr. Service League ShamRock Run 5K/10K and 1 Mile Leprechaun Lap is a major fundraiser for local charities of Coweta County. A portion of the proceeds will benefit the Community Welcome House of Newnan. This year, the event takes place on Saturday, March 5. Both the 5K and 10K race routes are certified and are one of the last qualifying races for the Peachtree Road Race. The 10K course is for competitive runners, while the 5K and 1 Mile are fun for the whole family. Dogs and strollers are welcome on the 5K course! Race day registration and check-in takes place at 7:00 a.m.; the 1 Mile Leprechaun Lap begins at 7:45 a.m.; and the 5K and 10K start at 8:00 a.m. Awards will be presented to the top 3 male and female finishers in each of the 15 age groups. For more info and to download an application, please visit www.nislonline.org/shamrock-and-run.html.

## Oak Grove/Burch Elementary 5K & 1 Mile Fun Run—03/12/11

Come join us for the Oak Grove & Burch Elementary/Run for the Gold-Bear Tracks Joint Race 5K and 1 Mile Fun Run on Saturday, March 12. The race will begin at Oak Grove Elementary. Warm-up begins at 7:30 a.m. with the 5K starting at 8:00 a.m. and the 1 Mile Fun Run beginning at 8:05 a.m. All participants will receive a tee shirt. Awards for the 5K will be given to the top three male/female winners of each age group. Top male/female per grade level will receive awards for the 1 Mile, as well as Overall and Masters. Please visit <a href="http://216.77.96.35/schoolhp/oges/docs/rftg\_application2011.pdf">http://216.77.96.35/schoolhp/oges/docs/rftg\_application2011.pdf</a> for more info and to download an application.

## PTCRC Grand Prix - 4-Person Team Relay-03/19/11

Meet at the PTC Library at 8:00 a.m. on Saturday, March 19, for the 4-Person Team Relay. We will draw names to form teams. On the 10K course, each team of four runners will run together as fast as they can to the 1st mile marker. The team will then decide which runner drops off while the remaining three run together as fast as they can to the 2nd mile marker. The team will then decide which runner drops off while the remaining two run together as fast as they can to the 3rd mile marker. At the 3rd mile marker, the remaining two runners will decide who goes on alone to finish the 10K distance. The team with the remaining person who reaches the finish line first wins.

## 3rd Annual Meals On Wheels March for Meals 5K & 1 Mile Fun Run—03/19/11

March for Meals is a 5K road race and a 1 Mile Fun Run/Walk benefiting Fayette Senior Services Meals on Wheels program. Fayette Senior Services provides over 40,000 meals per year to the homebound in Fayette County. The race will take place on Saturday, March 19, at 9:30 a.m. with registration at 8:30 a.m. Awards and lunch to follow at 11:00 a.m. Entry fee includes a reusable goodies bag, tee shirt, and meal after the race. Prizes will be awarded for top finishers in each age group. Meet at Fayette Senior Services at 4 Center Drive in Fayetteville. For more info and to download an application, please visit <a href="https://www.fayss.org/marchformeals2011.html">www.fayss.org/marchformeals2011.html</a>.

## Publix Georgia Marathon & Half Marathon—03/20/11

Formerly known as the ING Georgia Marathon & Half Marathon, this year, the Publix Georgia Marathon & Half Marathon will take place on Sunday, March 20, at 7:00 a.m. Packet pick up takes place on Friday, March 18, between noon and 7:00 p.m. at the Georgia Dome. There will be no race day packet pick up and no race day registration. All participants must show a valid Photo ID in order to pick up their race packet. Please visit <a href="https://www.rungeorgiamarathon.com/default.htm">www.rungeorgiamarathon.com/default.htm</a> for more info and to register.

## 7th Annual Crabapple Elementary Red Bird Run 5K & 1 Mile Fun Run—03/26/11

This year, the 5K and 1 Mile Fun Run will be held on Saturday, March 26. The warm up will begin at 8:00 a.m., the 1 Mile Fun Run will begin at 8:15 a.m., and the 5K will begin at 8:50 a.m. All 5K and 1 Mile Fun Run/Walk participants will receive a race tee shirt. The 5K awards will be given to the top three male/female winners of each age group. We will also have door prizes drawn by race numbers. For more info and to download an application, please visit <a href="http://216.77.96.35/schoolhp/crabapple/docs/RBR%20Entry%20Form%202011%5B1%5D.pdf">http://216.77.96.35/schoolhp/crabapple/docs/RBR%20Entry%20Form%202011%5B1%5D.pdf</a>.

## PTCRC Grand Prix - Easter Egg Hunt Run—04/02/11

Meet at the PTC Library at 8:00 a.m. on Saturday, April 2, for the Easter Egg Hunt Run. We will run the 10K course. Each person will select an Easter egg from a basket at the 1st mile marker. Within the egg is a slip of paper with an amount of time written on it. You will carry your egg to the 2nd mile marker and select another egg with an amount of time written on it. Continue on this way selecting an egg at each mile marker. When you make it to the finish line, you will deduct the total amount of time gathered from the eggs from your actual run time. Whoever has the least amount of time wins.

## Racing Calendar

## **Upcoming Georgia Races**

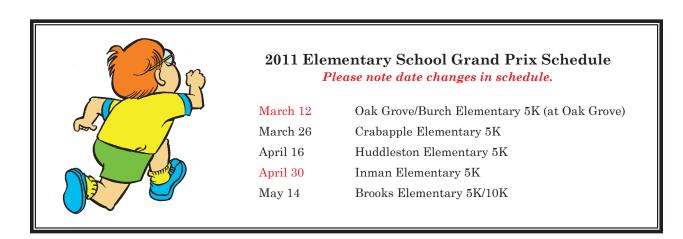
## Huddleston Elementary Hustle 5K, Kids' Fun Run & Kids' Marathon—04/16/11

On Saturday, April 16, the Kids' Fun Run will begin at 8:00 a.m. The Kids' Marathon will follow the Fun Run with the Huddleston Hustle 5K beginning immediately following the kids' races. All participants who register by April 2 will receive a tee shirt. Awards will be presented to the top three male/female finishers in each age category. All Kids' Marathon participants will receive a tee shirt and medal. Race day Registration begins at 7:15 on Saturday morning, but tee shirts are not guaranteed for race day registrants. Race packets may also be picked up on Friday, April 15, from 3:00 p.m. – 6:00 p.m. in the school's gym. For more info and to download a race application, please visit the school's website at www.huddlestonelementary.org.

## Inman Elementary 5K-04/30/11

Be sure to join us at Inman Elementary for the Inman Elementary 5K on Saturday, April 30. The race start time is at 8:30 a.m. This is the only "cross country" course in the Elementary School Grand Prix Series. The course runs across a beautiful set of fields, by a lake, and over slightly rolling hills. The course is easily visible to spectators standing on the hill by the school. This is one not to miss!

For more Georgia events, please visit www.atlantatrackclub.com, www.rungeorgia.com, and www.active.com.



## February Minutes continued from page 11.

Club Grand Prix—Mark Hamilton acknowledged January-February Club Grand Prix winners. Congratulations to all winners!

## **Reports From Coordinators**

*Membership*—Bob Dalton is still collecting 2011 membership dues. The renewal period ends March 31. Let's keep our memberships current.

*ATC*—George Martin thanked the 48 volunteers who helped with the January Atlanta Track Club's 5K/10K event in Peachtree City.

Classic—George also announced that AT&T has already given a verbal sponsorship commitment for the 2011 Classic. He also stated that Sandy Horning was the first sponsor to actually present a check for the 2011 Classic. He does expect many more sponsorship donations.

George reminded the 2010 Classic volunteers of shirts still available for them to pick up. In addition, he also stated that he has merchandise on sale for half price from club inventory.

All American—Carolyn Gulick stated that she was not sure about this year's All American race. However, she may have another "cause" recommendation for the event. Tamara Gerken has volunteered to chair the event. There will be more information to come.

## Announcements

Congratulations also went out to the Hancock Family for successfully completing the Goofy half and full marathons. Great job Hancock's!

Also, congratulations to the Hog Pen Medal Winners, Martha Boone, Megan Stubbs, Leslie Salinski, Doug Lego, and Jerry Shoemaker! Our club members continue to make us proud.

The next meeting is scheduled for Monday, March 7, at 7:30 p.m. at the Dolce Conference Center.

#### Adjournment

With no further business, the meeting was adjourned.

# Peachtree City Running Club 2011 Membership Application & Liability Release

Last Name:		First	Name:							
Gender: Male:	Female:		Date of Birth: _							
Street Address:										
City:		State	e:	Zip: _	Zip:					
Home Phone: ()_										
Email Address:		New	Member:	Member Re	newal:					
March 31; those joining afte	Please enclose a check for dues made payable to <b>Peachtree City Running Club, Inc.</b> (Annual dues are payable by March 31; those joining after October 1 are paid through the following year.) Mail to: Peachtree City Running Club, Inc., P.O. Box 2377, Peachtree City, GA 30269									
Annual Dues:										
Family Membershi	p: \$25.00		Students and	d Running Coach	es: \$20.00					
Liability Release I know that running and vocand run in club activities un official relative to any ability to work in club races included cluding high heat and human appreciated by me. Having application for membership, Club of America, the Peacht all claims or liabilities of an may arise out of negligence of the superior of the su	nless I am medically aby to safely complete the ing, but not limited to: idity, the conditions of read this waiver and I, for myself and anyonaree City Running Clubny kind, arising out of	ole and pro run. I ass falls, cont the road an knowing th ne entitled to g, Inc., and my partici	perly trained. I agramme all risks associate with other partial act with other partial act and in contest and in conto act on my behalf, all sponsors, their pation in these club	ree to abide by an iated with running cipants, the effect urse, all such risk usideration of you waive and releas representatives, of activities even t	by decision of a race and and volunteering its of the weather in- as being known and ar acceptance of my the Road Runners and successors from					
Signed:(Parent's sign	-t1:f1	. 10)	Date:							
(Farent's sign	ature required if under	: 10)								
List all running family mem	bers (Signature require	ed if 18 or o	older):							
Name	G	ender	Date of Birth	Sign	nature					





This month's Sponsor Spotlight is on AIS Solutions Group, located here in Peachtree City. AIS Solutions is south Metro Atlanta's leading source of technology solutions. AIS provides world-class web design, development, networking, Mac & PC support, and general IT project management. In addition to building and hosting our club website, AIS employees volunteer time and talent to provide technology support for the Peachtree City Classic each year.

Previously known as AIS Computers, the business began in Fayetteville in 1982. In 2008, the business rebranded itself as AIS Solutions to focus solely on services. AIS has a rich client list including: The Citizen Newspaper, FC&A, The Bimeco Group, Fayette County Chamber, Bicycles Unlimited, Cooper Lighting, St. Paul Lutheran, and Tri-PTC just to name a few organizations you might recognize.

AIS is owned by club member Joe Domaleski, a sub-11 hour Ironman triathlete and multiple-time Boston Marathoner. When he's not running, Joe and his staff are serving the community with the area's best web and technology support.



The Richard Horning Foundation







Friends of Joe Maloy



of Peachtree City





















www.ptcrc.com

Peachtree City Running Club \* P.O. Box 2377 \* Peachtree City, GA 30269