

PEACHTREE

NEWSLETTER OF THE PEACHTREE CITY RUNNING CLUB

SEPT & OCT

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When I first started running in 2008 I literally had ZERO running friends. My hubby ran occasionally - but not enough to be a running buddy - and being a guy, he was just naturally faster than me.

I had always sworn that I "couldn't" run because of my knees, but after I eased my way into a 5k and ran the entire way - I was hooked. I found myself signing up for 5k after 5k - each time showing up by myself. I realized if I was going to stay motivated - I needed a group. After a quick google search I found the Peachtree City Running Club. I immediately signed up and was SO excited for the first group run.

Saturday morning at 8am I pulled into the Peachtree City Library parking lot and saw a huge group of athletes... REAL runners.... they looked experienced and fast. Two things which I was not. They were older than me, mostly male, and I got intimidated so I pulled in and drove off.

Yes - I know you club members are thinking "we aren't ALL fast" - but to a young girl who had just started running it was a fear of the unknown.

Over the next few months I met some of the PTCRC members at local races, but was still too afraid to run "with" them at a group run. Shortly after the Peachtree City Classic my husband and I decided it was time for our first baby and within a month we were soon to be parents!!

Since I was still so new to running, I backed off from running while pregnant. I did a couple of local races but before I knew it I had taken a 1.5 year hiatus from running.

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Some of
the Local Mom's Run This Town Crew
with 11Alive's Chesley McNeil



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CLUB MEETING MINUTES

September 4, 2012

President Shane Carpenter called the meeting to order at the Partner's Pizza.

A motion was made and seconded to approve the minutes of the August meeting. The motion was carried.

LISTS PASSED AROUND:

- 1000 Mile Club Book
- Classic Volunteer Sign-up
- Alzheimer's Run Pledge Collection (see Teri Besch)

Tim Covert gave an update on the City Hall Water fountain. It is in place.

Shane Carpenter for Shane Sheffield gave a Grand Prix update. Saturday's grand prix results should be up soon.

Steve Bothe asked for volunteers for the search committee to fill the open board positions of President and Vice-President.

Shane Carpenter made an additional appeal with the reminder that we need volunteers to make things happen. We need good people willing to make good things happen.

The RRCA Runner Friendly Community Committee, Normer Adams, Pam Burrus, Teri Besch, John Waterhouse, and Susan Bothe, have the package together and almost ready for presentation.

Tim Covert gave a financial update. We have \$5,000 in the bank. Sponsorships and Classic race fees are coming in.

Shane Carpenter shared one of the thank you letters the club received from Rachel Tierney and Ariel Truitt, one of the many grateful Ronnie Godwin scholarship recipients.

Susan Bothe made an appeal for volunteers to work a booth at Chattahoochee Bend State Park on Oct 13, 2012 from 2-7pm to help promote the trails there.

Reminder of the upcoming Rotary Club Elementary School Races:

- Cleveland September 8
- Tyrone September 15
- Fayette September 29

Dragon Boat Races are coming up on September 22. The team hopes to have at least one practice this month. Dave Piet is serving as captain. We are currently four short of a full crew. Email George Martin or Dave Piet (sdpiet@gmail.com) if interested.

George Martin gave an update on the Classic.

Sponsorships are currently up. We have already made as much in sponsorships this year as we did for the whole race in 2011. Thank you to Steven Bothe for securing the Panasonic corporate challenge.

Volunteers please see Angie and Eric Hinkle. We will need 200 or more volunteers to make it happen.

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And Now a Word from our President...

I hope all is going well with everyone and that you're enjoying this cooler weather. My message to ya'll is very simple this time. We need as many members that are available to volunteer for the Classic! If you can the day of or even the days prior to the Classic would be great.

I am also asking for anyone who is interested in being the president or the vice president to please step forward and get with me or Steven Bothe. We will be more than happy to help anyone get settled into the new positions.

I thank everyone in advance for all their help!

Shane

Club Meeting Minutes

Continued from page 2

Classic coordinators will be meeting in the next couple weeks.

Rotary Grand Prix has increased for 2012-13 from 16 to 17 races.

Dragon Boat Races will be a great time!

Merchandising cards are available with the online ordering information for club logo merchandise. Profits will return to the club. Merchandise choices will change as orders are made. (<http://bit.ly/PTCRunningClub>)

Announcements from the floor:

Bob Dalton gave a membership update. We are currently above 200 in membership not including family members. He gave a shout out to Pam Burrus for taking the initiative of securing a membership discount for her Newnan chapter of Moms Run this Town.

Von Woods presented a question, "Are we using chalk and not spray paint for race markings on the golf cart paths?"

Shane Carpenter responded that despite using spray chalk, it is not washing away like we would like. We will be working with the tri club in the next few weeks to cover these marks.

We currently have two teams going to the Ekiden Relay on Sunday.

The Christmas Party will be on Friday, December 7, 2012 at the Glendalough Manor.

Our next meeting will be ALL Classic ALL the time. We will be meeting October 1, 2012 at the Dolce.

Meeting adjourned.

The Kikers Kick It into High Gear

By Bob Dalton

A familiar duo at local races and PTCRC events are new members Steve and Angie Kiker. They are each others’ best cheerleaders when it comes to running and fitness. Steve (45) is originally from Atlanta and Angie (44) is from Union City but both have called Newnan home now for the past 18 years. They live there with their son Stephen, three dogs and two cats.

Steve is an auto body technician, “If you wreck your car, I fix it.” Angie is a business analyst for the Georgia Department of Human Services. “I support the second largest computer system in Georgia State Government, which means if it’s not working, I am on TV in my Sunday best with my director.”

Steve just recently got into running. “Besides helping me to lose 50 pounds in the last couple of years, the enjoyment now comes from the satisfaction of doing something that even as a kid in school I was never capable of doing. I was never an athlete and will never be a spectacular runner, but I can cross that finish line, and that feeling of accomplishment and self worth it gives you are just hard to describe to people who don’t do it. Even after I made my mind up two years ago to lose that weight, the exercise was still something I hated for about four months until that first race. Crossing that first finish line changed my life, made me feel for the first time I could do anything I wanted to.”



Steve and Angie after finishing the Savannah Rock-n-Roll Marathon last year.

Angie points out that “I started running to support my husband who was trying to lose weight. I had been trying for years to get him into an active lifestyle with no success. Once we started walking and running, it became a release for me. It is a way for me to let my mind go and simply focus on the sound of my breathing and my feet. I don’t have to think about anything if I don’t want to. It is also something my husband and I do together to support each other.”

When asked about his most memorable race, Steve says there are “lots of good ones, but number one has to be my first ever race, the Atlanta’s Finest 5k, 2010. My first exposure to the race environment, the crowd, food, awards, everything. Most important was crossing my first finish line, changed my life forever.”

Angie says “Since we started running two years ago, there have been lots of races and PR’s. I think my most memorable was running the Critz Half Marathon on Tybee Island last year. It poured rain for the first 6 miles. My feet were soaking wet the entire time. By the end of race my shoes felt like they weighed 20lbs each. But waiting at the finish was my husband, Steve. He was yelling for me to hurry, that I was almost there.”

Steve’s favorite distance is the half marathon and his favorite race is the Museum of Aviation Half Marathon at Warner Robins. “I love airplanes, so being at the museum and being able to run on the air force base is a real treat.”

Angie echoes Steve’s sentiments adding “The half marathon distance is not too short and it’s not too far. It’s just right. Warner Robins was the first half marathon I ever ran. The second year I ran it, I PR’d the course. If the weather is good, you get your own personal air show which helps to turn your left brain off”

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August Contest

Poker Run

Volunteers: Dick Allis

Women Over 51

Name	Cards Drawn	Place
Pat Cote-Miles	Pair Kings, 10 high	5
Trish Vlastnik	Flush 8 high	1
Nicola McKenzie	2 pair 10s and 7s	3
Teri Besch	ACE High	
Jane Hamilton	Pair Kings, ACE High	4
Mary Ann Crofton	ACE High Straight	2

Women Under 51

Name	Cards Drawn	Place
Teresa Moore	Pair 7s King High	4
Angie Kiker	Pair 2s 8 high	
Jamie Feldman	Pair 6s King High	5
Kim Ruple	Flush, King High	1
Lenae Liberg	Pair 7s , ACE high	3
Diana Phillips	Pair Kings	2
Angel Liberg	ACE High	

Men Over 51

Name	Cards Drawn	Place
Bob Dalton	Pair ACEs Queen High	4
Jules Desgain	Queen High	
Mike Lankford	Jack High	
Bill Fuller	Pair 2s	
Tim Covert	10 High	
Logan Feldman	2 Pair Queens and 7s	1
Bob Sawyer	2 Pair, Jacks and 2s, 3	2
Tom Crofton	Pair 10s	5

Cal Daley	2 Pair, 8s and 5s	3
Tim Covert	24:30	26:40
Mike Lankford	28:00	25:35
David Olson	25:00	22:31
David Gulick	24:30	21:36
Chuck Garwood	23:30	20:04
Ben Gross	20:00	16:27

Men Under 51

Name	Cards Drawn	Place
Russell Brown	King High	
Tracey Moore	Pair Jacks, Queen	4
Mark Hamilton	Ace High	
Shane Carpenter	WILD CARD WINNER	1
Steve Kiker	Pair 5s, Jack High	5
Scott Neola	King Queen	
Kith Burkingstock	Ace King	
Steven Bothe	Queen Ten	
Vern Schmitz	Nine	
Chris Chiong	Pair Kings, ACE high	3
Adam Shoemaker	Flush - Ace High	2
Chris Phillips	Jack High	

Year Total as of May

For more details visit www.ptcrc.com

Women Over 51

Cathy Olson: 345
Martha Boone: 305
Vicki Siliski: 295
Ann Shoemaker: 265
Teri Besch: 235
Ann Henderson: 180
Margie Dam: 175
Jan Bankieris: 170
Kim Garwood: 100
Mary Ann Crofton: 85
Jan Fratto: 80
Trish Vlastnik: 60
Jill Lego: 50
Jane Hamilton: 35

Pat Cote-Miles: 20
Betty Rose: 20
Rene Flaherty: 10
Amy Stitt: 10
Carolyn Gulick: 10
Bernie Wassell: 10
Susan Mills: 10

Women Under 51

Teresa Moore: 365
Anatasia Walker: 285
Dianna Phillips: 190
Jill Zuehlke: 14
Lauren Toening: 110
Lynn Murphy: 100
Beth Wiggins: 80

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RACE RESULTS

Mackinaw Island 8 Mile Run

Tom Jenkins 1:53:21

Macon Labor Day 5K & 10K Road Race

Paula May (5K)	21:34.06
Steven Bothe	39:01.05
Shawn McKinnon	40:15.16
Mark Greiner	42:25.37
Bryan Caldwell	43:15.76
Hal Wolfe	45:36.48
Bill Everage	46:26.08
Bill Fuller	46:28.03
Mark Hamilton	46:29.92
Kelcie Daniels	46:37.07
Angie Hinkle	46:49.14
Chris Chiong	46:54.85
Gina Bolen	48:12.00
Vernon Schmitz	48:43.20
Carolyn Bowen	48:44.54
Jenny Kelly	52:22.19
Katherine Scoleri	52:33.06
Alan Barnes	53:29.91
Eric Hinkle	54:01.71
Susan Bothe	1:17:50.68

Charleston 9/11Heroes 5K

Bill Fuller 21:18

Macon Labor Day 10K Road Race

With a temperature close to 80 degrees and high humidity twenty three members of the Peachtree City Running Club did the city proud. It wasn't the best day for a P.R. but never the less it was the same conditions for all. In the age group awards we took:

5 FIRST PLACE

3 SECOND PLACE

4 THIRD PLACE

Our teams took 1st place with "Hell of a Good Time" and 3rd place for "Flat and Fast". New club runner, Kelcie Daniels, age 22 won her age group. It had been several years since Kelcie had run a 10K race. She was really excited to see what she was capable of. Running with a team and our club gave her a lot of pleasure. Beth Preston, her husband Dave, and new baby Dave traveled down from north Atlanta. This was Beth's third year running Macon for our club.

Pastor Dave Ketelsen came from Chattanooga to join team "Flat and Fast". He won his age group and the Grand Masters in a time of 40:32. Angie Hinkle and her husband Eric joined us. Angie also took first place. Fantastic job Angie! Katherine Scoleri ran a P.R. in 52:33 and contributed to the third place finish for team "Flat and Fast". It is great to see new club members and potential club members get so much fun out of this event. Katherine's Iron Man husband Dave did a great job with the boys supporting Mom and team members at the finish line.

It was another 1st place for the lovely Carolyn Bowen in a time of 48:44. Fantastic job Carolyn! We had a small problem with Gina Bolens time not showing up in the system so the team initially lost their 3rd place finish. It all got worked out and Gina took 2nd in her age group with a time of 48:12. Paula May ran the 5K and won the Grand Masters division in a time of 21:35. Outstanding job Paula! We had a lot of fun at the Macon Labor Day Race which is now an established annual event for the Peachtree City Running Club. I'm looking forward to next year already.

Bill Fuller



PEACHTREE CITY CLASSIC

OCTOBER 20, 2012



Presented by:  at&t | U-verse

Peachtree City, Georgia
5k Men & Women / 15k Open

Hosted by the Peachtree City Running Club
and the City of Peachtree City

Register online at www.ptcrc.com or www.active.com

REGISTRATION OPEN

Daprano Breaks Own World Record!!

by Bob Dalton

Club member Jeanne Daprano continues to astonish even herself with her remarkable performances at various track meets around the world this year. Starting in March she received USATF Athlete of the Week honors for her performance at the USA Masters Indoor Track and Field Championships in Bloomington, Indiana. She bettered three world marks and one American mark in the meet. She ran 1:21.28 in the 400 meter and then demolished the mile mark by running 7:13.51, finishing with a world 800 meter mark of 3:18.48 and an American 200 mark of 36.53.

At the World Masters Indoor Championships in Finland, she ran the 800 meters in a new world record time of 3:16.21 for age group 75-79. From there, she went to the Carolina Classic Championships at Furman University in Greenville, SC in June where she set an Age Group American and World Record in the mile with a time of 7:13:32. One month later in Pasadena, CA at the USATF West Region Track and Field Championships, she smashed her own mile world record with a time of 6:58.44.

In early August, Jeanne competed in the National Outdoor Masters Championships in Lisle, Illinois. She



raced the 400 meters where she broke her own World record of 82:59 by two tenths of a second. She then raced the 1500 meters where she smashed the American record of 7:47 by over a minute with a time of 6:38.44. Jeanne has so many American and World records, she has lost track of them all. But she is quick to point out, "The only record I want is to be in the Book of Life for eternity." The club says, "You Go Jeanne!!"

WELCOME
NEW
MEMBERS!

We welcome the newest members to the Peachtree City Running Club!

Deanna McArthur (PTC), Emily Manning (Newan), Krista Morin (Newnan), Christine Krauth (Tyrone), Sharon Vaccani (Sharpsburg), Lindsey Hausmann (Newnan), Jodi Fritz (PTC), Tora Pitts (Sharpsburg), Stephanie Swanson (PTC), Karen Thurber (Fayetteville), Amy Watkiss (Fayetteville)

(New Members since August)

1000 MILE CLUB

As of June, 2012

Name	April	Jacket?	Jacket	Volunteer Activities	Meetings
Allis, Richard	610	Yes	15,000	5	3
Anderson, Bill	98	Yes	15,000		1
Angelici, Arnold		Yes	1,000		
Aviles, Pam	543	Yes	1,000	3	3
Barber, Karin	494	Yes	1,000	3	5
Bellucci, Tiffany	504	Yes	1,000	3	3
Besch, Teri	951	No	No	9	6
Boone, Lou	200	Yes	10,000	2	2
Boone, Martha	85	No	No	2	2
Bothe, Steven	1680	No	No	2	7
Bothe, Susan	496	Yes	1,000	5	8
Brown, Russell	744	Yes	1,000	3	3
Burkinstock, Kith	941	No	No	9	6
Burrus, Pam	769.75	Yes	1,000	2	3
Butler, Mitch	1195	No	No	4	6
Caldwell, Bryan	1917	Yes	1,000	1	5
Caldwell, Karen	835	Yes	1,000	1	5
Chiong, Chris	1054	Yes	5,000	2	5
Cole, Steve	619	Yes	1,000	3	3
Cote-Miles, Pat	854	Yes	5,000		4
Covert, Tim	707.6	Yes	5,000	2	7
Daley, Cal	800	No	No	2	4
Dalton, Bob	1939	No	No	3	8
Dam, Margie	175	Yes	15,000		1
Davison, Todd	560	Yes	10,000	3	1
Desgain, Jules	735	No	No	11	5
Everage, Bill	567	No	No	1	2
Farrier, Brian	800	Yes	1,000	3	4
Fratto, Fred	905	Yes	1,000	2	6
Fratto, Jan	1152	Yes	1,000	2	6
Frick, Sean	694	Yes	1,000	3	3
Fuentes, Marino	672	No	No	1	3
Fuller, Bill	875	Yes	20,000	2	3
Godwin, Carole	232	Yes	1,000	1	2
Gulick, David	645	Yes	10,000	1	1
Hamill, Melanie	600			1	1
Hamill, Nancy	520	Yes	No	2	3
Hamill, Todd	642	No	No	2	3
Hamilton, Jane	334	No	No		1
Hamilton, Mark		No	No		

Name	April	Jacket?	Jacket	Volunteer Activities	Meetings
Hancock, Bonnie	650	No	No	4	4
Hancock, Hannah	750	No	No	3	3
Hancock, Jake	750	No	No	6	3
Hancock, Steve	747	No	No	2	6
Hineline, Maria	720	Yes	No		1
Hinkle, Angie	1261	Yes	1,000	10	6
Hinkle, Eric	636	Yes	1,000	5	6
Jenkins, Tom	64	Yes	1,000		2
Kearnes, Patrick	380	Yes	10,000		1
Kennedy, David	684	Yes	1,000	6	3
Kennedy, Ryan	1064	Yes	1,000	5	4
Lankford, Mike	688	No	No	11	4
Lego, Doug	633	No	No	1	2
Lego, Jill	593	No	No	1	3
Matthews, Lisa	441	No	No		2
McCarthy, Laurie	150	Yes	1,000		1
McCurdy, Deanna	874.6	Yes	1,000	2	2
Mills, Susan	880	Yes	20,000	3	4
Moore, Teresa	900	No	No	4	6
Moore, Tracey	850	No	No	4	2
Mrosek, John	593	Yes	10,000	2	3
Murphy, Ian	720	Yes	1,000	1	2
Neola, Scott	730	Yes	1,000	9	3
Norton, Rob	800	yes	1,000	1	2
Olson, Cathy	525	No	No	4	5
Osse, Brandi	974	Yes	5,000	3	3
Phillips, Chris	641	Yes	1,000	3	2
Phllips, Ryan	621	Yes	1,000	1	1
Phillips, Diana	680	Yes	1,000	3	3
Piet, Dave	990	No	No	2	3
Reynolds, Valerie	200	No	No		1
Robison, Caryle	775	No	No	Exempt	Exempt
Robison, Roy	968	No	No	17	5
Rose, Betty	1482	Yes	1,000		3
Round, Tom	792	No	No	5	4
Rowe, Martin	803	Yes	1,000	2	3
Rupil, Kim	780	No	No	3	5
Sambrone, Constance	1036	No	No	6	9
Sheffield, Shane	514	No	No	6	6
Shoemaker, Adam	90	Yes	1,000	3	3

HISTORY OF THE 1,000 MILE CLUB

The idea for the 1,000 Mile Club was conceived in 1989 by then Peachtree City Running Club President Nora Weed. The first jackets were presented by Santa Claus at the 1989 Christmas Party at the Christ Our Shepherd Lutheran Church. Since then, the club has presented more than 170 jackets to members who have met the minimum qualifications. The 1,000 Mile Club also includes 5,000, 10,000, 15,000, and 20,000 Mile Awards.

The 1,000 Mile Club is one of the Peachtree City Running Club's most popular programs and helps promote fitness, volunteer activity, and club participation.

If you have any questions about the program, please contact the 1,000 Mile Club Coordinator, Teri Besch, at besch105@comcast.net.



NEW MEMBER PROFILE

Running From the Heart – Lauren Toering

By Bob Dalton

Lauren is a Peachtree City native born and raised among the cart paths of that great city. Now 32, she and her husband, Andy who is a financial advisor with Wells Fargo, have resided with their daughter Lily (5), son Miles (4), and their cat Scooter in Tyrone for the past eight years. She is a Special Needs Pre-K Teacher at Oak Grove Elementary. "I teach 3, 4, and 5 year olds with disabilities. I have taught for 10 years (all in Fayette County)." Lauren graduated from University of West Georgia with a Bachelor's Degree in Special Education. She also has a Master's Degree in Special Education – Visual Impairments from the University of Alabama at Birmingham and a Specialist's Degree in Special Education Leadership also from the University of West Georgia.

Lauren has not only the academic credentials, but is also specially qualified because her own daughter Lily has faced some serious medical problems in her own short five years. She explains "My daughter, Lily, was born with a congenital heart defect that affected the electrical aspects of her heart. At four months of age on March 17, 2007, Lily suffered from cardiac arrest at our house. Thankfully, the EMT's and firefighters from the Tyrone Fire Station responded quickly and were able to revive her after being deprived of oxygen for at least 10 minutes. Lily spent the next month at Children's Healthcare of Atlanta at Egleston. During that time, Lily underwent numerous procedures to try to stabilize her heart, but arrhythmias. (Lily is our first child, so this was a nightmare newbie parents!) I can remember seeing Lily lying in the bed with the code cart pulled up next to her bed ready for the next episode. Finally, it was decided that the only hope for Lily was to list her for a heart transplant. On April 17, 2007 (exactly one month after this saga started), after being "listed" for only 11 days, Lily received a heart transplant!"

"I believe that all children are a gift from God, but Lily truly is an example of one of God's many miracles and is a gift to our family! To this day, Lily is a fighter – incredibly strong willed! At times, her stubborn tendencies get the best of me, but then, I am reminded about the fight she fought during her first year of life. I know Lily is here with us today because God has a special plan for her life. The challenges that Lily faced have given me the strength to step outside of my comfort zone . . . to become a runner and triathlete. I have come to love the challenges I face when training and pushing myself to go farther and try harder! (And

let's be honest, I do enjoy a chance to be alone and to just be ME! I think we all need that!)"

And Lauren has certainly used that strength to achieve some pretty amazing accomplishments in her own running career. Having started running only four years ago, she already has four marathons and four half marathons under her belt in addition to numerous shorter races. Her first marathon was also her most memorable. "My brother and I ran the Marine Corps Marathon in D.C. in October 2010. I highly recommend this race to everyone . . . especially first timers. The course is

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Mom's Run This Town

Continued from page 12

It took seeing a friend's facebook posts about training for her first 5k before realizing how much I missed it and was ready to start back. I knew I had the PTCRC - but again, felt like I was starting from ground zero and was afraid to join the experienced runners. I did know that Heather was about my pace and knew she had just had her 2nd child. If she could be out there - then so could I. I was excited to have another "mom friend" to use as encouragement and motivation.

We ran the Jingle Bell Trail Run together in December 2011 with two other friends (who were also new moms) and then it hit me - There should be a running club for MOMS. We were all coming from the same place of sleepless nights, newer to running, pushing strollers - it just seemed like the perfect match. Plus we all know how women like to travel in packs....

Once the name "Moms RUN This Town" came to me for our new little group of runners - the club went from our town of Newnan/PTC to a nationwide club overnight. I couldn't believe that moms from all over the country were LOVING the concept because they felt the same way I did about their local running clubs. Like they didn't fit in... It became an instant hit and new chapters were popping up all over the country!

After Heather and I continued to run and build our group - I encouraged her to join the



PTCRC with me. She joined and showed up to a few Grand Prix events with me. Having her there was like a security blanket and once I was actually THERE with other PTCRC members - I realized they weren't scary ;) Yes, they have some REALLY fast men and women in the club - but they were so helpful, kind, encouraging - and hey - I was even faster than some of them!!! Plus it instantly provided a "pool of knowledge" as I was about to start training for my first half! I had so many questions - and members like Gina Bolen were there to help guide me in the right direction!!!

I realized I NEEDED those experienced runners. And you may see how much I need them if you see how often I post in the PTCRC facebook group ;) They have been a continued source of information and motivation - and I realized that I needed the PTCRC just as much as I needed my MRTT group.

I slowly tried to become more involved while still building my MRTT club too - all the time trying to figure out how I could convince my running mamas there was room for both clubs - and both served a unique purpose.

We have been working hard with our mamas to give them the confidence that they ARE "real" runners - regardless of pace or experience and recently I think it has finally clicked with some of them that different running clubs provide different levels of support.

Our Moms RUN This Town club is fun, laid back, LOTS of chatter whether running related or not, and just a stereotypical girls club ;) The PTCRC provides

...continued on page 19





SUPPORT OUR SPONSORS



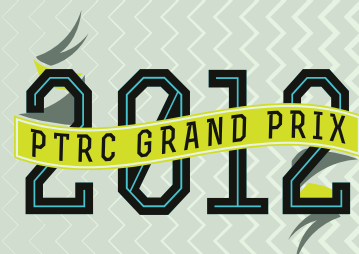
The Peachtree City Tourism Association was formed in 2005 to attract and stimulate tourism to our area. The Association is composed of five appointed, volunteer

Directors and Executive Director Nancy Price. The Peachtree City Tourism Association maintains the Peachtree City Visitors Center located adjacent to the Tennis Center and is open Monday through Friday from 8:00 am to 5:00 pm. It's role is to draw visitors to the many venues and events in Peachtree City.

The Peachtree City Tourism Association can be contacted at 678-216-0282, or you can visit their website at www.visitpeachtreecity.com.

Make sure to support the sponsors that are dedicated to sponsoring the Peachtree City Running Club. Make sure when you go by their to thank them for their involvement in our club!

- Country Fried Creative
- AT&T U-verse
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- Friends of Joe Maloy
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- The Rotery Smart Directory
- The Richard Horning Foundation
- Volkswagen of South Atlanta/Heritage Volkswagen



- Leslie Salinski: 70
- Angie Kiker: 70
- Michelle Villars: 50
- Pam Aviles: 50
- Tiffany Bellucci: 15
- Laurie McCarthy: 10
- Leah Liming: 10
- Brandi Osse: 10
- Deanna McCurdy: 10
- Anne Port: 10
- Kim Ruple: 10
- Kelly Bowman: 10
- Casey Martin: 10

Men Over 51

- Cal Daley: 360
- Jerry Shoemaker: 285
- Bob Dalton: 240
- Bill Everage: 200
- Tom Crofton: 185
- Ben Gross: 185
- Tim Covert: 165
- Hal Wolfe: 130
- Dave Piet: 125
- Ed Vise: 120
- David Olson: 115
- Mike Lankford: 110
- Bill Anderson: 100
- Chuck Garwood: 90
- Gary Kolb: 90
- Fred Fratto: 80
- Patrick Kearns: 70
- Bill Werling: 65
- Scott Allen: 55

- Jules Desgain: 55
- Joe Wassell: 50
- Bill Fuller: 35
- David Gulick: 30
- Dick Allis: 25
- Normer Adams: 20
- John Waterhouse: 20
- Lou Boone: 20
- Al Barker: 10
- George Martin: 10
- Mike Warren: 10
- Todd Davison: 10
- Marino Fuentes: 10
- Von Woods: 10

Mens Under 51

- Kith Burkingstock: 240
- Alex Medal: 195
- Adam Shoemaker: 170
- Sean Frick: 170

- Chris Phillips: 170
- Shane Carpenter: 150
- Wes Wilkins: 140
- Steven Bothe: 120
- Chris Choing: 115
- Russell Brown: 105
- David McCurdy: 100
- Tracey Moore: 90
- Jake Hancock: 70
- Steve Kiker: 60
- Mark Hamilton: 20
- Ian Murphy: 10
- Vern Schmitz: 10
- Mark Greiner: 10
- Pat Murphy: 10
- Payton Murphy: 10
- Rob Norton: 10
- Matt Norton: 10

The Kikers Kick It into High Gear

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and Roll Marathon last year. This year they are going to run the Kauai Marathon in Hawaii on Labor Day weekend as part of a vacation trip.

Steve joined the PTCRC "To meet more folks who have found the enjoyment that I have! Also to try and get better; a lot of you club members are really good!!!!" Angie adds "You always get better when you are around people who are better than you are. Even though I am not very fast, I always get encouragement from the other club members. Nobody has ever made me feel like I didn't do my best."

Given their enthusiasm for the sport, Steve and Angie are sure to continue as a regular fixture at future running events in the area. Welcome to the club!

Running from the Heart

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challenging at times, but the support from the Marines and spectators is awesome! This was an incredibly patriotic and humbling race...running in D.C. alongside so many veterans!"

In fact, her brother Ron who is 3 1/2 years younger, has done every marathon and half marathon with Lauren. Since April this year, Lauren and Ron have also done three triathlons together. And they are scheduled to run the Half Marathon Trail Race in Pine Mountain in October and the Soldiers Marathon in Ft Benning in November together.

The resemblance between the two is obvious and this writer thought the two might even be twins. Bur Lauren says, "Ron is not my twin. We are just VERY close. He is 3 1/2 years younger than me. We've done everything together - 1/2s and fulls! Honestly, I can't think of any race that I've done without him. We started this journey about 4 years ago! You're right - he's doing the next two big races with me! I don't think we know how to sign up for a race on our own!!"

Lauren recounts one of her more memorable races to be the '26.2 with Donna' at Jacksonville Beach, FL. "I thought the weather would be perfect for running a marathon at the beach. Turns out, it was freezing!!! However, the few miles we ran on the beach were beautiful!"

She has also done the New Orleans Rock and Roll Marathon in February 2011 and the Publix Half Marathon in March 2012. But her favorite distance is the 15K and her

favorite races are the Serenbe Hill Country Trail Race 15k and the Peachtree International Triathlon. "I love Serenbe! (Andy and I were married there.) It's a 15k TRAIL run! I love running on trails. The PIT was great because I raced with many close friends and had so much fun competing in my hometown!"

Lauren runs for more than just the exercise and as a way to relieve stress. She runs literally and figuratively from and for the heart. She competes for the Ironheart Racing (team raises awareness for healthy heart living and congenital heart disease), the Fellowship of Christian Athletes Endurance (FCAE), and the Georgia Ultra running Trail running Society (GUTS).

When not training for and competing in road races and triathlons, Lauren likes to spend time with her family and traveling. She joined the PTCRC because she was "excited about the opportunity to meet other people with similar interests." She and her family have certainly found a place in our hearts!

Mom's Run This Town

Continued from page 4

a little more structure while still having fun, new opportunities, benefits, and an experience level that is unmatched anywhere else.

We were SO excited to be able to team up with the PTCRC to get more of our mamas involved and we now have over 30 of our MRTT members who are also in the PTCRC!!!!

Yes, we are "serious" runners in the sense that we run with a purpose - however we are free spirits... so if you see us in costume or talking loudly on the paths about stuff you wouldn't expect to hear in public - don't think we aren't focusing on training - it's that girl power that gets us through training runs ;)

We would LOVE to have any women looking for new running partners to join us on our facebook group. It's free and fun. And be sure to look for our new member mamas coming to a PTCRC event soon!!

You can find us at newnan.momsrunthistown.com or <https://www.facebook.com/groups/newnan.mrtt>. Also feel free to check out our National facebook page at facebook.com/momsrunthistown and our website at www.momsrunthistown.com

The Peachtree City Running Club

Annual Christmas Awards Banquet



December 7 at 6:00 pm
at the elegant Glendalough Manor

Join us for a sumptuous feast followed by the annual awards to superlatives and cap it off with music and dancing. This is the social highlight of the year for the Peachtree City Running Club and not to be missed!!