

LEGACY

NEWSLETTER OF THE PEACHTREE CITY RUNNING CLUB

MAY/JUNE 2011

PEACHTREE CITY RUNNING CLUB MEMBER NAMED USATF REGIONAL REPRESENTATIVE

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The Peachtree City Running Club's very own Marlene Atwood was recently named the USATF Southeast Regional Representative for USA Track & Field.

At the USATF National Convention last December, the existing 4 regions were subdivided into 7 regions, resulting in the Southern Region being split into two areas - Southeast and Southwest Regions. Marlene Atwood, the USATF Southeast Regional Rep, will support Alabama, Georgia, Florida, Tennessee, North Carolina, South Carolina, and Virginia associations, while Jackie Callender, Southwest Regional Rep, will support Arkansas, Border, Gulf, Oklahoma, South Texas, Southern, Southwestern, and West Texas associations.

Marlene has been very active within the running sport explaining, "I've been a PTCRC member for many years. I joined when I was the RRCA State Rep. I typically belonged to 7 - 8 clubs at one time as a way of supporting clubs in the state. When I stepped away from the RRCA State Rep position, I stayed with the PTCRC because this club had all the qualities I thought running clubs should aspire to: friendship and camaraderie, quality events, service to the community, promoting our sport at the earliest level, and lots of social activities - a very close-knit, productive group."

Marlene served as the RRCA State Rep from 2000-2008. During that time she was honored with the following awards: State Rep of the Year, Browning Ross Spirit of the RRCA, Nina Kuscik Award for Women's Beginning Running Program, and the National Small Club Newsletter Award. She also served on the National RRCA State Rep Committee for 5 years and has been serving on the National Journalism Awards Committee for many years. She was certified as a running coach through the RRCA's coaches certification program and has been an active running coach for about 11 years.

Marlene has served with the USATF in several capacities as well. She has been a certified official for about 10 years. She was certified as a USATF Level I Coach, which she says compliments her other certifications through RRCA and ASEP. She has served as Association Secretary for the last five years. At the same time, she was appointed USATF Sanctions Chair where she issues liability insurance for events in the state that are not insured by the RRCA.



Marlene explains her passion for wanting to grow the sport of running. "I loved my years with the RRCA and the opportunities I had to serve not only the running clubs within Georgia but serve with other state reps and share ideas for growing the sport. I was very active at conventions - conducting state rep training sessions and also conducting my own seminars on women's running.

After 8 years, I felt it was time for someone else with new ideas to take my place. I had been actively involved with USATF at the same time, and it was natural for me to move over to this organization and become fully committed. It gave me an opportunity to serve a wider constituency. The RRCA was just a slice of the pie representing long distance running. USATF, the governing body, represents long distance running, masters running, youth athletics, track & field, race walking, disabled athletics, and Olympic sports. In addition, they have certification programs as well as continuing education for coaches and officials.

It has been a very rewarding relationship. I am fortunate to have the opportunity to work within our governing body to promote the sport I love."

The PTCRC is fortunate indeed to have members like Marlene who unhesitatingly step up when the call goes out to take on positions of ever-increasing responsibility. Running clubs live or die based on the willingness of its members to volunteer. Obviously, the spirit of volunteerism is alive and well among PTCRC members as exemplified by Marlene and numerous others as our club begins its fourth decade of service to the running community specifically and the community at large in general.

**PTCRC 2011
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The Legacy is published six times a year—January, March, May, July, September, and November. The deadline for submissions is the third Friday of the previous month. All are welcome to contribute.

Please send all articles
and photos to

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Send race results to

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**NEXT DEADLINE:
JUNE 17**

Club Meeting Highlights

March

President Shane Carpenter called the meeting to order at the Dolce Conference Center. New members and guests were acknowledged and welcomed by Shane and club members. A motion was made and seconded to approve the February Minutes.

Terri Besch informed the club that she had registration forms for Oak Grove Elementary School's March 12 5K. She stated that anyone registering with her at the meeting would receive the reduced rate.

Oak Grove's Principal Hancock also told of the many great door prizes to be given away at the school's 5K, including one mystery prize valued at hundreds of dollars.

Lists Passed Around

1,000 Mile Book

Guest Speakers

The first speaker for the evening's meeting was Ashley Kurpiel. Ashley is this year's Peachtree City Running Club's All American 5K Honoree. Ashley was diagnosed with Fibrodysplasia Ossificans Progressiva (FOP) at the age of three on Memorial Day, 1984. Ashley is a tireless worker for the cause of Amputees and FOPers. Ashley has lived in Peachtree City all her life. Funds raised at this year's All American 5K will be given to Ashley's Cause, IFOPA. Thank you Ashley for your courage and energy.

The evening's second speaker was Jason Kern, Product Manager for Sigvaris Medical and Sports Apparel. Jason presented some very interesting and informative information on compression in sports. Compression Therapy is the application of external pressure to the limb to reduce venous pressure within the limb.

Wearing graduated socks or stockings will support your veins and increase circulation, reducing swelling and the feeling of tired, achy legs. Wearing Sigvaris Compression Socks or Stockings is vital for the prevention and treatment of varicose veins and other circulatory problems. Compression socks breakdown Lactic Acid.

Sigvaris products can be purchased at sports retail on line, medical/home healthcare stores, this year's Peachtree City Classic, PGA Super Stores, and Smith and Davis Sporting Goods Store. The socks are guaranteed for six months.

George Martin thanked Jason for his excellent presentation and presented him with a 2010 PTC Classic shirt.

Reports From Officers

Administrative Vice President—Steve Bothe reported that all the club's 2011 meetings will be held at the Dolce Conference Center. The exception will be the two meetings held at Partner's II Pizza.

Activities Vice President—Mark Hamilton reported the next club's Grand Prix will take place on Saturday, March 19. Four to five volunteers are needed for this event.

Treasurer—Tim Covert advised the group on the status of the club's treasury. There is currently \$21,000 in the checking account and \$32,000 in CDs. Renewal dues continue to come in.

Reports From Coordinators

Classic Director—George Martin encouraged members to inform him of potentially good sponsors for him to contact. George also acknowledged the presence of Sandy Horning, who actually gave the first sponsorship check for this year's PTC Classic. Thank you Sandy.

Membership—Bob Dalton reminded all that the grace period for 2011 membership renewal ends March 31. Currently membership is just under 200. Let's get those renewals in!

Announcements

Congratulations to Chris Chong! Chris made the cover of the Atlanta Track Club's Wingfoot Magazine, proudly wearing the 2010 Peachtree City Classic Shirt.

Congratulations also to Hal Wolfe! Hal made the front page of the Albany Journal.

Our members are definitely on the move!

Newsletter—Shane reminded the club to be sure to read the current issue of the Legacy. It's a great read as usual. Thanks Tamara!

The next meeting is scheduled for Tuesday, April 5, at Partner's II Pizza.

Adjournment

With no further business, the meeting was adjourned at 8:30 p.m.

See page 4 for April Minutes.



I hope this edition of the Legacy finds everyone well and getting ready for summer. The temperatures have sure been rising, so before you know it, we will be in the 90s again. With that in mind, I want to remind everyone to hydrate and to make sure you are getting plenty of electrolytes. The biggest thing with these hot temperatures is to make sure you don't get dehydrated, so make sure you're drinking plenty of fluids.

I want to send a big congratulations out to all the Boston finishers!!! This is a great accomplishment, and I know there are a lot of hard hours of training put in to get there. One person I would like to give a shout out to is my friend and one of my running partners Doug Lego for his finish of 3:30:59. This was Doug's first Boston, and I know he put countless hours in and overcame some injury to get there and want to recognize him for his hard work!! Again, congratulations to all the finishers, and keep it up for next year!

See you out on the trails!



*Peachtree City Running Club's New Year's Day Picture
(Photo not available for previous newsletter.)*

53rd Annual Road Runner's Club of America Convention

The 2011 RRCA Convention is being hosted by the Fredericksburg Striders from May 12-15 in Fredericksburg, Virginia. The PTCRC will be represented this year by Administrative Vice-President Steven Bothe and Classic Race Director George Martin. The agenda is packed with meaningful programs that always prove to be valuable to our club. The convention also boasts the RRCA Half-Marathon Championship on Sunday.

Think an RRCA convention race cannot possibly be inspirational? Comedian and "The Price is Right" game show host Drew Carey will make his half marathon debut at the Marine Corps Historic Half on May 15 in Fredericksburg. Carey announced his plans to run in a March 14 tweet. In addition to running, Carey will also serve as the official starter of the half marathon event organized by the Marine Corps Marathon (MCM). Carey, who is celebrating his dramatic weight loss, will join 8,000 Historic Half participants on the 13.1 mile run through the scenic and historic City of Fredericksburg.

The PTCRC hosted the RRCA Convention in 2000 with several hundred running club officers and vendors from around the U.S. attending and, coincidentally, with a guest appearance by struggling comedian Dave Piet. ~ G.M.



WELCOME NEW MEMBERS!

Lacy Smith (Fayetteville) ♦ Brian Farrier (Newnan)
Todd Nigro (PTC) ♦ Betty Rose (Fairburn)
Heather Sexton (Newnan) ♦ Steven Clark (Fayetteville)
Elizabeth Tilden (PTC) ♦ Kelli Powell (Fayetteville)
Julia Breland (PTC)

New Member Profile *By Bob Dalton*

Father-son duo achieves 1,000 mile jacket together! – Part II: Ryan



The Kennedy Family

David and Ryan Kennedy are the first father and son to have earned their 1000-mile jackets at the most recent PTCRC Awards Banquet. Last edition featured dad Dave with this edition focusing on son Ryan.

Ryan Kennedy, 22, was born in Salisbury, Maryland, while his father, Dave, was assigned there as an ROTC instructor. As an “Army brat” he moved around quite a bit until his father retired. He has lived with his family in Fayetteville for ten years now. He is a graduate of Fayette County High School (2007) where he was on the track and cross country team and is now a student at Georgia Tech majoring in Mechanical Engineering with a minor in German.

“Besides studying, I work as a Co-Op student for Delta Air Lines in their Propulsion Engineering Department. This summer will be my 4th and last semester at work for Delta as a Co-Op student.” Ryan is scheduled to graduate in May 2012 and with any luck will hire on for a long career with Delta.

Ryan was a recipient of the PTCRC Ronnie Godwin Scholarship when he graduated from high school and has continued his running career throughout college. He has been a member of the Georgia Tech Runnin’ Wreck Running Club for the past three years and is currently serving as Vice President. The team competes in many of the races around town including the Ekiden Relay, Charles Harris, Pi Mile, PTC Classic, and the ATC/PTCRC 10K.

Like many, Ryan has fond memories of high school that include some of his athletic achievements. One of his most memorable is from his senior year when he achieved his “goal of running a sub 4:40 in the 1600, running a couple of races at 4:36.” Ryan has certainly kept up his natural speed usually winning or placing in many of the local races. His PRs include a 17:02 in the 5K; 36:44 in the 10K; 1:19:54 in the most recent Mercedes Half Marathon; and a 3:15:03 at the 2009 ING Marathon. At the young age of only 22, Ryan already has three full marathons and around ten half marathons under his belt. He now has his sights set on the Marine Corps Marathon this fall.

Asked to recount one of his unusual running experiences, Ryan says, “While studying abroad in Germany in the summer of 2009, a friend and I went on a run in Weimar, Germany. We took off to run up the hills surrounding Weimar. About halfway into the trail run, we ran across an old partially destroyed castle in the middle of the forest. We stopped for a bit to explore the area and then went on to finish our run. This experience reminded me why I enjoy running so much; there is no tourist who could have stumbled upon this by just walking around a city. Also, running can be an adventure when you run new or unfamiliar routes.”

His favorite race is Ted’s Montana Grill Bison Stampede 5K because “It has the best post race festivities (all free): Ted’s Bison Sliders, SweetWater Beer, desserts, and a live band. The medals are also special made for the event featuring a bison.”

Ryan enjoys running because, “It’s a great way to stay in shape and socialize with other people. It also helps me unwind and clear my head when I’m at school.”

As for off-road hobbies, he enjoys “traveling a lot; could be why I chose to work at Delta Air Lines. When not running, I’m usually playing tennis or golfing. I also collect coins and am extremely interested in aviation and someday might like to fly in the military.”

Ryan joined the Peachtree City Running Club because “after years of riding on the PTCRC buses to the Atlanta Half Marathon and Peachtree Road Race I figured I might as well join. Plus it’s a great way to meet people who share the same interest as you. And the club members are always very friendly.”

It must have been pretty cool to be one half of the first father-son duo to earn their 1,000-mile jackets as well!!!

April Minutes

After running for fun, and delighting in delicious pizzas, pasta, calzones, salads, sandwiches, etc., President Shane Carpenter called the meeting to order at Partner’s II Pizza.

New members and guests were acknowledged and welcomed by Shane and the club. A motion was made and seconded to approve the March Minutes.

Lists Passed Around

1000 Mile Book

All American 5K Volunteers

Merchandise—Women’s and men’s singlet order @ \$20 each

Reports From Officers

Club Grand Prix—Mark Hamilton announced the top two 2011 PTCRC Grand Prix results. Congratulations to:

Kim Ruple and Tamara Gerken (Women 51 & Under)

Martha Boone and Ann Shoemaker (Women 52 & Over)

Jason Veclotch and David McCurdy (Men 51 & Under)

David Gulick and Bob Dalton (Men 52 & Over)

Treasurer—Tim Covert reported that the treasury is in good shape. Just under \$20,000 in the checking account and \$32,000 in CDs. Support checks have been issued to nine elementary schools.

Continued on page 5.

Mom on the Move—Nikki Hand



The Hand Family

Nikki Hand, 38, is a Brooklyn, New York, native who has called Newnan home for the past 13 years. She says, "I moved to four states and six houses by the time I was 13, even though we weren't military. Georgia makes state number five. I've also lived in New York, Florida, Washington State, and California." Her father worked for Western Union which required the frequent moves.

Nikki graduated from the University of Central Florida with a B.S. in Secondary Social Science Education. She has put it to good use as she home schools her five children, Mikayla, 12, Katie Rose, 11, Will, 8, John, 6, and Christina, 3.

She has run some local races with a 24:26 PR at the 2010 PTC Classic Women's 5K and a 52:00 in the 10K. She recently completed her first half marathon at the Publix ING this past March with a time of 1:57. Her goal was to finish it in less than two hours, which she accomplished and said she "finished strong."

Nikki enjoys running because, "It allows me some alone time. I enjoy being outdoors. I love to challenge myself and see what I am capable of."

As far as other activities and hobbies, "I don't get out too much being a single, homeschooling mother of 5, but I love to hike, bike, and run. I like anything outdoors. I love photography as well."

She joined the running club to "find running buddies," and is looking forward to running the Covington 5K in May on Mother's Day weekend with her oldest daughter Mikayla. Nikki then has her sights set on the Silver Comet Half Marathon in October and is considering making the jump to the full marathon the following month at the Soldier Marathon in Columbus.

Nikki is proof positive that even with five young children, dedication and determination can go a long way in achieving your running goals and dreams.

Minutes continued from page 4.

Reports From Coordinators

All American—Tim Covert reported on the All American 5K in the absence of Carolyn Gulick. Plans for the event are going well. Volunteers are needed to distribute posters and flyers in Fayetteville and Newnan as well as upcoming races, restaurants, sporting goods stores, work places, and anywhere people are!

Carolyn has placed an article regarding the All American 5K in the Citizen Newspaper. She is also working with the Fayette Woman Magazine to have information placed in the May Issue.

Thanks to Bob Dalton, the race is listed in many racing newsletters. Thanks also to George Martin for sending a message to all 2010 Classic Participants. Steve and Susan Bothe are working on getting the word out to last year's All American Participants. Thanks you two.

Carolyn is working diligently on sponsors. Sponsor letters are available to anyone who has prospects. Sponsorships start at \$100. Contact Carolyn regarding already received sponsorships. The sponsor list is growing! All proceeds for this year's All American 5K will go to the International FOP Association.

FCC Promotions—Mark Anderson spoke to the club about FFC Promotions events for August through November. Participants and volunteers from the club are being requested. Mark may be contacted at mark@ffcpromotions.com for anyone interested in participating or volunteering for any of the events.

Marathon Relay—Adam Shoemaker reported on the Marathon Relay Competition scheduled for Saturday, June 25. The PTCRC in conjunction with TRI-Peachtree City will host a marathon relay competition at Drake Field at 8:00 a.m.. The event is free to everyone. Participation is not limited to PTCRC members. For more information, visit the website at <https://sites.google.com/site/ptcmarathonrelay>. All participants only need to send an email to ptcmarathon@gmail.com. In the email, include the name, email address, and expected 10K finish time for each participant. Team assignments will be emailed to all participants.

Peachtree Road Race—Steve Bothe will have a sign-up sheet for the Peachtree Road Race bus at the May meeting.

Oak Grove—Bonnie Hancock presented gifts of appreciation (Girl Scout cookies) to PTCRC members who volunteered at Oak Grove's May 12 5K. Thanks to Carolyn Gulick, Betty Smith, Dick Allis, Rita Wesson, Dave Olson, Cathy Olson, Vaughn Woods, Ben Gross, Tracy Moore, Julie Nielsen, and Patsy Bickford.

Membership—Oops! Forgot to renew your membership for 2011? Not to worry. Bob Dalton is still accepting renewals and new memberships.

Announcements

Rotary Grand Prix—Huddleston Hustle is on April 16.

Golf Tournament—Marino has agreed to "chair" this year's PTCRC Golf Tournament, which will be held at Flat Creek Golf Club on June 11 at noon. The format for the event will be the same as previous years. Please see Marino if you have other suggestions for the format. He would like to have at least 10 teams. The tournament is open to PTCRC members as well as non-members.

The next meeting will be held at the Dolce Conference Center on May 2 at 7:30 p.m.

Adjournment

With no further business, the meeting was adjourned.

Racing News

Faster, Higher, Stronger – PTC Flash Track & Field

By Jennifer Hynes (PTC Flash parent)

Every four years, the family is glued to the television during broadcasts of the summer Olympics, watching sprinters break records and distance runners push themselves to the limit. Your kids are amazed by the heights reached by high jumpers and the skill of javelin throwers.

These sports are not beyond reach. Dozens of youth from around Fayette County and beyond take part in track and field every spring, learning and competing with the Peachtree City Flash youth track & field team.

PTC Flash began around 1990, training athletes ages 6 to 15 with a spring/summer track and field season and a fall cross-country season. Numerous young runners have started in the sport with Flash, then moved on to become successful runners on their middle school and high school teams. The team is led by USATF-certified coaches, some of whom were successful college athletes.

About 100 athletes are on the team this spring, enjoying the challenges provided by involvement in a new league. In 2011, PTC Flash joined the Crystal League to enjoy the benefits of professionally run meets and a higher level of competition. Crystal League has also given athletes the chance to learn new events, like throwing the javelin and discus, running hurdle races, and partaking in race walking events. In addition, Crystal League meets include youth, open, and masters divisions. That means parents can participate in the same track meets as their kids. Race distances are as long as 5,000 meters, so those who favor road races can find a comfortable event.

Coaches for the Flash are gearing up for the summer track and field season, with practices starting the week of May 16. Unlike the spring and fall seasons, when athletes of every skill and experience level are welcome, summer season is more competitive and geared for experienced athletes. This summer, Flash will compete in the USATF Junior Olympic program, including some meets to be hosted at Starr's Mill High School and a few Atlanta-based invitational meets. An information meeting is scheduled for Saturday, May 14, at the Kedron Fieldhouse (time to be determined). Additional information will be available at www.ptcflash.com in mid-April.

If you're interesting in joining PTC Flash this summer, you can also contact Jeff Bilsky, head coach – track & field, at running@ptcflash.com. Check out photos, team history, highlights of past seasons, biographies of the coaches, and other information at the team website at www.ptcflash.com.



Grand Prix Events & Results

March/Event 3 – 4-Person Team Relay

Female 51 and Under				Female 52 and Over				Male 51 and Under				Male 52 and Over			
Pl.	Runner	Team	Pts.	Pl.	Runner	Team	Pts.	Pl.	Runner	Team	Pts.	Pl.	Runner	Team	Pts.
1	Jane Hamilton	1	100	1	Martha Boone	4	70	1	Bill Anderson	1	100	1	Normer Adams	1	100
2	Pam Burrus	2	90	2	Helen Ernst	6	50	2	Chris Chiong	1	100	2	John Waterhouse	2	90
3	Heather Sexton	3	80					3	Steven Bothe	2	90	3	Ed Vise	2	90
4	Teresa Moore	4	70					4	Wes Wilkins	3	80	4	Bill Fuller	3	80
5	Anastasia Walker	6	50					5	Tim Covert	4	70	5	George Martin	5	60
								6	Kith Burkingstock	4	70	6	Jerry Shoemaker	5	60
								7	Adam Shoemaker	6	50	7	Gary Kolb	5	60
												8	Chuck Garwood	5	60
												9	Tom Crofton	6	50

April/Event 4 – Easter Egg Hunt Run

Female 51 and Under				Female 52 and Over				Male 51 and Under				Male 52 and Over			
Pl.	Runner	OA	Pts.	Pl.	Runner	OA	Pts.	Pl.	Runner	OA	Pts.	Pl.	Runner	OA	Pts.
1	Kim Rupple	15	100	1	Martha Boone	7	100	1	Jason Veclotch	2	100	1	David Gulick	1	100
2	Tamara Gerken	16	90	2	Ann Shoemaker	8	90	2	David McCurdy	3	90	2	Bob Dalton	5	90
3	Amy Hundley	18	80	3	Jan Bankieris	11	80	3	Steven Bothe	4	80	3	Jerry Shoemaker	6	80
4	Jane Hamilton	20	70	4	Pat Cote-Miles	24	70	4	Shane Sheffield	9	70	4	Ed Vise	10	70
5	Teresa Moore	23	60	5	Sandy Tuman	25	60	5	Chris Chiong	13	60	5	Scott Allen	12	60
6	Anastasia Walker	28	50	6	Helen Ernst	26	50	6	Vern Schmitz	14	50	6	Bill Fuller	17	50
7	Pam Burrus	31	40	7	Patsy Bickford	27	40	7	Kith Burkingstock	19	40	7	Gary Kolb	21	40
8	Heather Sexton	32	30	8	Carolyn Gulick	37	30	8	Tracey Moore	29	30	8	Tom Crofton	22	30
9	Kelly Bowman	34	20					9	Tim Covert	30	20	9	Patrick Kearns	33	20
								10	Shane Carpenter	38	10	10	George Martin	35	10
												11	Joe Wassell	36	5
												12	Lou Boone		10
												13	Ben Gross		10
												14	Bill Werling		10

Overall Standings After 4 Events

Female 51 and Under			Female 52 and Over			Men 51 and Under			Men 52 and Over		
Pl.	Runner	Pts.	Pl.	Runner	Pts.	Pl.	Runner	Pts.	Pl.	Runner	Pts.
1	Jane Hamilton	230	1	Martha Boone	410	1	Chris Chiong	275	1	Jerry Shoemaker	290
2	Teresa Moore	210	2	Jan Bankieris	220	2	Steven Bothe	265	2	Normer Adams	180
3	Kelly Bowman	180	3	Ann Shoemaker	170	3	Bill Anderson	180	3	Ed Vise	165
4	Pam Burrus	130	4	Teri Besch	130	4	Adam Shoemaker	160	4	Gary Kolb	160
5	Heather Sexton	110	5	Helen Ernst	100	5	Kith Burkingstock	150	5	Cal Daley	140
6	Kim Rupple	105	5	Mary Ann Crofton	100	5	Jed Smith	150	5	Chuck Garwood	140
7	Anastasia Walker	100	6	Cathy Olson	90	6	Tim Covert	140	6	Bill Fuller	130
7	Kate Ideker	100	7	Pat Cote-Miles	80	7	Jeff Greer	100	7	David Gulick	105
8	Leah Liming	95	7	Linda Barbour	80	7	Jason Veclotch	100	8	Bill Everage	100
9	Deanna McCurdy	90	8	Ann Henderson	60	8	Jake Hancock	90	8	Jules Desgain	100
9	Tamara Gerken	90	8	Bernice Wassell	60	8	Shawn McKinnon	90	9	Bob Dalton	95
10	Nicki Hand	80	8	Sandy Tuman	60	8	David McCurdy	90	10	John Waterhouse	90
10	Amy Hundley	80	9	Susan Mills	40	9	Wes Wilkins	85	11	George Martin	85
11	Megan Stubbs	60	9	Patsy Bickford	40	10	Shane Sheffield	70	12	Tom Crofton	80
12	Jill Lego	50	10	Trish Vlastnik	30	11	Vern Schmitz	60	13	Lou Boone	70
13	Kim Herlehy	40	10	Carolyn Gulick	30	11	Ryan Hamill	60	13	Marino Fuentes	70
13	Nancy Hamill	40	11	Kim Garwood	5	12	Sean Frick	50	14	Scott Allen	65
14	Bonnie Hancock	30				12	Todd Hamill	50	15	Patrick Kearns	60
14	Ann Port	30				13	Steve Hancock	35	15	Mark Barbour	60
15	Kelley Mitchell	5				14	Tracey Moore	30	16	Dick Allis	50
15	Valerie Reynolds	5				15	Shane Carpenter	20	17	Ben Gross	30
15	Ann Blaum	5				16	Fred Port	5	18	Bill Werling	20
15	Jeannie Smith	5							18	Hal Wolf	20
									19	Joe Wassell	10
									20	Mike Lankford	5
									20	Von Woods	5
									20	Lynn Fairley	5

1,000 Mile Club

NAME	YEARS IN	MILES	MEETINGS	VOLUNTEER	JACKET	SIZE
	1000 CLUB			ACTIVITIES		
	20,000 MILE CLUB					
BILL WERLING	22	337	4	7	NO	
	15,000 MILE CLUB					
SUSAN MILLS	18	324	3	1	NO	
TERI BESCH	17	262	3	3	NO	
CAL DALEY	17	300	2	1	NO	
VALERIE REYNOLDS	17	540	1	0	NO	
DAVE PIET	16	195	2	1	NO	
SANDY TUMAN	16	365	1	0	NO	
BOB DALTON	15	639	4	3	NO	
ANN SHOEMAKER	15	265	3	2	NO	
JERRY SHOEMAKER	15	498	3	0	NO	
	10,000 MILE CLUB					
BILL ANDERSON	14	254	3	2	YES	MED
JULES DESGAIN	14	175	2	1	YES	MED
ROY ROBISON	14	490	1	1	YES	MED
BONNIE HANCOCK	12	223	4	2	NO	
STEVE HANCOCK	12	354	4	2	NO	
CARYLE ROBISON	11	300	0	0	NO	
RICHARD ALLIS	10	385	3	3	NO	
	5,000 MILE CLUB					
MARINO FUENTES	9	330	3	1	YES	?
MARK HAMILTON	9	0	1	0	YES	?
CATHY OLSON	9	194	2	1	YES	MED
TODD DAVISON	8	215	1	0	NO	
JOHN MROSEK	8	113	1	1	NO	
BOB SMITH	8	280	2	0	NO	
MICHAEL WARREN	8	80	1	0	NO	
RITA WESTON	8	334	4	1	NO	
BILL EVERAGE	7	167	1	1	NO	
PATRICK KEARNS	7	325	2	1	NO	
CONSTANCE SAMBRONE	7	380	4	3	NO	
WES WILKINS	7	172	2	1	NO	
RENE FLAHERTY	6	302	1	0	NO	
JANE HAMILTON	6	236	2	0	NO	
LISA MATHEWS	6	450	3	0	NO	
TRACEY MOORE	6	275	2	0	NO	
JOHN WATERHOUSE	6	217	2	0	NO	
GEORGE MARTIN	5	205	3	2	NO	
TERESA MOORE	5	450	3	1	NO	
	1,000 MILE CLUB					
JAKE HANCOCK	4	350	4	2	YES	XL
KIM RUPE	4	395	4	1	YES	SM
ED VISE	4	273	3	0	YES	LG
RAY BESCH	3	2	3	1	NO	
PATRICIA COTE-MILES	3	166	2	0	NO	
TIM COVERT	3	199	4	3	NO	
BRANDI OSSE	3	360	4	0	NO	
BETTY SMITH	3	251	2	0	NO	
VON WOODS	3	377	3	2	NO	
HOLLY ANDERSON	2	272	3	0	NO	
KITH BURKINSTOCK	2	349	4	1	NO	
CHRIS CHIONG	2	468	3	0	NO	
TRACEY MOORE	2	150	1	0	NO	
STEVEN BOTHE	1	800	3	2	NO	
MITCH BUTLER	1	629	3	1	NO	
SANDRA HORNING	1	63	1	0	NO	
DAVID KENNEDY	1	307	4	1	NO	
RYAN KENNEY	1	477	4	0	NO	
MIKE LANKFORD	1	144	2	0	NO	
JENNIFER LAWRENCE	1	219	1	0	NO	
DOUG LEGO	1	8	1	0	NO	
JILL LEGO	1	24	1	0	NO	
	1000 MILE CLUB ENROLLEES					
MARK ANDERSON	0	19	1	0	YES	MED
NANCY HAMILL	0	40	1	0	YES	MED
RYAN HAMILL	0	17	1	0	YES	LG
TODD HAMILL	0	48	1	0	YES	LG
HANNAH HANCOCK	0	275	3	2	YES	SM
KELLY FARIS	0	0	1	0	YES	SM
SEAN FRICK	0	0	1	0	YES	?
DEANNA MCCURDY	0	200	1	1	1000	SM
BETH REDMOND	0	94	1	0	YES	SM
MADISON REDMOND	0	20	1	0	YES	SM
SHANE SHEFFIELD	0	162	1	0	YES	LG
ADAM SHOEMAKER	0	400	3	1	YES	LG
MIKE STONE	0	240	1	0	YES	LG
MEGAN STUBBS	0	199	1	0	YES	MED
DAVID VILLARS	0	46	1	0	YES	MED
MICHELLE VILLARS	0	0	1	0	YES	?
ANGIE WARREN	0	10	1	0	YES	?
SCOTT WILDE	0	98	1	0	YES	LG

Rotary Elementary School Grand Prix Awards



The awards ceremony and luncheon for the Elementary School Grand Prix race series will again be hosted by the Rotary Club of Peachtree City this year on Thursday, June 2, at noon at the Wyndham Hotel and Conference Center. All competitors who are receiving awards should be there about 10 minutes before noon. A group photo will be taken immediately after the presentation.

For those who cannot make the June 2 luncheon, there will again be an alternate awards presentation at the regular meeting of the Peachtree City Running Club at 7:30 p.m. at the Dolce Conference Center on Monday, June 6.

Sympathies go out to the families of those who have recently lost their loved ones. May the memories of your loved ones comfort you, and may that comfort be everlasting.

Chuck Garwood's mother

Edward T. Wassell, Joe Wassell's father

Claudia Martha (Brock) Allen, Scott Allen's mother

Leah Gallop, Dick Allis' mother



Club News & Announcements

Marathon Relay Competition



When: Saturday, June 25, at 8:00 a.m.

Where: Drake Field, Peachtree City

The Peachtree City Running Club, in conjunction with TRI-Peachtree City, will host a Marathon Relay Competition at Drake Field on Saturday, June 25, at 8:00 a.m.

Teams of four will combine to run a marathon, with each participant running a 10K. After the race, there will be an awards program, as well as pizza and music for all participants.

This event is free to everyone, and participation is not limited to club members. For more information, visit <https://sites.google.com/site/ptcmarathonrelay>. All participants need only send an e-mail to ptcmarathon@gmail.com. In the e-mail, include name, e-mail address, and expected 10K finish time for each participant. One week prior to the race, team assignments will be emailed to the participants.

USATF Area C Meet Hosts & Volunteers Needed

Peachtree City will host both the USATF Area C Meet on June 4 and the Georgia State USATF Youth Track & Field Championships on June 16-19 at the Starr's Mill High School stadium.

These two events will bring young athletes of all age groups and is anticipated to bring over 2,000 competitors and their families to Peachtree City.

Our running club is again being asked to assist by providing a number of meet hosts as well as volunteers. If you can spare a few hours on either day, please contact either Don Livingston at donlivingston@bellsouth.net or George Martin at r2sun98@mindspring.com.

More information will be forthcoming on specific days, hours, and duties where help is needed.



Peachtree Road Race Registration Number Transfer System

The 2011 AJC Peachtree Road Race registration transfer system is now open through Sunday, May 8. This registration transfer system allows registered runners and walkers who are unable to participate in the sold-out AJC Peachtree Road Race on Monday, July 4, to transfer their registration to another runner seeking official entry into the 2011 event. For the details regarding the registration transfer process, please visit <http://peachtreeroadrace.org/participant-information/number-transfer-system>.



Peachtree Road Race Bus Information

The upcoming club meeting on Monday, May 2, will be your first opportunity to sign up for the Peachtree 10K buses; you will have another opportunity at the June club meeting. Reservation policy is as follows:

- 1.) Club members have priority for making reservations beginning at the May 2 meeting up through the June 6 meeting.
- 2.) Club members may make reservations for family members and friends.
- 3.) To guarantee a seat, the fee must be paid at the time the reservation is made. Current fees are \$8 for members and \$16 for non-members. Fees are non-refundable.
- 4.) After the club meeting on June 6, any remaining seats will be sold on a first-come, first-served basis to the public at large.

Contact Steven Bothe at stevenbothe@gmail.com, or call 678-850-9168 to obtain a seat. Mail your payment to him at 233 The Boulevard, Newnan, GA 30263 to guarantee your seat. A waiting list will be started once both buses fill up. If you have to cancel, please inform Steven, so he can move people up from the waiting list. As in the past, there will be two buses, a —party bus and a —family bus. The family bus will be alcohol free. The buses will depart from McIntosh High School's parking lot NO LATER THAN 5:30 a.m. on Monday, July 4. You should plan on being aboard by 5:15 a.m. Runners will be dropped off near the start at Phipps Plaza/Lenox Square, but the **pick up location is still being determined**. (We've been told we will be picked up near the ATC buses.) Maps of the specific assembly point will be passed out on the bus that morning. We usually arrive back in PTC before noon. The annual club picnic will follow—details to be published.

Club News & Announcements

10th Annual PTCRC Golf Tournament

- Who:** All PTCRC members and guests
- When:** Saturday, June 11, at noon
- Where:** Flat Creek Country Club
- Format:** 4-person scramble, best ball, team handicaps. Awards to the top 3 teams, longest drive, and closest to the pin.
- Cost:** Canongate members pay usual green fees; guests pay reduced guest fee of \$55; all players pay Marino \$10 to cover awards, beverages, etc., prior to the start of the tournament.

There will be hard copies of the application at the May meeting, or visit www.ptcrc.com/?q=node/48.

Any questions, please forward to Marino at chemical55@aol.com.



2nd Annual Elementary School Cross Country Team Challenge Volunteers Needed

When: Saturday, May 21, at 8:00 a.m.

Where: Oak Grove Elem./Braelinn Sports Complex

Last year was the first year this event was held, and it was a tremendous success! This year, they expect hundreds of elementary kids to participate, so we need your help in these areas:

- Set-up the finish line chute
- Starting line banner (to be hung on the soccer goals)
- Finish line banner (to be hung on large poles)
- Any flags to mark the course
- Parking lots at both Oak Grove and the baseball fields at Braelinn Park next door
- Workers for the finish chute
- Water, cups, and table

Please contact Don Livingston for more info at donlivingston@bellsouth.net.

Classic Stuff For Sale!!!!



A few 2009 Classic vests and 2010 Classic shirts still remain in our small inventory. If you are interested, you can purchase them for \$10, with all proceeds going into the Peachtree City Running Club's treasury.

All American 5K Volunteers Needed

Volunteers are still needed in many capacities. Please contact the Volunteer Coordinators Mark & Jane Hamilton at jmbhamilton@mindspring.com. And if you can pass out flyers and race applications, please contact Carolyn Gulick at gulick4@gmail.com.



Upcoming Club Events

Monday, May 2—Club Meeting at the Dolce at 7:30 p.m.

Saturday, May 7—Club Grand Prix/3-Person Team Solve the Clues Run at the PTC Library at 8:00 a.m.

Saturday, June 4—Club Grand Prix/10K Trivia Run at the PTC Library at 8:00 a.m.

Monday, June 6—Club Meeting at the Dolce at 7:30 p.m.

June 7, 14, 21 & 28 and July 5, 12, 19 & 20—Summer Track Classic Series (See page 11).

Racing Calendar

Upcoming Georgia Races

Club Grand Prix - 3-Person Team Solve the Clues Run—05/07/11

How it works: Between now and May 6, everyone who wants to participate emails Mark Hamilton a 5K race time at jmbhamilton@mindspring.com. He will use these times to set up 3-person teams with combined times as equal as possible. Try to be as accurate as possible for this to be fair for everyone.

On Saturday, May 7, at 8:00 a.m., everyone starts at the library and runs to the boat docks where your team will be given a piece of paper with clues to three locations. There will be a short, medium, and long distance location that the clues will lead you to. The three team members must decide who will run to which location. Each member of the team only runs to one location. When they get there, they receive an item that shows they made it to the correct location. Once you receive this item you run back to the library. The **LAST team member** back stops the clock for that team. The team with the fastest time wins.

18th Annual Hustle For Hope 5K Run/Walk & Heroes of Hope—05/07/11

This event takes place on Saturday, May 7. The 5K Run-Walk begins at 8:30 a.m.; 5K Walk & Senior Stroll starts at 8:35 a.m.; Tot Trot (5 & Under) begins at 9:30 a.m.; Kids' Fun Run (6 & Over) starts at 9:45 a.m.; and the Heroes of Hope 100 Meter Run-Walk-Roll begins at 10:00 a.m. Please visit www.svchristiancare.org/hustle.aspx for more info or to register online.

2011 Brooks Elementary 5K/10K—05/14/11

This is the last race of the Rotary Elementary School Grand Prix series. The Fun Run will take place at 8:00 a.m., the 5K at 8:15 a.m., and the 10K at 9:15 a.m. at Brooks Elementary School located at 119 Price Road in Brooks on Saturday, May 14. Finish a great elementary grand prix season off by joining us for this one!

2010 Peachtree International Triathlon & Super Sprint Triathlon—05/14/11

Both of these events take place on Saturday, May 14, at 7:00 a.m. The International Tri includes a .93 mile swim, a 25 mile bike ride, and a 6.2 mile run; the Super Sprint Tri consists of a 300 yard swim, an 8 mile bike ride, and a 2 mile run. For more info and to register, visit www.active.com/running/peachtree-city-ga/peachtree-international-and-super-sprint-triathlon-2011.

2nd Annual Cross Country Team Challenge—05/21/11

This event is taking place at the Oak Grove Elem./Braelinn Sports Complex on Saturday, May 21. If you can spare a few hours to volunteer, please contact Don Livingston at donlivingston@bellsouth.net. Please see **page 10** of this newsletter for more info.

2nd Annual All American 5K—05/28/11

Come out to show your support for Ashley Kurpiel and IFOPA on Saturday, May 28, at 8:00 a.m. The race will begin at the Fredrick Brown Jr. Amphitheatre. The course will be the Men's 5K from the PTC Classic with a few changes. Per Ashley's request, all proceeds will go toward finding a cure for FOP. Ashley will be available to hand out the awards to the winners. Volunteers are still needed, so please be sure to contact Mark & Jane Hamilton at jmbhamilton@mindspring.com. If you can pass out flyers, please contact Carolyn Gulick at gulick4@gmail.com. For more info and to download a race application or register online, please visit www.ptcrc.com/?q=node/129.

Club Grand Prix - 10K Trivia Run—06/04/11

Meet at the PTC Library at 8:00 a.m. on Saturday, June 4. More details to be announced.

USATF Area C Meet—06/04/11

This event will take place at the Starr's Mill High School stadium on Saturday, June 4. If you can spare a few hours to volunteer, please contact either Don Livingston at donlivingston@bellsouth.net or George Martin at r2sun98@mindspring.com. Please see **page 9** of this newsletter for more info.

Summer Track Classic Series—June 7, 14, 21 & 28 and July 5, 12, 19 & 20

The Summer Track Classic Series starts at Riley Field adjacent to the Peachtree City Elementary School. Registration begins at 6:00 p.m. with the first event kicking off at 6:30 p.m. There will be a 50 yard dash (10 & Under), 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, 1 mile run, 3200 meter run, 5K run, and 400 & 1600 meter relays. To view the flyer with all the details, please visit the club's website at [www.ptcrc.com/docs/PTCRC 2011 Summer Track Series Flyer.pdf](http://www.ptcrc.com/docs/PTCRC%202011%20Summer%20Track%20Series%20Flyer.pdf).

Annual Old Courthouse 5K—06/11/11

Sponsored by the Fayette County Civitan Club, proceeds from this race go right into community organizations, which include the Joseph Sams School, Exceptional OPS, Fayette County Special Olympics, and Southwest Christian Care. The race will begin at 8:30 a.m. at the Fayette County Justice Center parking lot on Saturday, June 11. Race Day Registration will begin at 7:30 a.m. For more info and to register online, please visit www.active.com/running/fayetteville-ga/19th-annual-old-courthouse-5k-2011.

Georgia State USATF Youth Track & Field Championships—06/16/11 - 06/19/11

This event will take place at the Starr's Mill High School stadium from Thursday, June 16, through Sunday, June 19. If you can spare a few hours to volunteer, please contact either Don Livingston at donlivingston@bellsouth.net or George Martin at r2sun98@mindspring.com. Please see **page 9** of this newsletter for more info.

2011 Marathon Relay Competition—06/25/11

The Peachtree City Running Club, in conjunction with Tri-Peachtree City, will host a Marathon Relay Competition at Drake Field on Saturday, June 25, at 8:00 a.m. Please see **page 9** of this newsletter for more info.

For more Georgia events, please visit www.atlantatrackclub.org, www.rungeorgia.com, and www.active.com.



Our newest Classic sponsor is AT&T U-verse, a unique bundling opportunity with digital home phone service, high speed Internet, advanced digital television, and DVR/HD access at a very reasonable price. This service is new to our area and will be rolling out between now and the end of the year. Enjoy a crystal clear television picture along with exclusive Total Home DVR, Multiview channel browsing, On Demand, choice programming, and access to over 130 HD channels!

AT&T U-verse uses fiber optic technology and computer networking to bring you advanced digital TV, high speed Internet, and digital home phone service. The future is here. Check out www.att.com/u-verse for more information on this great service. Thank you AT&T U-verse for your outstanding support to Peachtree City running programs.



*The
Richard Horning
Foundation*



*Friends of
Joe Maloy*



*Kiwanis Club
of Peachtree City*



Infiniti of South Atlanta
www.atlantainfiniti.com
Volkswagen of South Atlanta
www.vw-place.com



www.pterc.com

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