

Bozgoz toes line at Boston with Women's Elite



As the Boston Marathon Women's Elite run their first mile, Sue Bozgoz (F122) of Fayetteville is in 5th place behind Kim Fitchem Young (F21) of Santa Cruz, CA, Sharon Vos (F120) of Romania, Nuta Olaru (F5) of Riverside, CT, and Firaya Sultanova-Zhdanova (F101) of Gainesville, FL.

Long-time Peachtree City Running Club member and coach Lt. Col. Sue Bozgoz got a small bit of personal satisfaction this month for all her years of dedicated training and hard work when she was invited to start "The Boston" with the world's elite runners.

At 11:31 a.m., when the starting gun fired for the 2005 Boston Marathon Elite women, Sue was at the front of the pack. The Boston starts the top women competitors 30 minutes ahead of the regular start.

Pretty heady company when you consider only 40 open women and 20 masters women are invited from the top runners in the entire world. That is evidenced by the list of top 10 finishers in the women's race in this truly international field who were from Kenya, Ethiopia, Italy, Russia, Portugal, Japan, and Romania.

MAY 2005

Eventually, "Catherine the Great," Catherine Ndereba, came from behind to become the first woman in the history of The Boston to achieve the status of a four-time winner of the event. Imagine that — in the same year the first PTC Running Club member ever started with the elite runners of the world. Congratulations Sue!

(See additional photos and article on page 3.)

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President's Column



Our year is one-third gone, and the club has accomplished so much in the first four months it is amazing. We have helped four elementary schools conduct 5K fund raisers (two of them brand new races), we have helped at several kid's track & field events, and we've had two "Adopt a 10K's" proving we can do six "Adopt a Miles" in the time it takes most organizations to do one! In short, this club has proven to be one of the most prolific "volunteer" organizations in the city. The difference is that we know how to have fun doing these jobs, run a lot of miles at the same time, and burn a ton of calories in the process. Thank you to the dozens of people from our club that have helped as volunteers and participants in these events.

In the next month we will see at least three more volunteer opportunities in the Brooks Elementary School 5K/10K on May 7, the SWC Hospice Hustle on May 14, and the annual Kid's Fun Run on May 21. For the first time, all 17 Fayette County elementary schools will be invited to our Kid's Fun Run and will compete for dollars. Our club has agreed to reward the schools with the highest participation (on a percentage basis). The school with the highest percentage of their kids running will receive \$500 toward a running program at their school beginning in the fall. The 2nd place school will get \$450, 3rd place \$400, etc. Our club is serious about promoting running programs and clubs in our town and all of Fayette County. So plan to help at the May 21 Kid's Fun Run, as we expect to see the largest crowd we've ever had.

And in June, mark your calendars for the grandfather of our community service running events, The Summer Track Series, beginning on June 7 and occurring every Tuesday night in June and several more in July. While you are marking your calendars, be sure to put down both the Kid's Triathlon on June 4 and also the 3rd annual PTC Running Club Golf Tournament scheduled for Sat., June 25 at 12:00 noon.

And don't forget the Grand Prix events on both May 7 and June 14. One thing about this club, if you are bored or don't have enough to do, you should consider cutting down on the caffeine!

March/April Meeting Highlights

March

President George Martin called the March 7, 2005 meeting of the Peachtree City Running Club to order at 7:30 p.m. at the Wyndham Conference Center. 50 members and guests were in attendance at the meeting. He welcomed the new members: Greg Emerson and Rob & Amy Ervin. The minutes of the February meeting were approved as posted on the Web site.

Program

Bob Dalton introduced Coach C.J. Stockel and Barry Falcon from Velocity Sports. Coach Stockton told us methods to improve our athletic performance. T-shirts, Snickers Marathon Bars, and a group Performance Training Class were raffled off.

New Business

Oak Grove Elementary 5K on March 19, Huddleston Hustle 5K on April 23, Crabapple 5K on April 30. Adopt a 10K date changed from April 9 to April 16.

Reports by Officers

Administrative Vice President Bob Dalton recognized Ann Akers for being awarded an Honorable Mention for the 2004 Masters of the Year.

Activities Vice President Ed Finucan announced the April Grand Prix will be on April 2, and we will guess our running time. There will be a New Member Breakfast and we must bring a nonmember in order to score points in the Grand Prix and a dish to share. There will also be a Grand Prix on June 11.

President George Martin announced we have \$5,441 in the checking account and have 2 CD's of \$28,000.

Reports from Coordinators

Membership - Joe Wassell said we now have 129 members.

School Support - Bill Anderson announced the track season has started. Emily Borsare of McIntosh ran an 11:11 for 2 miles.

Peachtree City Classic Race Director - Rose Kempton asked members to let her know if they want to continue being coordinators for the race next year or change to something else.

The meeting was adjourned at 8:30 p.m.

April

President George Martin called the April 5, 2005 meeting to order at 7 p.m. at Partner's Pizza. New members Michael Moore and Chuck Angle were recognized. Minutes from the previous meeting were approved. Bonnie Hancock thanked everyone who helped with Oak Grove Elementary's Run for the Gold 5K on March 19. It was a huge success. Everyone was treated to cookies from Oak Grove. (Continued on page 6)

WELCOME NEW MEMBERS

Shawn McKinnon — Newnan Charles Angle — Peachtree City Michael Moore — Senoia Peggie Roberts — Newnan David Smith — Peachtree City Valerie Stephens — Fayetteville Doug Russell — New Orleans Lance Gauntt — Sharpsburg (Welcome Back) Tom Fraker — Peachtree City (Welcome Back)



The Spirit of Boston

Sue Bozgoz (left) is happy to be in the "elite corral" at the start of the Boston Marathon. At right, Sen. John Kerry meets a "celebrity" runner on the road to Boston. Below, the PTCRC group celebrates at dinner. From left is Edwina Smith (Sue's mother), Sue, Millie Daniels, Bill Fuller, Todd Davison, Trish Vlastnik, and Margie Dam.





For Relief In Iraq — A Soldier Marathon

More than 200 troops joined the Boston Marathoners in spirit on April 18 to run in the desert. This article about those intrepid runners appeared in The Christian Science Monitor. It was written by Staff Writer Kendra Nordin.

Corporal Justin Lutz was relaxing on his bed inside the barracks, his legs still recovering from a run, when a huge explosion shook the building. Glancing outside he saw that a rocket had smashed the place where he had been stretching just 10 minutes earlier.

It was the sort of thing this soldier-athlete endured on a daily basis while stationed in Iraq — along with straining to breathe in the heavy desert air and having to carry a three-pound pistol as he ran endless interval loops inside the walls of the palace compound once controlled by Uday Hussein.

Sports enthusiasts like Corporal Lutz are known to shrug off all sorts of disturbances — foul weather, tired muscles, and, in some cases, a war — to do what they love.

Whether stationed in the United States or deployed overseas, soldiers who are also runners find that keeping up their sport is a way to stay connected to life back home. It can be an excuse to escape the close quarters of barracks and ease some of the mental and physical stress brought on by unexpected explosions in otherwise monotonous routines. Sometimes that means risking their lives to lace up running shoes, and sometimes that means running 26.2 miles through a desert.

Monday on Patriot's Day, as 20,400 runners tackle America's oldest marathon, in Boston, 265 soldiers in southern Iraq will be joining them in spirit to run the first-ever "Iraq/Boston Marathon."

"The [Iraq/Boston Marathon] is helping to distract these young kids who risk their lives," says Capt. Rodney Freeman, who organized the marathon at Base Camp Adder near the ancient city of Ur. "For six hours or so, they are going be home. They aren't going to be running up Heartbreak Hill, but it will be close enough."

The Iraq/Boston Marathon is one of several races run by deployed soldiers over the past half-year that have been complete with T-shirts, timing chips, and finisher medals. In December, 184 soldiers and civilians working for the U.S. military ran a marathon in the thin air of Tirin Kot, Afghanistan, timed to finish just a few hours before the Honolulu Marathon began. Last August, 10 runners finished the Baghdad International Freedom Marathon inside the Green Zone. A month earlier, 250 runners competed in the Peachtree Road Race Baghdad Division, coinciding with Atlanta's world-famous 10K race.

And in Iraq Monday, U.S. and coalition soldiers will forget about fending off Iraqi insurgents for a few hours to battle themselves over miles of desert terrain.

A Soldier Marathon: Military runners join in Boston spirit

(Continued from page 3)

Helping troops take their minds off the confinements of a combat zone is one reason Captain Freeman organizes monthly 5K and 10K races for his base. An experienced runner and native New Englander, he thought a patriotic race would be a good boost for morale.

"This just started off with a few guys thinking it would be cool to run a marathon the same day as the Boston Marathon," says Freeman, who is in charge of recreational activities on the base. "The next thing I knew, I had 110 people signing up."

Freeman says that 60 runners will complete the whole course, which will loop out to a pagan temple and then twice around a 10mile airfield perimeter. More than 200 other runners will be participating in various forms of relays.

Some will simply march with backpacks. Seventy-five volunteers will be on hand to cheer and staff water stations in the 90-degree F. heat.

Many of the soldiers participating are not regular runners, but support from the organizers of the Boston Marathon and Outdoor Life Network (OLN) helped to spark interest. All finishers of the Iraq/Boston Marathon will receive official Boston Marathon medals. OLN plans to televise portions of the run as it winds past some of Iraq's most famous archaeological and religious sites, and it will give troops a chance to send greetings to loved ones back home.

While not all U.S. camps in Iraq have organized races with finisher medals and T-shirts, some soldier-runners are motivated to pursue their training amid rumbling tankers, sandstorms, and incoming rockets. They may even borrow a GPS device to plot out interval distances.

One runner's story

Lutz, a convoy driver for the Marine Reserves, discovered his

passion for running in college. His speed in the 1,500 meters secured him a spot on a Reebok-sponsored track team in Boston, and his loyalty to his country twice took him overseas. He swore to himself both times that being deployed wouldn't get in the way of bettering his performance against the clock.

"I tried not to think about the [danger]," says Lutz, who ran almost daily during his deployment. "I'd have the attitude that if it's my time to go, it's my time to go."

He kept in touch with his teammates and coach over e-mail. He posted an online journal detailing his training and close calls with missiles on a four-square-mile loop through the streets of Camp Blue Diamond. And when he showed up at practice in Boston last month after being gone since August, it was as if he hadn't ever left.

"The most remarkable thing is he didn't let a war get in the way," says Kevin Curtin, Lutz's Reebok coach. "As a coach you hear people saying, 'Oh, things are tough at work. It's hard to get to practice.' After getting e-mails from Justin I'd say, 'I don't even want to hear about it. I've got a guy training in combat.""

The self-discipline that drove him outside to run seven miles after driving a convoy while others relaxed watching movies has made him a stronger runner and a "more confident person," Lutz says. "I was potentially risking my life to do what some people with cushy jobs don't even take the time to do."

He still has a few years left in the Reserves, but for now he's getting resettled into the routine of family and friends, safer workouts, and joining the crowd cheering for the Boston Marathon runners. He'll be an honored guest watching from the finish line this year — where the only incoming rockets distracting him from the clock will be the flurry of Kenyan legs.

Earns Boston qualifying spot in 2006

Club member enjoys luck of the Irish at Shamrock Marathon



By Tom Round

Back in October 2004, I ran the Chicago Marathon with a group of Peachtree City Running Club members and narrowly missed qualifying for the Boston marathon by a minute and 36 seconds. Although I was thrilled with my time of 3:46:36, my thoughts kept coming back to trying again for a Boston qualifying time. Rather than take a rest over the winter months, I continued to run long distances and tried to maintain my "marathon edge."

One day in early December, I made the commitment to myself and contacted some friends that live in Virginia Beach and asked them to check into a springtime marathon in their area. They gave me a Web site for the Shamrock Marathon to be run on March 19, 2005. Looking into this race, I found that it was flat and fast, just what I wanted. *Runner's World* magazine ranked it as one of the top 20 in the country, and three world records (two that still stand) have been set at the Shamrock Sportsfest. The day's activities include the marathon, a marathon relay, a marathon walk, a world-class 8K race, an 8K walk, a Boardwalk one-mile run, and a Children's "Marathon" of 26.2 yards. There is also a team competition in the marathon and 8K races and a Military Cup for each race

Gate River Run — five years of Florida fun



For the fifth year in a row, the Peachtree City Running Club sent a group of club members on an "Expedition of Fun" in Florida. And once again we were hosted at the start and finish lines at a hospitality tent set up by the Florida Striders, a great group of runners whose club is very similar to our own. The race is actually conducted by the Jacksonville Track Club, but the much smaller Florida Striders (think ATC – PTCRC) are the friendliest bunch of people you could want as your hosts.

Members going to the March 12 race this year included Gary Kolb, Ann Henderson, Dave & Caroline Gulick, Dave & Cathy Olson, Cynthia Maerz, Scott Allen, Jules Desgain, Terry & Sonja Murphy, Connie & Fred Sambrone, Graeme & Kath Jones, Tom & Mary Ann Crofton, Tom & June Round, Sue Bozgoz, Alsadair & Denise Best, Keith Wheeler, George Martin, Bill Fuller, Elena Etter, Bob Dienell, and Joe Wassell.

Most of the group ran the race; some with great finishing times (see Race Results). The weather was perfect on race day morning and beautiful later that day at the beach! And as always, we had two great dinners out as a group and had a tremendous time with our running club friends. Be sure to mark your calendars for 2006, usually the second Saturday in March, as I'm sure we will be headed back again.











2004 PTCRC Hall of Fame Honorees



Dave & Carolyn Gulick

Dave and Carolyn have both assumed a number of leadership positions in the club since the early 1990s. Dave was the Vice President of Administration in 1992 and Club President in 1993 and 1994. Carolyn was the Race Director for three different years (1995, 1996, and 2001). Carolyn was the 2000 President's Award winner, the year that the Peachtree City Running Club hosted the RRCA National Convention. Carolyn was the Convention Coordinator. Both have spent thousands of hours volunteering for the club, and both Carolyn and Dave have been awarded the RRCA Volunteer Award. If you know them, you know they had a lot of fun the entire time, too.



Martha & Lou Boone

Martha and Lou Boone have been very heavily involved in the club for well over 15 years. They were joint Race Directors for 4 years (from 1991 to 1994). Martha was a club officer, as Secretary, for 4 years (from 1992-93 and 1996-97), and also the newsletter editor (Legacy) for 6 years (1997-2001) back when the newsletter came out EVERY month. Lou has been involved in the security and communications of the Classic races for the past 10 years and is our chief liaison with the police and emergency medical personnel at races. Lou and Martha won the 1999 President's Award jointly.

March/April Meeting Highlights

(Continued from page 2)

Program

Olympic hopeful Benn Fraker & coach talked about kayaking and were appreciative of any tax deductible donations.

New Business

Southwest Christian Hospice Hustle for Hospice is May 14.

Reports by Officers

Admin. VP Bob Dalton: Next month is the signup for the Peachtree bus.

Activities VP Ed Finucan: 15 prospective new members were at the last grand prix. The next GP will by Friday May 6, 5K prediction run & Sat. May 7, Brooks Road Race 10K. Brooks Elementary will host its first 5K the same day.

Treasurer Marino Fuentes: Checkbook balance is \$12,128.58 plus 2 CD's.

Reports from Coordinators

Membership - Joe Wassell: Club has 150 members.

1000 Mile Club - Roy Robison: Recording sheet passed out.

School Support/Scholarships - Bill Anderson: Scholarship letters sent out. Next month scholarships will be given. They are \$350 each and will be given to 16 students. Emily Borsare set a record at a recent meet.

Social Events: Thanks to Ray & Teri Besch for hosting the Bring a Friend to Breakfast Grand Prix on Saturday.

Announcements: Sign up for the Marine Corp. Marathon is tonight at midnight.

Next meeting is Mon., May 2 at the Wyndham Hotel. Meeting was adjourned at 7:40 p.m.

Club honors Rich with memorial fountain



Saturday, April 9, a large number of the PTCRC membership showed up to run the Bridge to Bridge course with a stop at Blue Smoke Park. The purpose of that morning's run was to dedicate the fountain located there to Rich Horning, long-time club member and former Classic Race Director, who passed away on Jan. 9 of this year. It was a perfect spring morning, the kind that Rich would have loved to run with us, and did so many mornings.

Rich's wife Sandy, daughter Sheridan, and brother Lenny were on hand for a brief but touching dedication ceremony. Sandy thanked the entire club membership for "being there" over the past two years, and told us how much that had meant to both Rich and their entire family. Then, per Rich's wishes, the group ran down the steep hill behind the Horning's house and spread Rich's ashes along the cart path and the beautiful stretch along Flat Creek. It was a perfect morning at one of the most beautiful places in Peachtree City. Rich would have been very pleased.



Tom Round enjoys luck of the Irish and qualifies for Boston

(Continued from page 4)

exclusively for military teams. Needless to say, there is lots of activity in Virginia Beach on race day.

This year, there were over 7,500 participants in all of the events with 1,501 finishers in the marathon. I had an excellent day and finished in a time of 3:34:30. This placed me 223rd overall in the race, and I was also 4th in my age group (55-59). My qualifying time for the Boston marathon was 3:45:00, so I bettered that by over 10 minutes and improved on my Chicago time by 12 minutes. I call that a very good day of running!

I met the race director, owner of a local sporting goods store, at the start line during the evening prior to the race. He explained that both he and his wife are runners so everything in the races is designed to be runner friendly, like the free beer and the band in the HUGE tent on the beach near the finish line. He also told me that the post-race party was a blast with lots of loud music from a live band, "finger food," and an open bar (beer and wine) all for \$10 each. We found out later that he was correct, and it was lots of fun if you could still move your legs on the dance floor.

This is a very scenic race with an ocean-front flair that just can't be beat. It starts at 30th Street and Atlantic Avenue and heads north up Shore Drive, past Fort Story, and into First Landing Seashore State Park. You make a loop of nearly 2 miles in the park on trails that resemble Peachtree City's golf cart paths and then enter Fort Story for the next 7-mile segment. This portion of the race takes you past two scenic and historic lighthouses before returning you to the streets of Virginia Beach at mile 21. It's a totally flat run down to 4th Street where you make the turn onto the boardwalk just short of the 25-mile marker. Then it's a mile and a half north to finish on the beach at 29th Street.

The marathon (as are all of the races) is one of the best organized I've ever seen. There is tremendous spectator support, and leprechauns were present all along the route. The timing chip was attached to a Velcro ankle-band, something new to me, and was easily removed at the finish line. The T-shirt is long-sleeved Cool Max material, very colorful, and a big hit with the participants.

As I was told, this is a runner-friendly, first-class race that anybody would enjoy. If you're looking for a marathon that's flat and fast, this is the one to go for. At least it worked for me, and I'll be looking for you in Boston for the 2006 marathon up there.

Notes & News

Brooks 5K /10K

The "Brooks Beat" (formerly the Brooks 10K) will be a new and improved version this year. It is actually two events in one. First, it is still the second half of the PTC Running Club Grand Prix for the month of May. Friday night (May 7) the PTC Running Club will have a prediction run (5K) from the PTC City Hall/Library complex. You can run that as fast or as slowly as you like, remembering that the 10K the next morning is one of the few true "speed" events we have in our Grand Prix series. The May Grand Prix points are split evenly between the Friday night and the Saturday morning events.

The difference this year is that the Brooks Beat is now sponsored by Brooks Elementary School and is ALSO part of the "PTC Rotary Club Elementary School Grand Prix Series" as well. That means that on Saturday morning (May 8) there will be BOTH a 5K and a 10K. The 5K is the "official" race for the Elementary School Grand Prix. The 10K is the "official" race of the PTC Running Club Grand Prix.

And the answer is.... yes, to those superstars who think they want to run both races on Saturday morning. The 5K begins at 8 a.m. sharp! The 10K begins at 8:30 sharp.

So if you need a warm up, and you can do it in less than 30 minutes (and you are a club member), have we got a deal for you! Three races in less than 15 hours and at one low price (for the Brooks race — \$20). Applications are on the Brooks Web site at www.brookselementary.org.

Peachtree Road Race Buses

It's time once again to sign up for the 4th of July Peachtree buses. Here is the reservation policy:

1. Club members have priority for making reservations beginning at the May 2 meeting up through the June 6 club meeting.

2. Club members may make reservations for family members and friends.

3. To guarantee a seat, the fee must be paid at the time the reservation is made. Current fees are \$7 for members and \$14 for nonmembers. Fees are non-refundable.

4. After the club meeting on June 6, any remaining seats will be sold on a first-come, first-served basis to the public at large.

After the initial sign up at the May 2 club meeting, reservations made be made via e-mail (robert.dalton@arcent.army.mil) or phone (404-464-2078). Confirmations will be sent out via e-mail, and updated lists will be published periodically. A waiting list will be started once both buses fill up. If you have to cancel, please inform the V.P. so he can move people up from the waiting list.

As in the past, there will be two buses, a "party" bus and a "family" bus. The family bus will be alcohol free. The buses will depart from McIntosh High School parking lot NO LATER THAN 5:30 a.m. You should plan on being aboard by 5:15. Runners will be dropped off near the start at Phipps Plaza/Lenox Square and be picked up near the tennis courts inside Piedmont Park. We usually arrive back in PTC before noon.



Aspiring Olympic hopeful, PTC resident, and PTC Running Club member Benn Fraker spoke to the club about his plans for making the 2005 National Trials Team and the 2008 U.S. Olympic Team in Whitewater Slalom competition. Benn is the Junior team U.S. trials champion and placed 4th at the Junior World championships last year. He was joined by his coach and former Olympian Matt Taylor. Matt was in two separate Olympics and was a 5-time National Champion himself. Watch for Benn as a rising star over the next three years!

PTC Running Club Golf Tournament

The 4th annual PTC Running Club Golf Tournament will be held Sat., June 25 at the Flat Creek Country Club. The tentative date published on the calendar conflicted with a golf club tournament and had to be changed. Applications are on the activities page of our Web site, so be sure to register as soon as possible before all the allotted slots are filled. For those of you who have played in this "best ball" and "just for fun" tournament, you know it is one of the most fun things we do all year. So mark (or change) your calendar and sign up today!

Summer Track Series

Our annual Summer Track Series will begin on June 7 this year and will again be held at the Riley Field track on Wisdom Road. We will have events beginning at 6:30 p.m. every Tuesday night in June (7th, 14th, 21st, and 28th) and also on July 12. The finals of the Track Series will be July 19-20 (Tuesday and Wednesday nights). The summer track series is free of charge and is open to both club members as well as the general public. Over the past few years, it has developed into a great event for kids as well. Be sure to plan to come out to Riley Field on Tuesdays this summer and create some nice memories.



Doug Russell, George Martin, Bill Fuller, and Scott Allen enjoyed a recent trip to New Orleans, where they ran the Crescent City 10K.

RACE RESULTS

Puppers Nome	Roop Name	Time	Place
Runners Name Prince Whatley	Race Name Oak Mountain 50K	6:10:11	Place
Al Barker	American River 50 mile Trail Run	10:35:15	
Susan Lance	American River 50 mile Trail Run	10:40:00	
Tom Round	Shamrock Marathon-Virginia Beach	3:34:30	Qualified for Boston - Congrats!
Sue Bozgoz	Gate River Run 15K - Jacksonville	1:06:15	Qualmed for Boston - Congrats:
Stephen Futch	Gate River Run 15K - Jacksonville	1:06:40	
Tom Crofton	Gate River Run 15K - Jacksonville	1:07:36	
Bill Fuller	Gate River Run 15K - Jacksonville	1:07:36	
Thomas Round	Gate River Run 15K - Jacksonville	1:10:23	
Graeme Jones	Gate River Run 15K - Jacksonville		
Scott Allen	Gate River Run 15K - Jacksonville	1:12:49	
		1:13:15	
Cynthia Maerz	Gate River Run 15K - Jacksonville Gate River Run 15K - Jacksonville	1:14:01	
Jules Desgain	_	1:18:51	
Audra Fertig	Gate River Run 15K - Jacksonville	1:18:59	
Kath Jones	Gate River Run 15K - Jacksonville	1:21:58	
Bob Dienell	Gate River Run 15K - Jacksonville	1:27:58	
George Martin	Gate River Run 15K - Jacksonville	1:29:28	
Joe Wassell	Gate River Run 15K - Jacksonville	1:30:16	
Ann Henderson	Gate River Run 15K - Jacksonville	1:30:50	
Keith Wheeler	Gate River Run 15K - Jacksonville	1:33:07	
Constance Sambrone	Gate River Run 15K - Jacksonville	1:37:35	
Thomas Shad	Gate River Run 15K - Jacksonville	1:38:33	
Maryann Crofton	Gate River Run 15K - Jacksonville	1:40:14	
Cathy Olson	Gate River Run 15K - Jacksonville	1:50:11	
Denise Best	Gate River Run 15K - Jacksonville	2:10:25	
Alasdair Best	Gate River Run 15K - Jacksonville	2:10:26	
Trish Vlastnik	The Boston Marathon	4:09:00	
Bill Fuller	The Boston Marathon	4:02:24	
Todd Davison	The Boston Marathon	3:53:04	
Margie Dam	The Boston Marathon	3:52:36	
Sue Bozgoz	The Boston Marathon	3:34:16	
Chuck Stalzer	The Boston Marathon	3:19:20	
Valerie Reynolds	The Boston Marathon	3:53:32	
Maureen Flaherty	Oak Grove 5K	30:30	1st in Age Group
Rene Flaherty	Oak Grove 5K	30:31	
Bill Anderson	Oak Grove 5K	19:07	1st in Age Group
Mark Hamilton	Oak Grove 5K	18:34	1st in Age Group
Hannah Hancock	Oak Grove 5K	30:12	
Melissa Mathews	Oak Grove 5K	41:41	





Grand Prix Series

March — Event 3

Adventure Run

Men's Open (50 and below)

1st place Prince Whatley 2nd place Randy Graham 3rd place Graeme Jones 4th place Mark Hamilton 5th place Mike Norman

Men's Masters (51 and above)

1st place Normer Adams 2nd place Patrick Kearns 3rd place (3-way tie) Bob Dalton, Tom Round, Marino Fuentes

Women's Open (47 and below)

1st place Ann Port 2nd place Amy Stitt 3rd place Margie Dam 4th place Rhonda Fuentes 5th place Karyn Staples

Women's Masters (48 and above)

1st place Sandy Tuman 2nd place Rene Flaherty 3rd place Ann Henderson 4th place Teri Besch 5th place Mary Ann Crofton







April — Event 4

New Member Prediction Run

Men's Open (50 and below)

Bill Werling/Eric Chatham 1st place 0:31:30 prediction difference Marino Fuentes/Ray Buday 2nd place 1:05:00 Bill Fuller/Joe Blythe 3rd place 1:38:30

Men's Masters (51 and above)

Doug Fuentes/Mike Peltz 1st place 1:22:00 Prince Whatley/Doug Carpenter 2nd place 2:00:00 Mark Hamilton/Walt Klaczak 3rd place 2:58:00 Steve Hancock/Wayne Sanders 4th place 5:03:00 Steve Dorsey/Ken Patterson 5th place 5:44:00

Women's Open (47 and below)

Rhonda Fuentes/Renita Delapenna 1st place 0:22:00 Shannon Phillips/Christy Espian 2nd place 0:25:30 Margie Dam/Tina Harper 3rd place 0:28:00 Jane Hamilton/Claire Klaczak 4th place 0:58:00 Bonnie Hancock/Deb Sanders 5th place 9:18:00

Women's Masters (48 and above)

Trish Vlastnik/Lonna Harper 1st place 0:28:30 Patsy Bickford/Carol Braun 2nd place 0:52:00 Sandy Tuman/Kim Dinota 3rd place 1:31:00 Cathy Olson/Sarah Powell 4th place 2:36:00 Teri Besch/Jennifer Davis 5th place 2:58:00

PTCRC 2005 GRAND PRIX STANDINGS

••• Hamilton, Fuentes, Fuentes, and Tuman lead after 4 events •••

	PARTICIPANT	EVENTS	POINTS	PLACE	PARTICIPANT	EVENTS	POINTS
/	NEN AGE 50 AND BEL	.OW			MEN AGE 51 AND AE	BOVE	
1	MARK HAMILTON	4	230	1	MARINO FUENTES	4	320
2	PRINCE WHATLEY	3	195	2	NORMER ADAMS	3	180
3	MIKE WARREN	3	185	3	CHUCK GARWOOD	3	165
4	MARK MASCARA	2	180	4	BILL FULLER	2	160
5	DOUG FUENTES	2	170	5	BOB DALTON	2	130
6	STEVE DORSEY	3	145	5	DAN TWINEHAM	2	130
7	VERN SCHMITZ	3	140	7	TOM ROUND	2	120
8	JERRY SHOEMAKER	2	125	8	SAM DILLINGHAM	3	110
9	STEVE SWOPE	2	105	9	ROY ROBISON	1	100
9	RANDY GRAHAM	4	105	9	PATRICK KEARNS	3	100
11	GRAHAM JONES	4	100	9		1	100
12		4	90 70	12	GEORGE MARTIN	3	50
13		4	70 70	13	DAVE PIET	2	45
13 15	JOHN MROSEK MIKE NORMAN	3 2	70 65	14 15	LOU BOONE BOB TROMBLEY	3 1	40 30
15	TODD DAVISON	2	45	15	BEN GROSS	4	30 25
10	MARK WARD	2	35	10	TOM CROFTON	1	20
18	CHUCK SMITH	3	30	17	DICK ALLIS	4	20
18	ADAM SHOEMAKER	2	30	19	JIM CROWLEY	3	15
20	BILL ANDERSON	3	25	19	JOE WASSELL	3	15
21	SCOTT ALLEN	3	15	19	DAVE GULICK	3	15
21	CAL DALY	2	15	22	DAVE OLSON	2	10
23	WES WILKINS	2	10	22	JOHN NOWAK	1	10
24	BILL EVERAGE	1	5	22	LYNN FAIRLEY	2	10
24	FRANK MOLLOY	1	5	25	BILL JOHNSTON	1	5
24	HAL WOLFE	1	5	25	JOHN WATERHOUSE	1	5
24	GARY MEYER	1	5	25	DAN AHERN	1	5
24	PAUL BRYANT	1	5	25	JULES DESGAIN	1	5
24	GENE REYNOLDS	1	5				
24	ROBERT ERVIN	1	5				
W	OMEN AGE 47 AND B	FLOW	-	1	VOMEN AGE 48 AND	4BOVF	
W	OMEN AGE 47 AND B	ELOW	-	ľ	VOMEN AGE 48 AND ,	ABOVE	
// (OMEN AGE 47 AND B	ELOW 3	260	1	SANDY TUMAN	ABOVE 4	370
			260 210				370 210
1	RHONDA FUENTES	3		1	SANDY TUMAN	4	
1 2 3 4	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WI <i>GG</i> INS	3 3 4 3	210 190 185	1 2 3 4	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK	4 4 4 3	210 200 195
1 2 3 4 5	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM	3 3 4 3 3	210 190 185 165	1 2 3 4 5	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD	4 4 3 3	210 200 195 185
1 2 3 4 5 6	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY	3 4 3 3 2	210 190 185 165 130	1 2 3 4 5 6	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY	4 4 3 3 3	210 200 195 185 170
1 2 3 4 5 6 6	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT	3 4 3 3 2 2	210 190 185 165 130 130	1 2 3 4 5 6 6	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON	4 4 3 3 3 4	210 200 195 185 170 140
1 2 3 4 5 6 6 8	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON	3 4 3 3 2 2 4	210 190 185 165 130 130 120	1 2 3 4 5 6 6 8	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI	4 4 3 3 3 4 3	210 200 195 185 170 140 115
1 2 3 4 5 6 8 9	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES	3 4 3 2 2 4 3	210 190 185 165 130 130 120 115	1 2 3 4 5 6 6 8 9	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER	4 4 3 3 3 4 3 3	210 200 195 185 170 140 115 90
1 2 3 4 5 6 6 8 9 10	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT	3 4 3 2 2 4 3 4	210 190 185 165 130 130 120 115 105	1 2 3 4 5 6 6 8 9 10	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE	4 4 3 3 4 3 3 3 3 3	210 200 195 185 170 140 115 90 80
1 2 3 4 5 6 6 8 9 10 11	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH	3 4 3 2 2 4 3 4 1	210 190 185 165 130 130 120 115 105 100	1 2 3 4 5 6 6 8 9 10 10	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON	4 4 3 3 4 3 3 3 3 3 3	210 200 195 185 170 140 115 90 80 75
1 2 3 4 5 6 6 8 9 10 11 12	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON	3 4 3 2 2 4 3 4 1 1	210 190 185 165 130 130 120 115 105 100 70	1 2 3 4 5 6 6 8 9 10 10 10	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON	4 4 3 3 4 3 3 3 3 3 3 3 3	210 200 195 185 170 140 115 90 80 75 70
1 2 3 4 5 6 6 8 9 10 11 12 13	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES	3 4 3 2 2 4 3 4 1 1 1	210 190 185 165 130 130 120 115 105 100 70 60	1 2 3 4 5 6 6 8 9 10 10 10 12 12	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS	4 4 3 3 4 3 3 3 3 3 2	210 200 195 185 170 140 115 90 80 75 70 65
1 2 3 4 5 6 6 8 9 10 11 12 13 14	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES VALERIE REYNOLDS	3 4 3 2 2 4 3 4 1 1 1 1	210 190 185 165 130 130 120 115 105 100 70 60 25	1 2 3 4 5 6 6 8 9 10 10 10 12 12 12 14	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS JENNIFER BRYANT	4 4 3 3 4 3 3 3 3 3 3 3 3	210 200 195 185 170 140 115 90 80 75 70 65 45
1 2 3 4 5 6 6 8 9 10 11 12 13	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES	3 4 3 2 2 4 3 4 1 1 1	210 190 185 165 130 130 120 115 105 100 70 60	1 2 3 4 5 6 6 8 9 10 10 10 12 12	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS	4 4 3 3 4 3 3 3 3 3 2 1	210 200 195 185 170 140 115 90 80 75 70 65
1 2 3 4 5 6 6 8 9 10 11 12 13 14 14	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES VALERIE REYNOLDS ANGIE WARREN	3 3 4 3 2 2 4 3 4 1 1 1 1 1	210 190 185 165 130 130 120 115 105 100 70 60 25 25	1 2 3 4 5 6 6 8 9 10 10 10 12 12 12 14 15	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS JENNIFER BRYANT JANE WELCH	4 4 3 3 4 3 3 3 3 3 3 2 1 1	210 200 195 185 170 140 115 90 80 75 70 65 45 30
1 2 3 4 5 6 6 8 9 10 11 12 13 14 14 14	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES VALERIE REYNOLDS ANGIE WARREN KIM GARWOOD	3 3 4 3 2 2 4 3 4 1 1 1 1 1 3	210 190 185 165 130 120 115 100 70 60 25 25 15	1 2 3 4 5 6 6 8 9 10 10 10 12 12 12 14 15 16	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS JENNIFER BRYANT JANE WELCH CAROLINE GULICK	4 4 3 3 4 3 3 3 3 3 3 3 2 1 1 3	210 200 195 185 170 140 115 90 80 75 70 65 45 30 15
1 2 3 4 5 6 6 8 9 10 11 12 13 14 14 14 16 17	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES VALERIE REYNOLDS ANGIE WARREN KIM GARWOOD ANN BLAUM	3 3 4 3 2 2 4 3 4 1 1 1 1 1 1 3 1	210 190 185 165 130 120 115 100 70 60 25 25 15 10	1 2 3 4 5 6 6 8 9 10 10 10 12 12 12 14 15 16 17	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS JENNIFER BRYANT JANE WELCH CAROLINE GULICK JAN DILLINGHAM	4 4 3 3 4 3 3 3 3 3 3 3 3 2 1 1 3 2	210 200 195 185 170 140 115 90 80 75 70 65 45 30 15 10
1 2 3 4 5 6 6 8 9 10 11 12 13 14 14 14 16 17 18	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES VALERIE REYNOLDS ANGIE WARREN KIM GARWOOD ANN BLAUM SUE BOZGOZ	3 3 4 3 2 2 4 3 4 1 1 1 1 1 1 3 1 1	210 190 185 165 130 120 115 100 70 60 25 25 15 10 5	1 2 3 4 5 6 6 8 9 10 10 10 12 12 12 14 15 16 17	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS JENNIFER BRYANT JANE WELCH CAROLINE GULICK JAN DILLINGHAM	4 4 3 3 4 3 3 3 3 3 3 3 3 2 1 1 3 2	210 200 195 185 170 140 115 90 80 75 70 65 45 30 15 10
1 2 3 4 5 6 6 8 9 10 11 12 13 14 14 16 17 18 18	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES VALERIE REYNOLDS ANGIE WARREN KIM GARWOOD ANN BLAUM SUE BOZGOZ KIM BROWN	3 3 4 3 2 2 4 3 4 1 1 1 1 1 3 1 1 1 1	210 190 185 165 130 120 115 100 70 60 25 25 15 10 5 5	1 2 3 4 5 6 6 8 9 10 10 10 12 12 12 14 15 16 17	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS JENNIFER BRYANT JANE WELCH CAROLINE GULICK JAN DILLINGHAM	4 4 3 3 4 3 3 3 3 3 3 3 3 2 1 1 3 2	210 200 195 185 170 140 115 90 80 75 70 65 45 30 15 10
1 2 3 4 5 6 6 8 9 10 11 12 13 14 14 16 17 18 18 18	RHONDA FUENTES SHANNON PHILLIPS BONNIE HANCOCK BETH WIGGINS MARGIE DAM ERICA HUGHEY AMY STITT JANE HAMILTON KATH JONES ANN PORT TRACEY WELCH MELISSA ANDERSON KARYN STAPLES VALERIE REYNOLDS ANGIE WARREN KIM GARWOOD ANN BLAUM SUE BOZGOZ KIM BROWN MICHELLE BINKLEY	3 3 4 3 2 2 4 3 4 1 1 1 1 1 1 1 1 1 1 1 1	210 190 185 165 130 120 115 100 70 60 25 25 15 10 5 5 5	1 2 3 4 5 6 6 8 9 10 10 10 12 12 12 14 15 16 17	SANDY TUMAN TERI BESCH ANN HENDERSON TRISH VLASTNIK PATSY BICKFORD RENE FLAHERTY CATHY OLSON SUSAN BERSCHINSKI ANN SHOEMAKER MARTHA BOONE ROSE KEMPTON MARYANN CROFTON JAN BANKIERIS JENNIFER BRYANT JANE WELCH CAROLINE GULICK JAN DILLINGHAM	4 4 3 3 4 3 3 3 3 3 3 3 3 2 1 1 3 2	210 200 195 185 170 140 115 90 80 75 70 65 45 30 15 10

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Peachtree City Running Club P.O. Box 2377 Peachtree City, GA 30269 www.ptcrc.com

UPCOMING CLUB EVENTS

MAY 2 CLUB MEETING @ WYNDHAM • MAY 6/7 GRAND PRIX • MAY 12-15 RRCA CONVENTION • MAY 21 KID'S FUN RUN • JUNE 6 CLUB MEETING @ WYNDHAM • JUNE 7 SUMMER TRACK SERIES BEGINS • JUNE 11 GRAND PRIX • JUNE 25 PTCRC GOLF TOURNAMENT